

# 2003 Youth Risk Behavior



# 2002-2003 Sevier County Youth Risk Behavior Survey

*Coordinated by:*

Sevier County Hometown Health Improvement

*and*

Arkansas Department of Health  
Center for Health Statistics

October 2003

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# 2002-2003 Sevier County Youth Risk Behavior Survey

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## **2002-2003 Sevier County Youth Risk Behavior Survey**

### **What is the Youth Risk Behavior Survey?**

The Youth Risk Behavior Survey (YRBS) was designed to measure health risk behaviors, such as smoking, drinking and driving, and obesity, among the nation's youth. Developed by the United States Centers for Disease Control and Prevention (CDC) in Atlanta, Georgia, the 87-item, multiple-choice YRBS questionnaire was tested and revised several times prior to implementation to assure that results would be both accurate and useful. The survey has been used nationally, at a statewide level, and locally.

During May, 2003, usable YRBS questionnaires were completed by 606 seventh through twelfth grade students throughout Sevier County public schools. The information provided by those students is presented in this report.

### **Why did Sevier County conduct the YRBS?**

Sevier County was selected by the Arkansas Department of Health (ADH) to participate in Hometown Health Improvement (HHI), a new community health assessment project. Sevier County HHI is working to assess the specific health needs of Sevier County residents. In order to collect information on the health behaviors of the community's youth, HHI coalition members requested that the Youth Risk Behavior Survey be administered to the students in the seventh through twelfth grades at SevierCounty schools.

The YRBS will help Sevier County identify students' current health and safety habits so that improvements can be made where needed. Healthy lifestyles for Sevier County students mean longer, more productive lives for the county's young people, as well as improved learning in the classroom.

The 2002-2003 YRBS also provides Sevier County with measures for evaluating future trends in health habits of youth. Survey results can now serve as a valuable tool, particularly for legislators, policy makers, school administrators, and teachers as they make decisions about new disease-prevention and health-promotion policies, services, programs, and educational activities. Parents and students can use these results to evaluate potential changes toward better health. Specifically, YRBS' findings form a valuable base upon which Sevier County can strengthen its ability to:

- Establish disease prevention and health promotion policies;
- Plan and implement programs and services;

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- Secure funding for programs;
- Allocate limited resources toward targeted needs and priorities;
- Conduct future research and note progress or deficiencies, and
- Enact laws to prevent injuries and unnecessary deaths.

How was the YRBS conducted?

During May, 2003, seventh through twelfth grade students enrolled in Sevier County public schools completed the YRBS. All students who attended school on the day that their school administered the test to their grade were eligible to participate, but their participation was voluntary. The following Sevier County schools' students participated in the survey:

- DeQueen
- Horatio

### About This Report

This report entitled "2002-2003 Sevier County Youth Risk Behavior Survey" summarizes the overall answers Sevier County's students reported about safety, diet and exercise, alcohol, tobacco, and other health risk behaviors. Sevier County's survey of public schools provides a "snapshot" of students' behaviors. The survey contains questions related to:

- Behaviors that result in intentional and unintentional injuries;
- Tobacco use;
- Alcohol and other drug use;
- Sexual behaviors that result in HIV infection, other sexually-transmitted diseases (STD's), and unintentional pregnancies; and
- Physical activity and nutrition.

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This report summarizes Sevier County's findings on the priority health risks that result in the most significant causes of death and disability of youth in Arkansas. Written for concerned educators, policy makers, parents, and youth, this YRBS report provides a brief overview of:

- The survey's process and procedures;
- Survey questions;
- Students' answers;
- Percentage of YRBS participants giving those answers; and
- Major summary findings.

### How Results Can Be Interpreted

Sevier County's 2002-2003 Youth Risk Behavior Survey is a "snapshot in time" showing those health-risk behaviors reported by Sevier County students in May, 2003. Answers in this survey were only as accurate as students' reporting. Each student interpreted the terms in each question according to his or her own definitions. For instance, is a pocketknife a "weapon?" What area does "on school property" include? Some students chose not to answer certain questions, meaning that not all students surveyed were represented in every response. Answers were edited for consistency using the Center for Disease Control and Prevention's YRBS data editing guidelines. For example, if a student reported that he or she had driven under the influence of alcohol, but reported that he or she had never had a drink of alcohol, the answers for those questions were deleted from the survey. Additionally, some students chose not to answer certain questions.

The percentages presented in this report were rounded to the nearest whole percent. For example, 75.5% would be reported as 76%, while 75.4% would be reported as 75%. Due to this rounding, total percentages may add up to 99% or 101%.

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Sincere Appreciation To:

- The superintendents, principals, counselors, nurses, and teachers of Sevier County schools who so graciously gave of their time and energy to see this survey through to its completion;
- The Sevier County students who completed the YRBS questionnaires;
- The United States Centers for Disease Control and Prevention, Division of Adolescent and School Health's Surveillance Research Section, which developed the survey process and questionnaire;
- Gary Ragen and the ADH Division of Emergency Medical Services for scanning the survey forms;
- Kathleen Courtney and the Arkansas Department of Education for support and assistance with this project.

Interested individuals may request additional information. Researchers and professional wanting to build upon Sevier County's 2002-2003 YRBS data may request additional data from:

Sevier County Hometown Health Improvement  
Shirley Hadley  
304 N. 4th Street  
DeQueen, AR 71332

870-642-2535  
shadley@healthyarkansas.com

For more information about the Youth Risk Behavior Survey or analysis of the survey data, please contact:

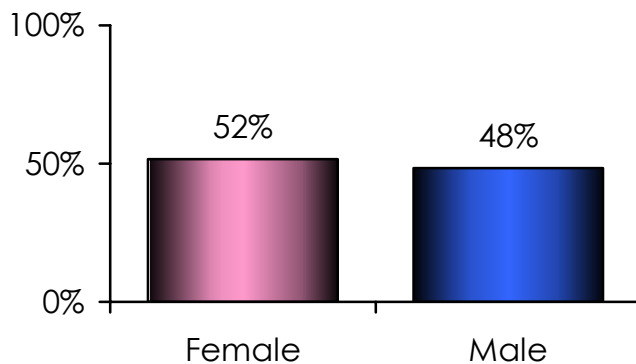
Arkansas Center for Health Statistics  
Sharon Rose Judah, Lead Programmer Analyst  
Ph. (501) 661-2971  
sjudah@healthyarkansas.com

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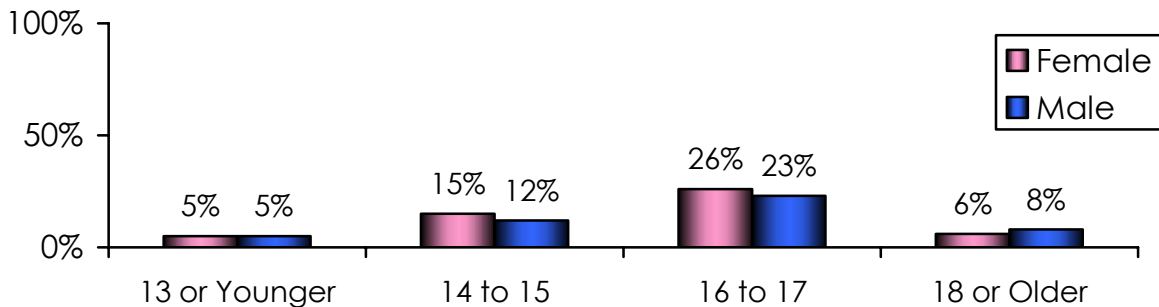
### Demographics of survey participants:

Total number of survey participants = 606

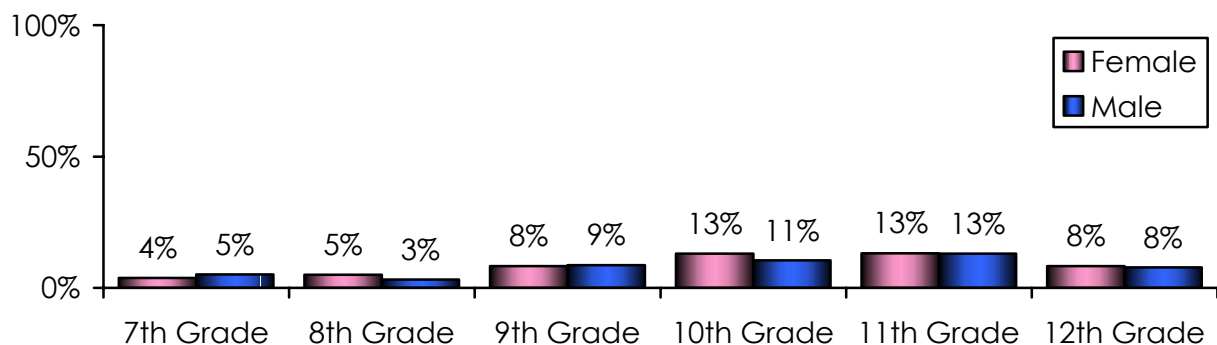
#### Gender



#### Age



#### Grade

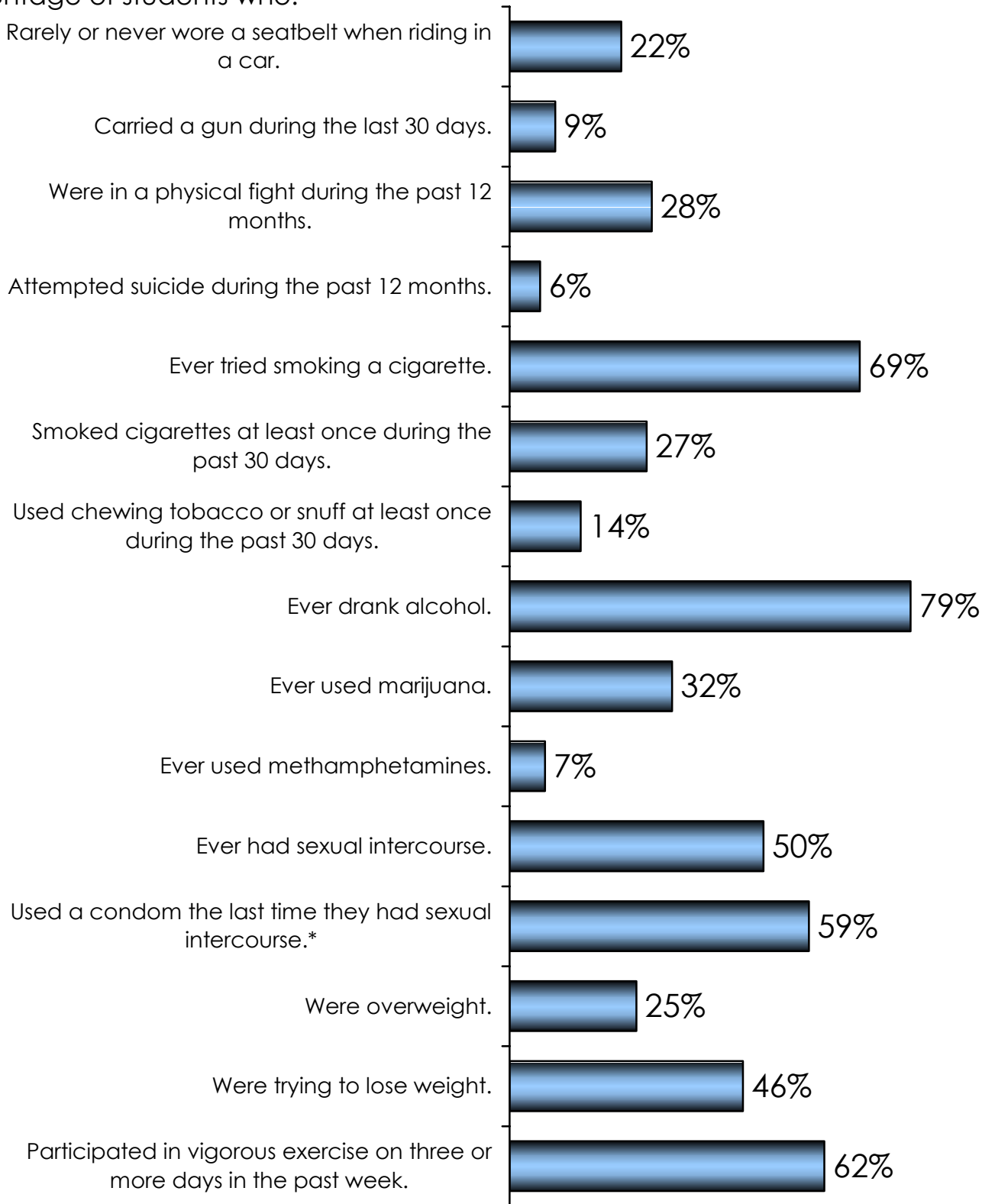




## 2002-2003 Sevier County Youth Risk Behavior Survey

### Summary of Sevier County YRBS Findings

Percentage of students who:

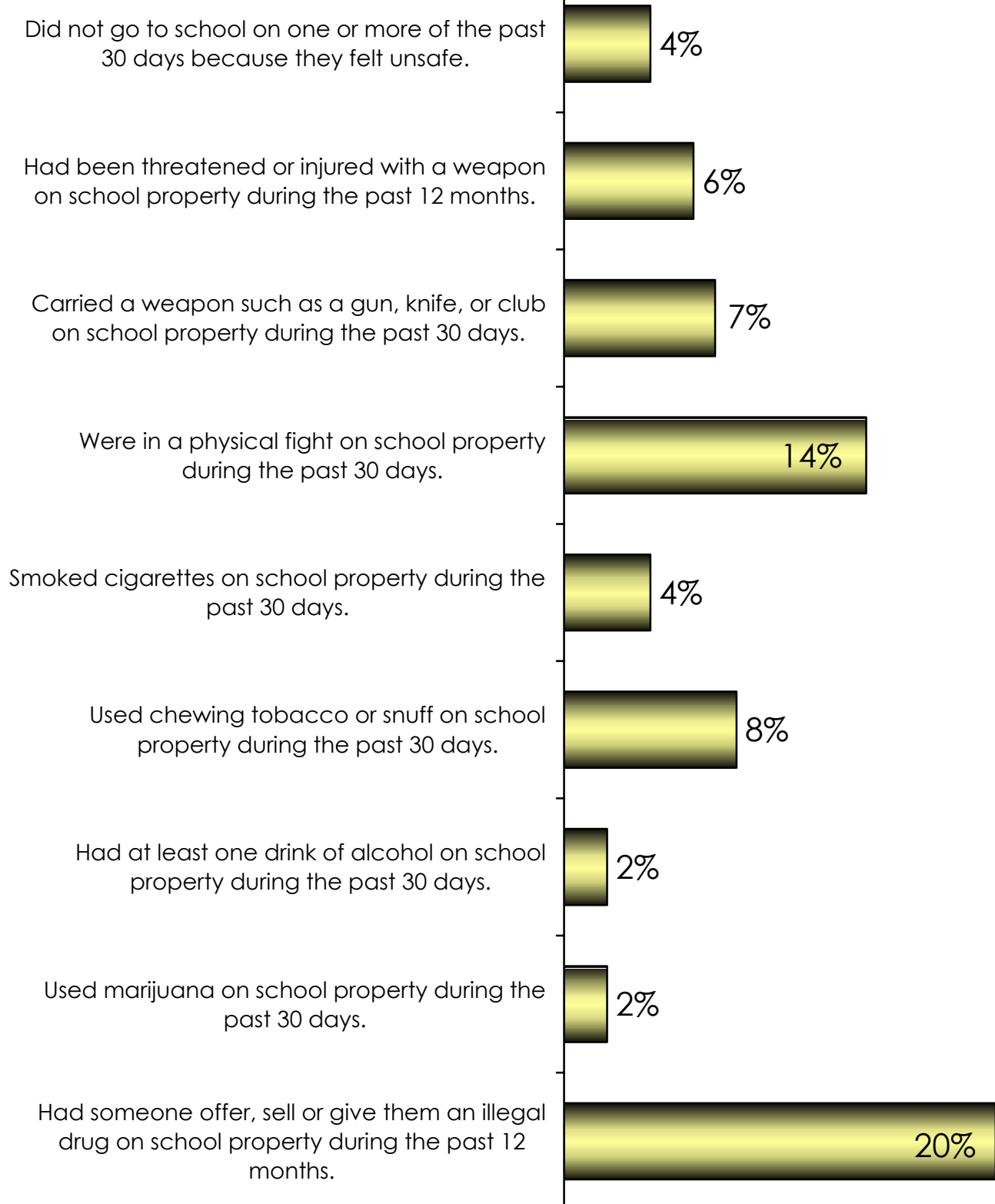


\* Of those who had ever had sexual intercourse.

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### Summary of Behaviors Relating to School Property

Percentage of students who:



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### Key findings

The following summaries highlight Sevier county students' responses on the youth risk behavior survey in key areas and provide an overview of Sevier county students' current activities which impact their health.

#### Behaviors that result in injuries

- Ninety-one percent of the students who had ridden a bicycle in the year prior to the survey indicated that they never or rarely wore a helmet.
- Thirty percent of the students surveyed said that during the previous month they had ridden in a vehicle driven by someone who had been drinking alcohol. Fifteen indicated they had driven a vehicle after drinking alcohol during the past 30 days.
- Twenty-two percent of students carried a weapon such as a gun, knife, or club in the past 30 days, and 7% carried a weapon on school property during that time.
- During the 12 months preceding the survey, 28% of the students had been in a physical fight one or more times. Of those students who had been in a physical fight, 11% had to be treated for injuries sustained while fighting.
- Nine percent of the students surveyed reported they had been hit, slapped, or physically hurt on purpose by a boyfriend or girlfriend at least once during their lives.
- Seven percent of the students indicated being forced to have sexual intercourse when they did not want to at least once during their lives.

#### Depression and suicide

- Twenty-eight percent of students indicated they had felt so sad or hopeless for two weeks or longer that they stopped doing some of their usual activities.
- During the 12 months before being surveyed, 15% of students had seriously considered attempting suicide, 11% had made a plan about how they would attempt suicide, and 6% actually attempted to commit suicide. Three percent of students surveyed reported they were treated by a doctor or nurse for an injury, overdose, or poisoning resulting from a suicide attempt.

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### Tobacco use

- Sixty-nine percent of the students surveyed said they had tried smoking a cigarette. Twenty-seven percent reported smoking cigarettes on one or more of the past 30 days. Of the students who smoked during the past month, 65% said they usually smoked two or more cigarettes on the days they smoked, and 23% said they usually got their own cigarettes by purchasing them at a store.
- Fourteen percent of the students had used chewing tobacco or snuff on one or more of the past 30 days, and 8% had used it on school property.
- Nine percent of the students surveyed indicated they had smoked cigars, cigarillos, or little cigars at least once during the previous month.

### Alcohol and other drug use

- Seventy-nine percent of the students surveyed indicated they had at least one drink of alcohol other than just a few sips at least once during their lives, and 33% had taken their first drink by the age of 13.
- Forty-two percent of the students had taken at least one drink of alcohol in the month before the survey, and 31% had five or more drinks in a row, that is, within a couple of hours, on one or more of the past 30 days.
- Thirty-two percent of the students said they had used marijuana at least once during their lives. Fifteen percent said they had smoked marijuana at least once during the last month.
- Twelve percent said they had sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high at least once during their lives. Three percent had done so during the past month.
- Seven percent of the students surveyed had tried methamphetamines, 2% tried heroin, and 6% had tried cocaine at least once during their lives. One percent had used a needle to inject an illegal drug into their bodies at least once.
- Three percent of the students surveyed had taken steroid pills or shots without a doctor's prescription.

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### Sexual activity

- Fifty percent of the students who completed the survey said they had sexual intercourse. Sixteen percent of the students reported having four or more sexual partners during their lifetimes. Of the students who had sexual intercourse, 19% had used drugs or alcohol before their last sexual encounter, and 59% used a condom the last time they had sex.
- Five percent of the students surveyed reported that they had ever been or gotten someone pregnant.

### Dietary behaviors

- Twenty-five percent of the students surveyed were overweight, as measured by body mass index. The body mass index, or BMI, is a ratio of weight to height that allows people of different heights to be compared.
- While only 25% of the students are considered overweight as measured by BMI, 30% of the students perceived themselves as slightly to very overweight, and 46% reported that they were trying to lose weight.
- Forty-one percent of the students ate less during the past 30 days to lose or keep from gaining weight, and 65% exercised, 7% vomited or took laxatives, 13% took diet pills, and 14% went without eating for 24 hours or more to lose weight or keep from gaining weight.

### Physical activity

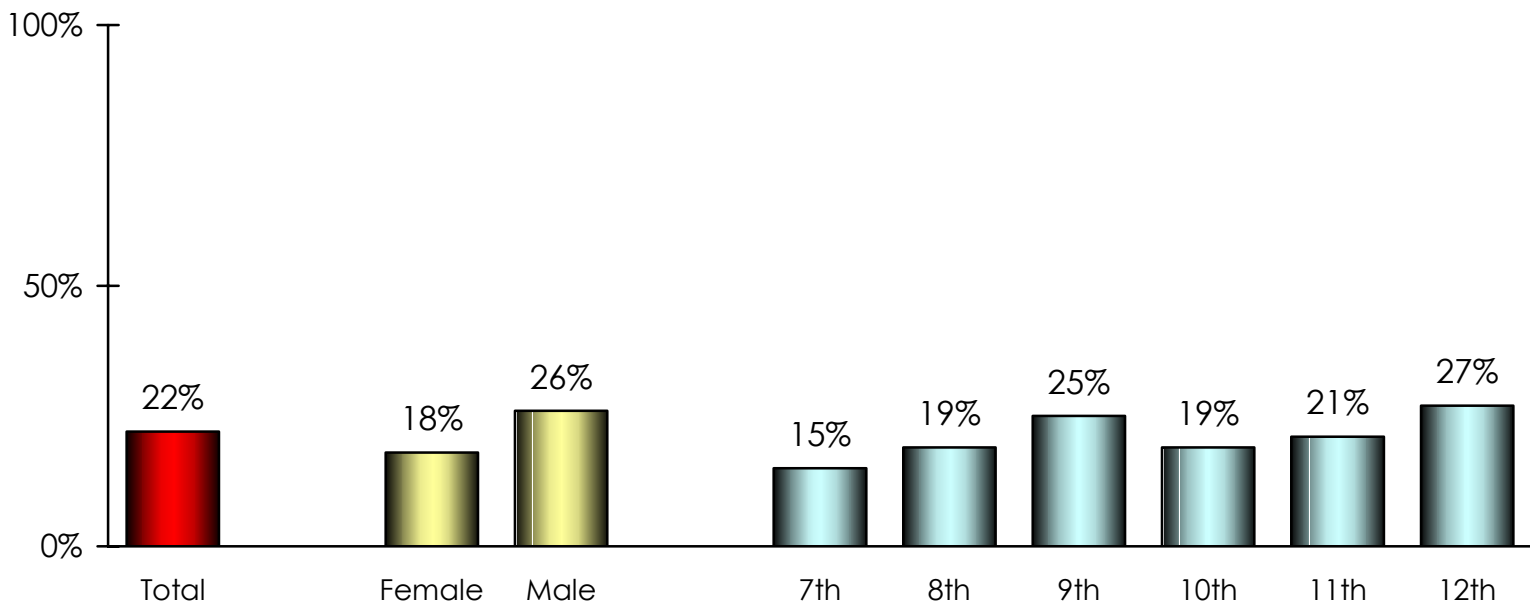
- Sixty-two percent of the students surveyed said they had participated in a physical activity for at least 30 minutes that made them sweat and breathe hard on three or more of the past 7 days. Thirty-eight percent said they participated in a physical activity for at least 30 minutes on three or more days during the past week which did not make them sweat or breathe hard.
- Forty-seven percent of the students attended a physical education (PE) class at least once during an average school week, and 59% said they had played on one or more sports teams during the past year.

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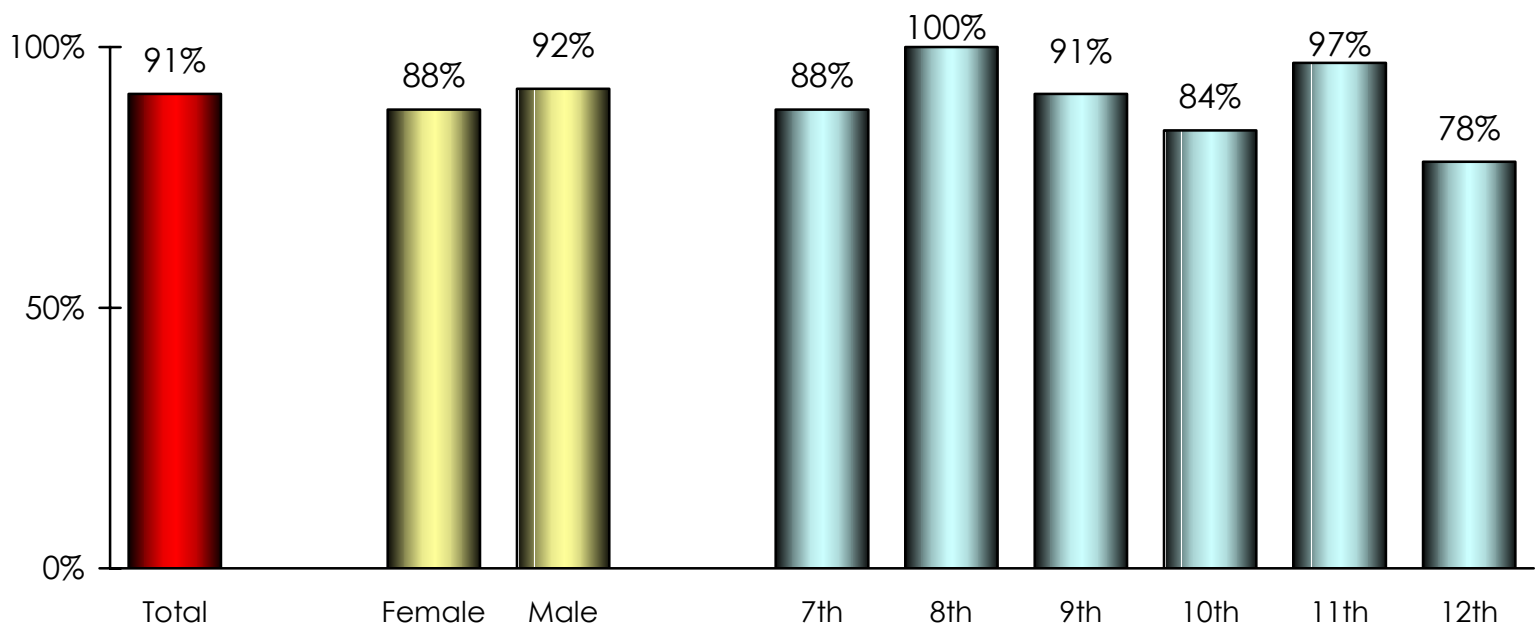
### ■ Vehicle Safety

*These questions measure the frequency with which students take safety precautions when riding in a motor vehicle, riding a motorcycle or a bicycle.*

Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else.



Of students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet.

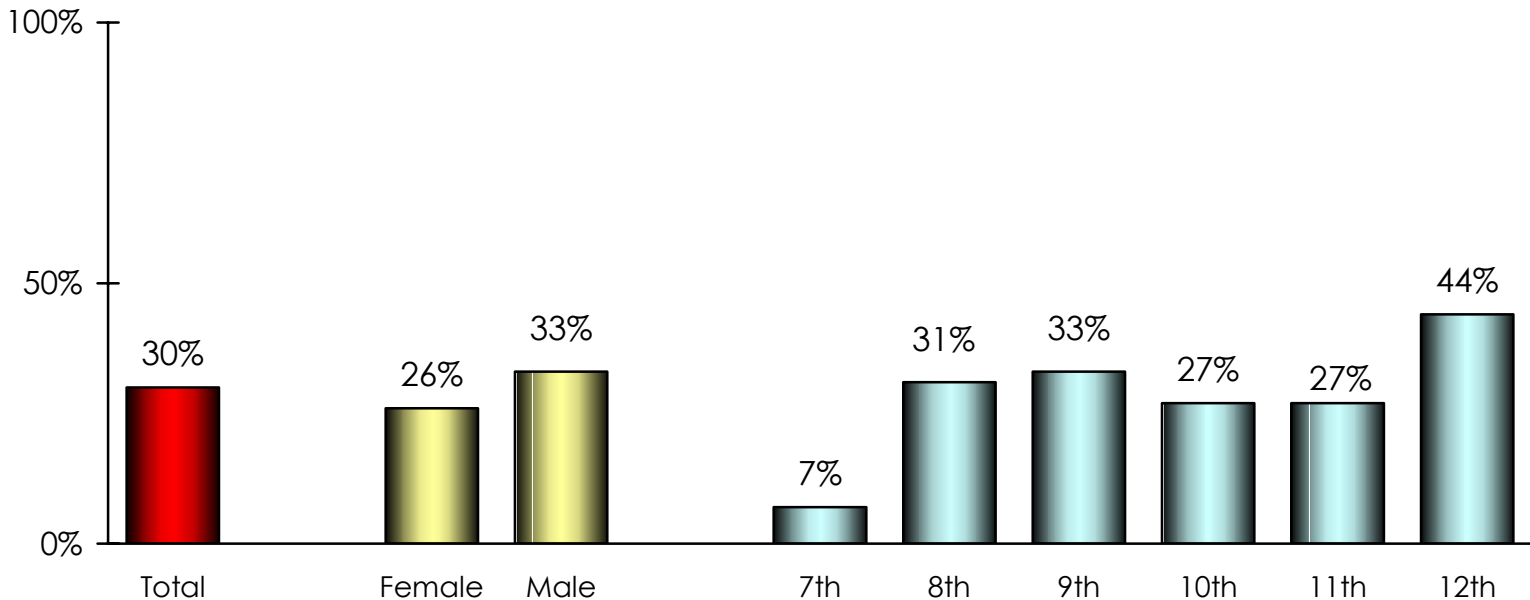


## 2002-2003 Sevier County Youth Risk Behavior Survey

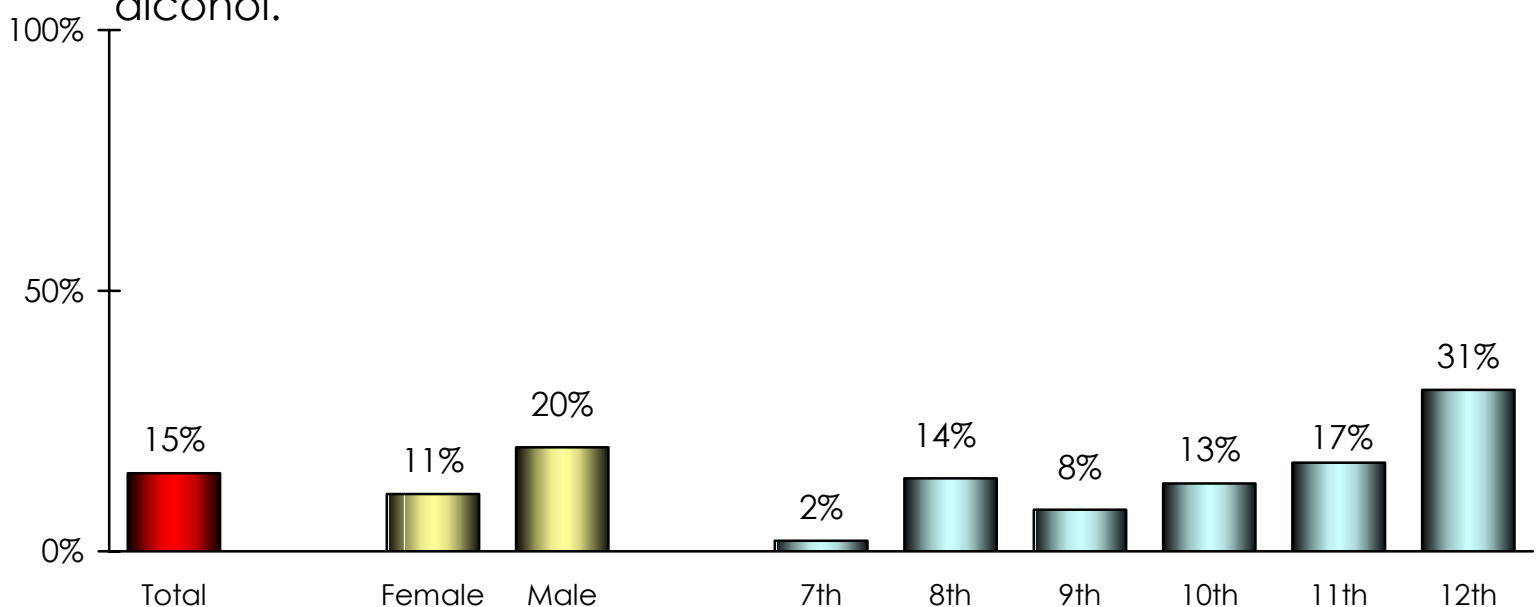
### ■ Vehicle Safety – Drinking and Driving

*These questions measure the frequency with which students ride as a passenger or driver in a motor vehicle operated under the influence of alcohol.*

Percentage of students who during the past 30 days rode one or more times in a car or other vehicle driven by someone who had been drinking alcohol.



Percentage of students who during the past 30 days drove a car or other vehicle one or more times when they had been drinking alcohol.



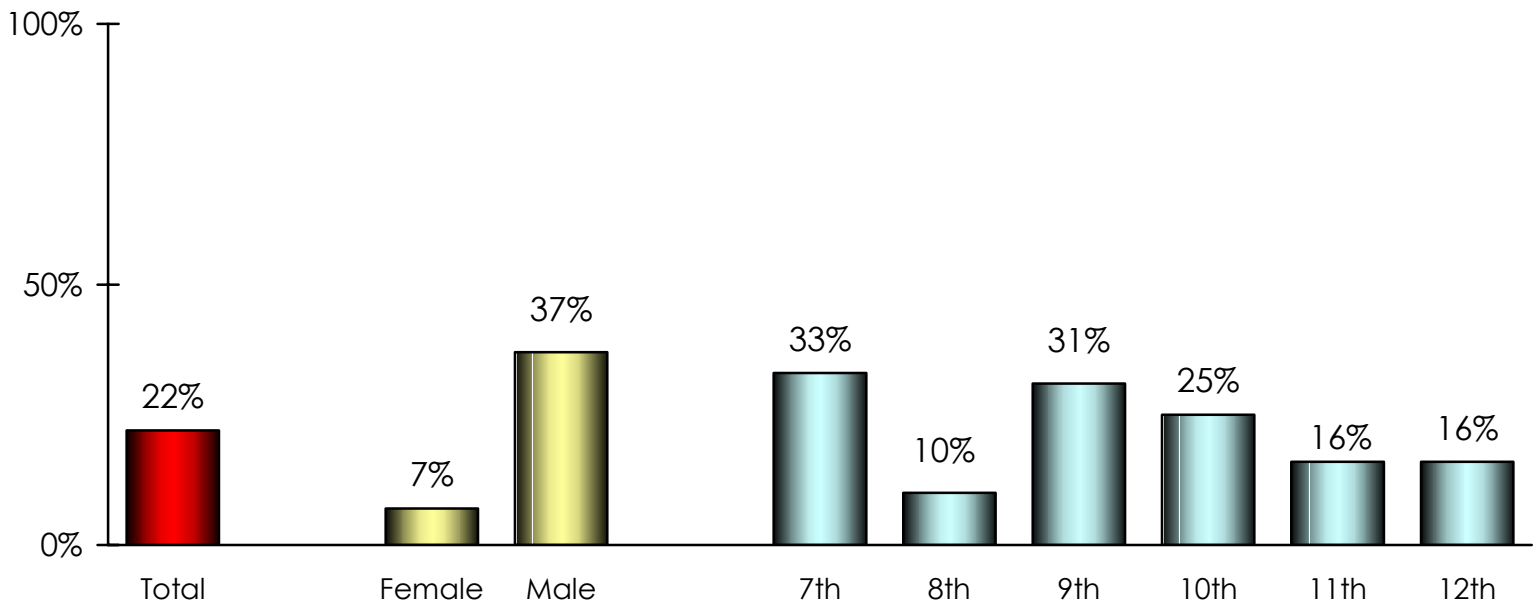
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### ■ Violence-Related Behaviors

*These questions measure violence-related behaviors.*

Percentage of students who carried a weapon\* on one or more of the past 30 days.

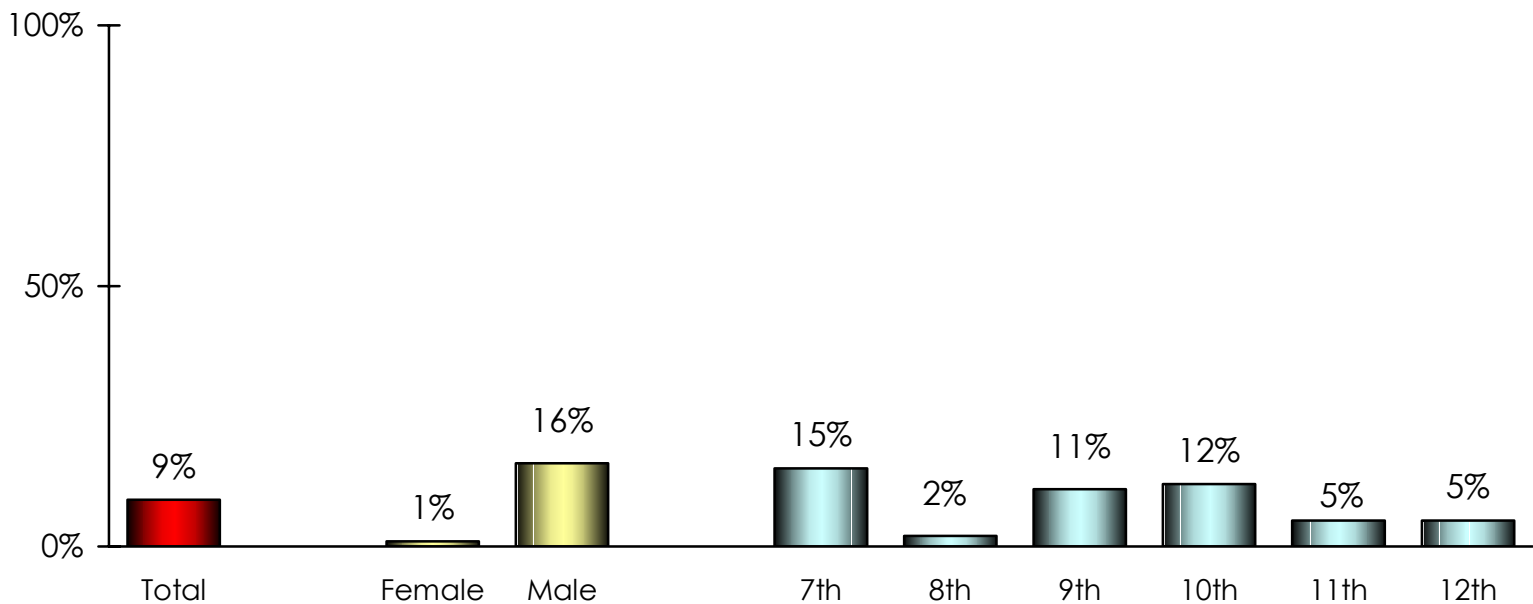
\* Such as a gun, knife, or club



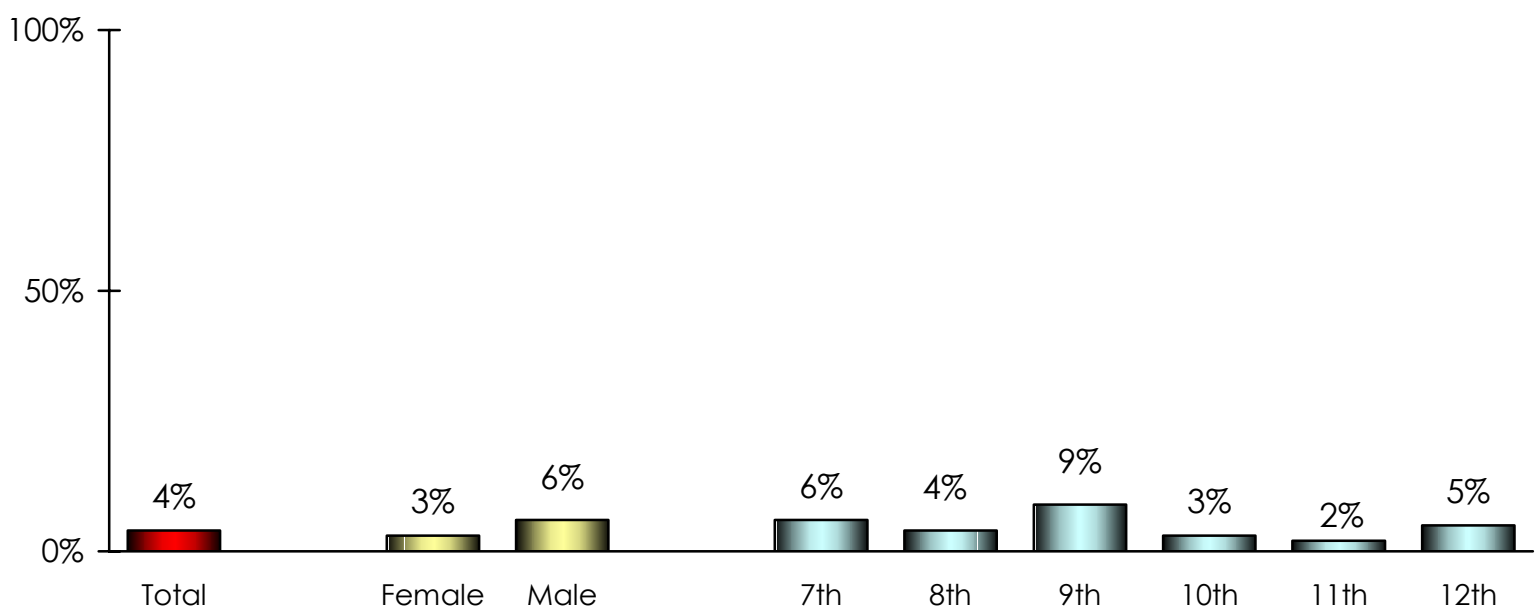


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Percentage of students who carried a gun on one or more of the past 30 days.



Percentage of students who did not go to school on one or more of the past 30 days because they felt unsafe at school or on their way to or from school.

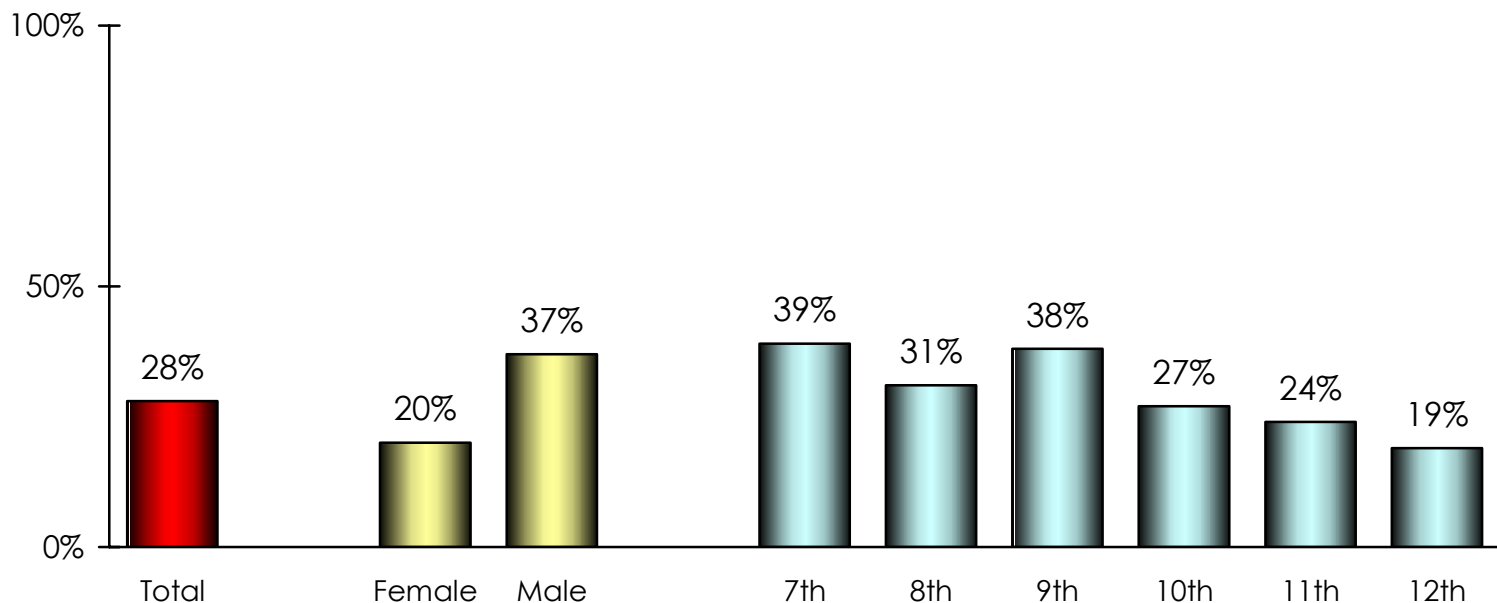


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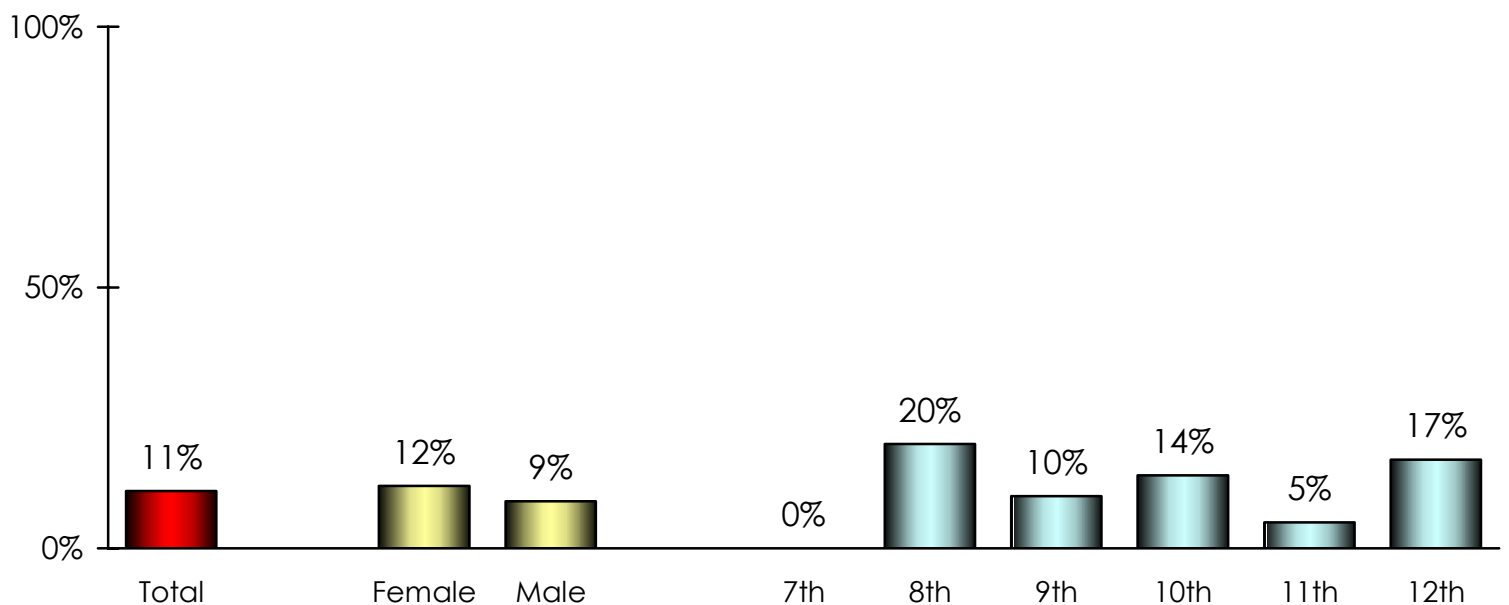
### ■ Violence – Physical Fighting

*These questions measure the frequency and severity of physical fights.*

Percentage of students who were in a physical fight one or more times during the past 12 months.



Of students who had been in a physical fight in the past 12 months, the percentage who had to be treated by a doctor or nurse one or more times.

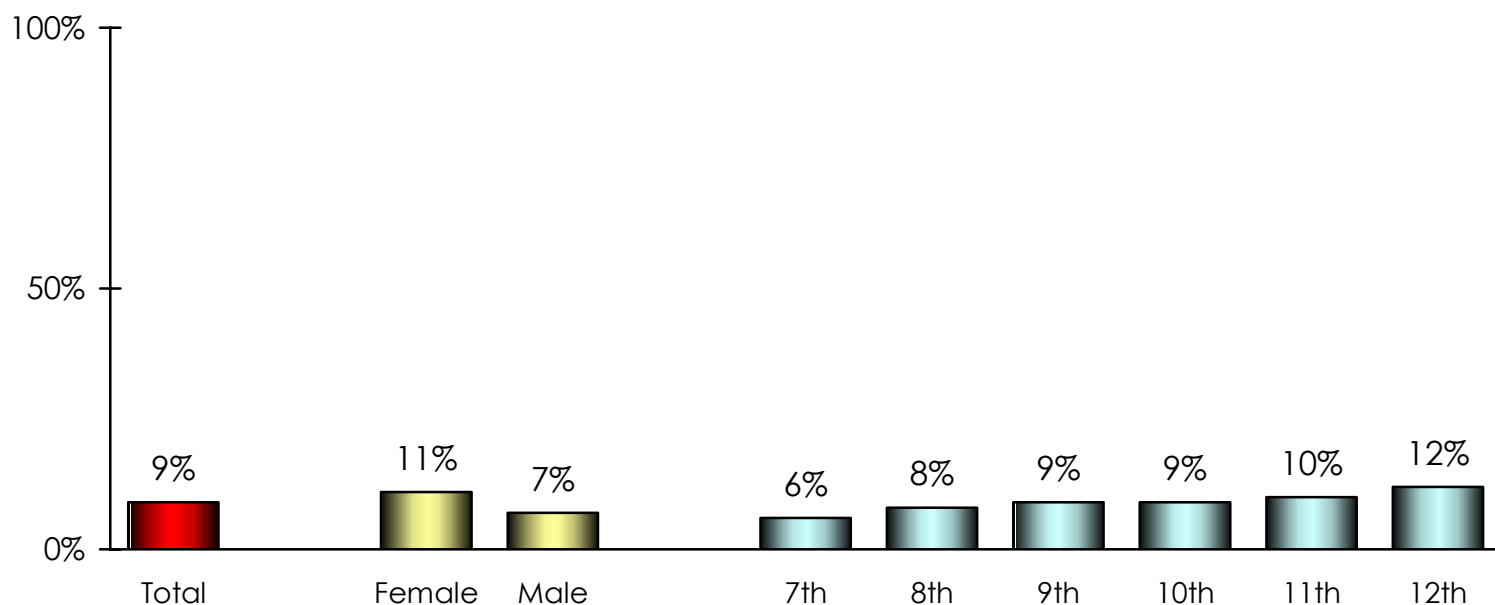


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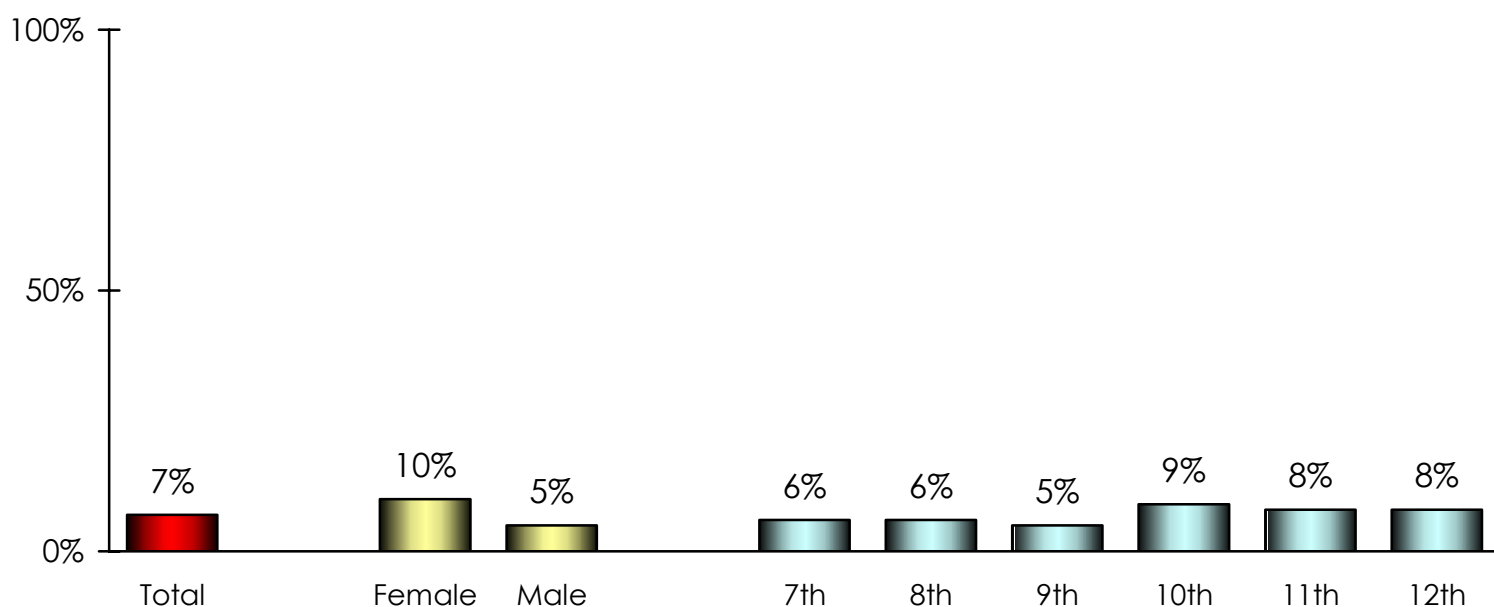
### ■ Violence – Sexual Violence

*These questions measure rape and domestic violence.*

Percentage of students who were hit, slapped, or physically hurt on purpose by a boyfriend or girlfriend.



Percentage of students who have ever been forced to have sexual intercourse when they did not want to.

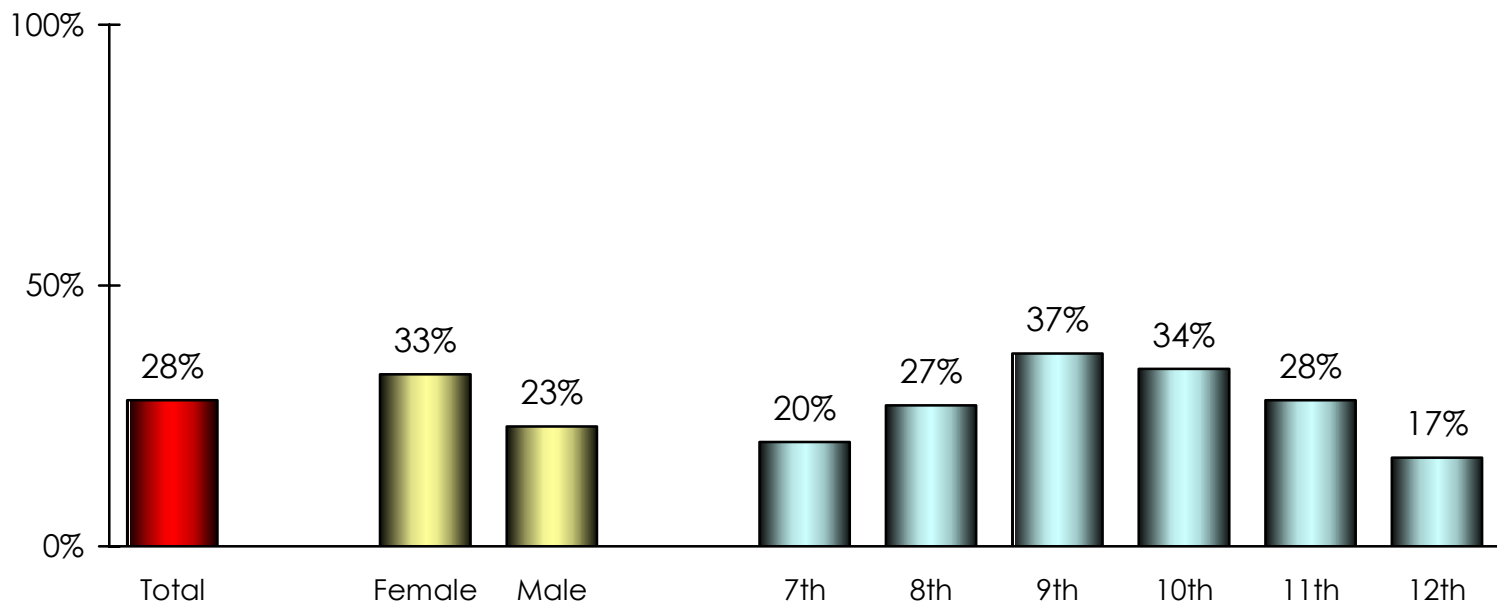


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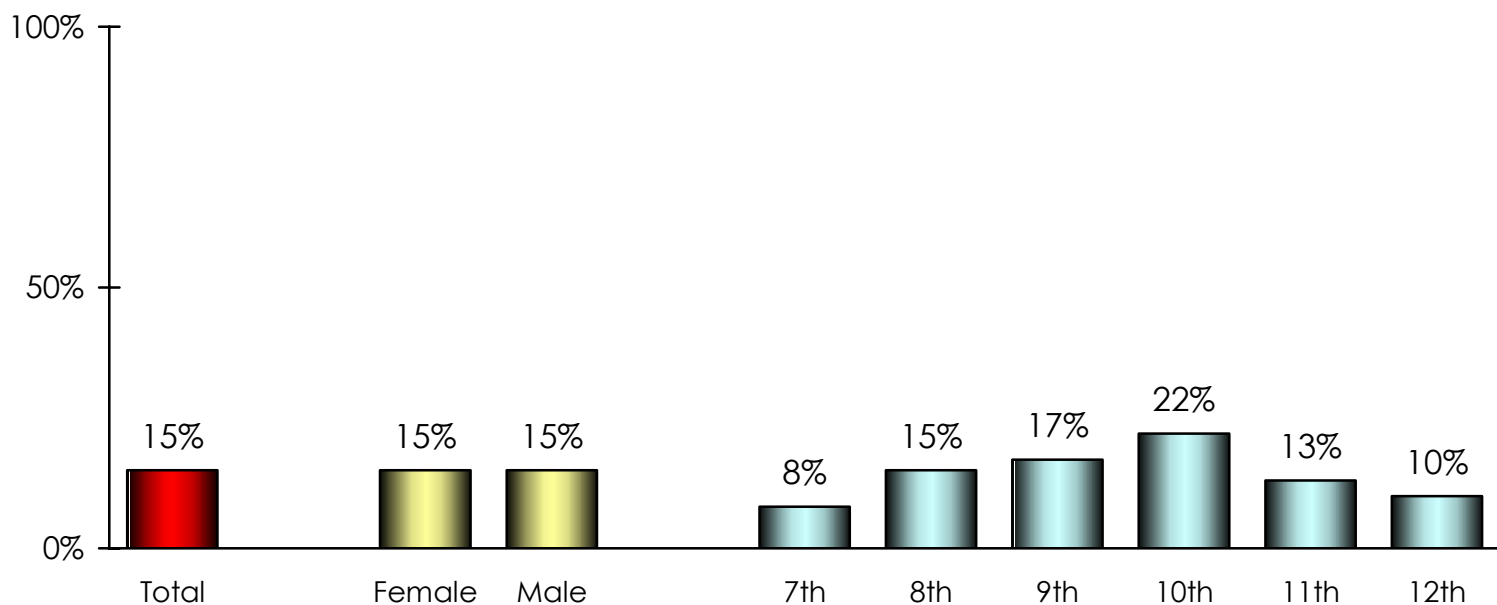
### ■ Depression and Suicide

*These questions measure depression, suicide, suicide attempts, and the seriousness of those attempts.*

Percentage of students who felt so sad or hopeless for two weeks or longer that they stopped doing some of their usual activities.

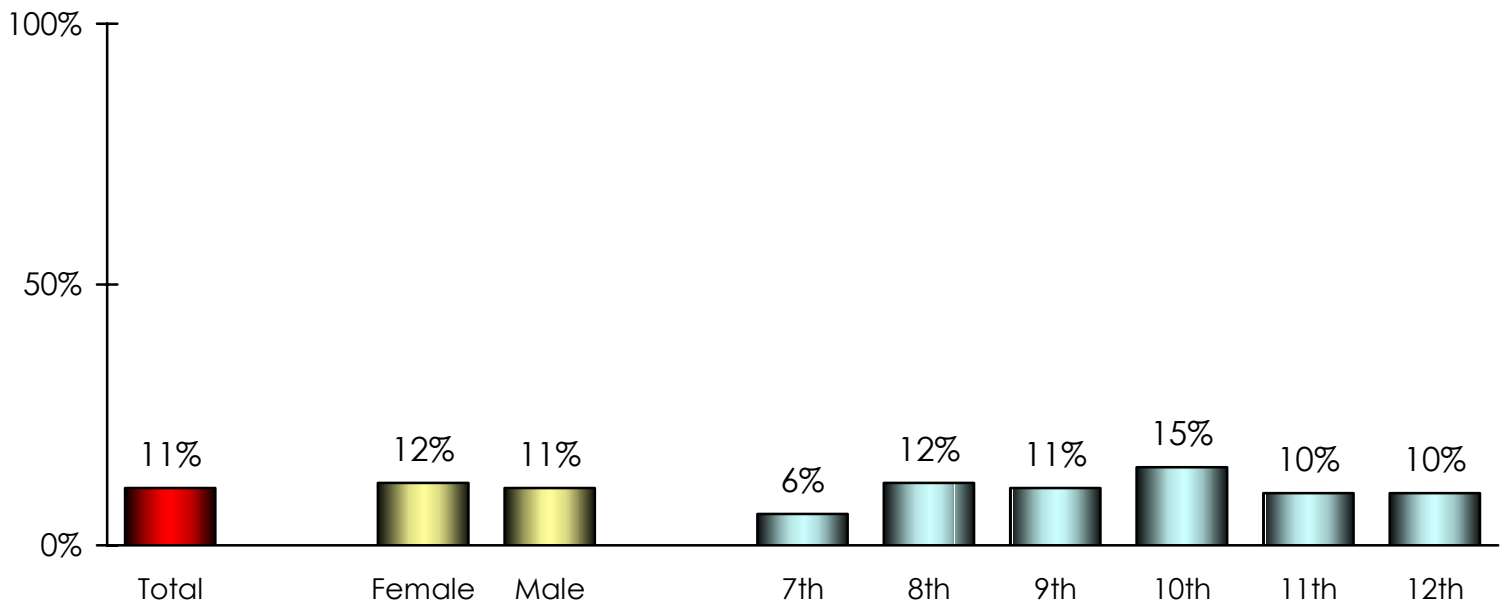


Percentage of students who seriously considered attempting suicide during the past 12 months.

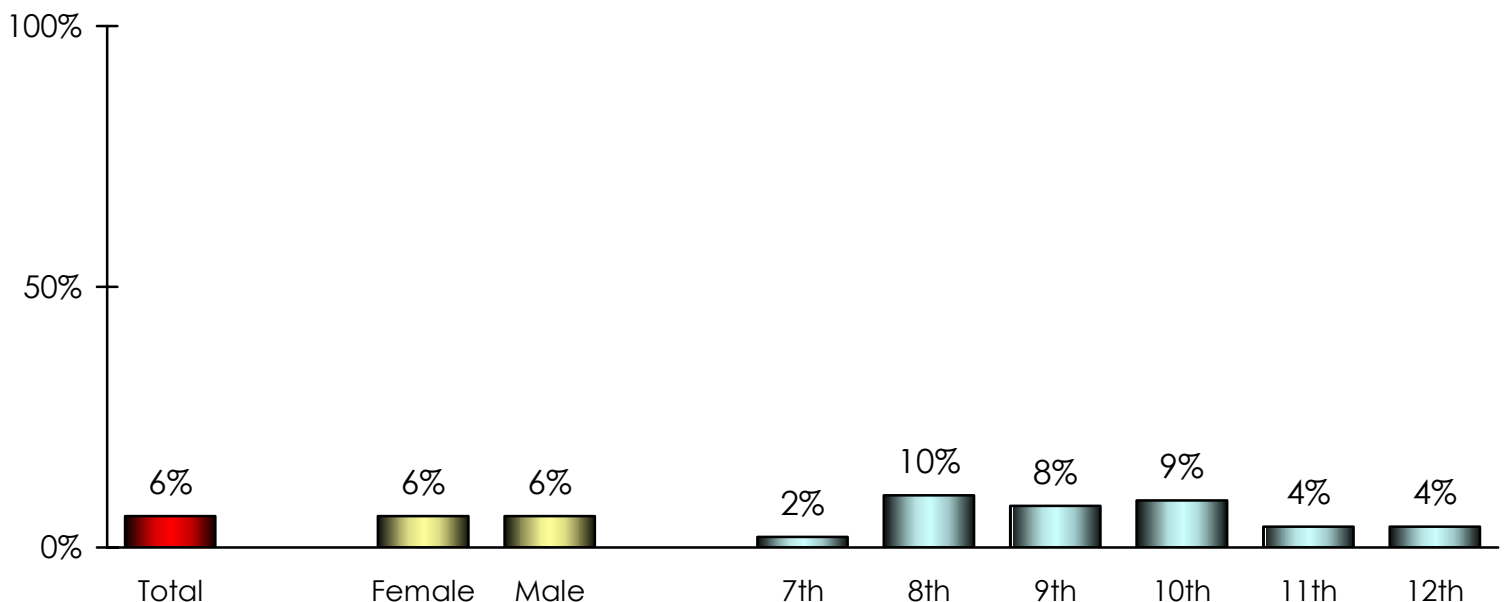


## 2002-2003 Sevier County Youth Risk Behavior Survey

Percentage of students who made a plan about how they would attempt suicide during the past 12 months.

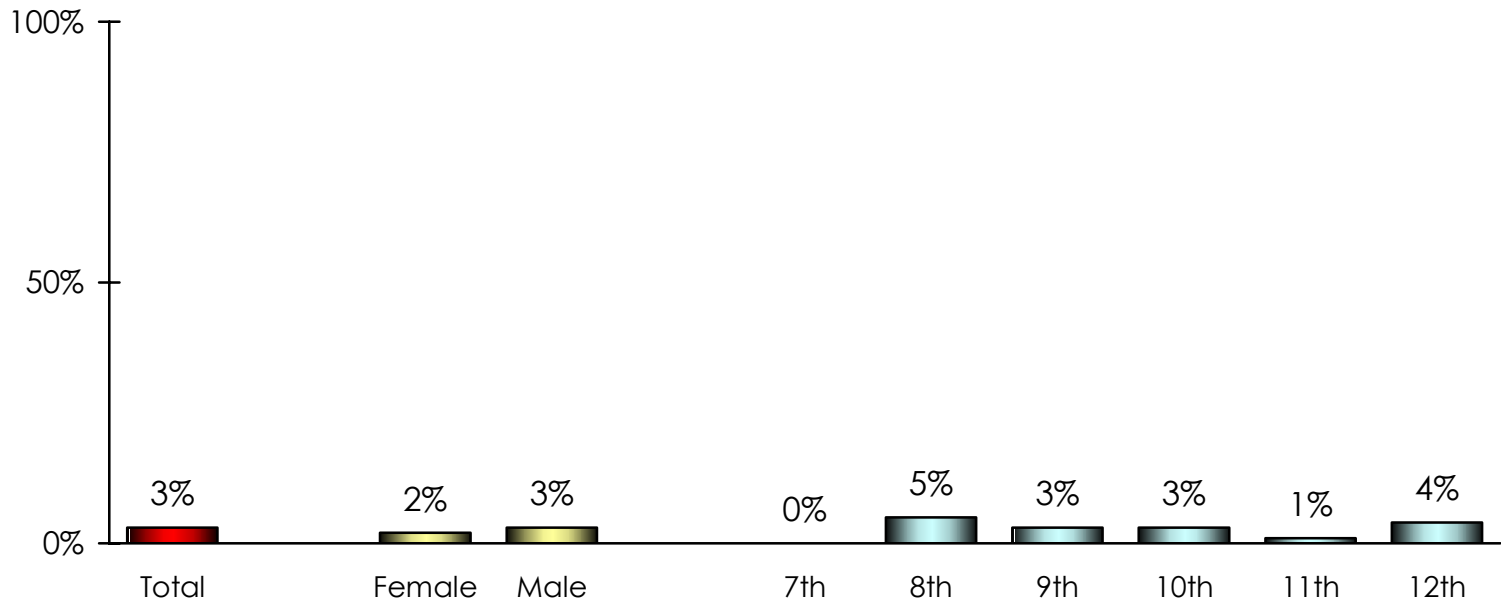


Percentage of students who actually attempted suicide one or more times during the past 12 months.



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Percentage of students who attempted suicide during the past 12 months resulting in injury, poisoning or overdose that had to be treated by a doctor or nurse.

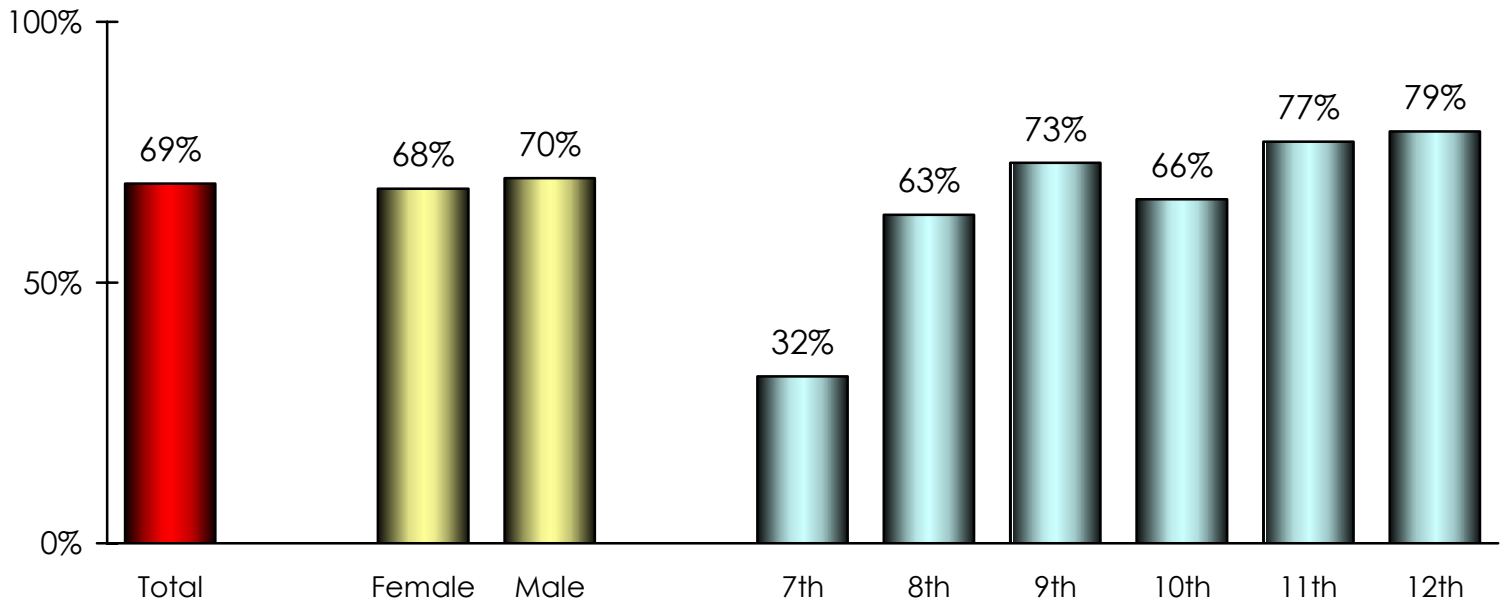


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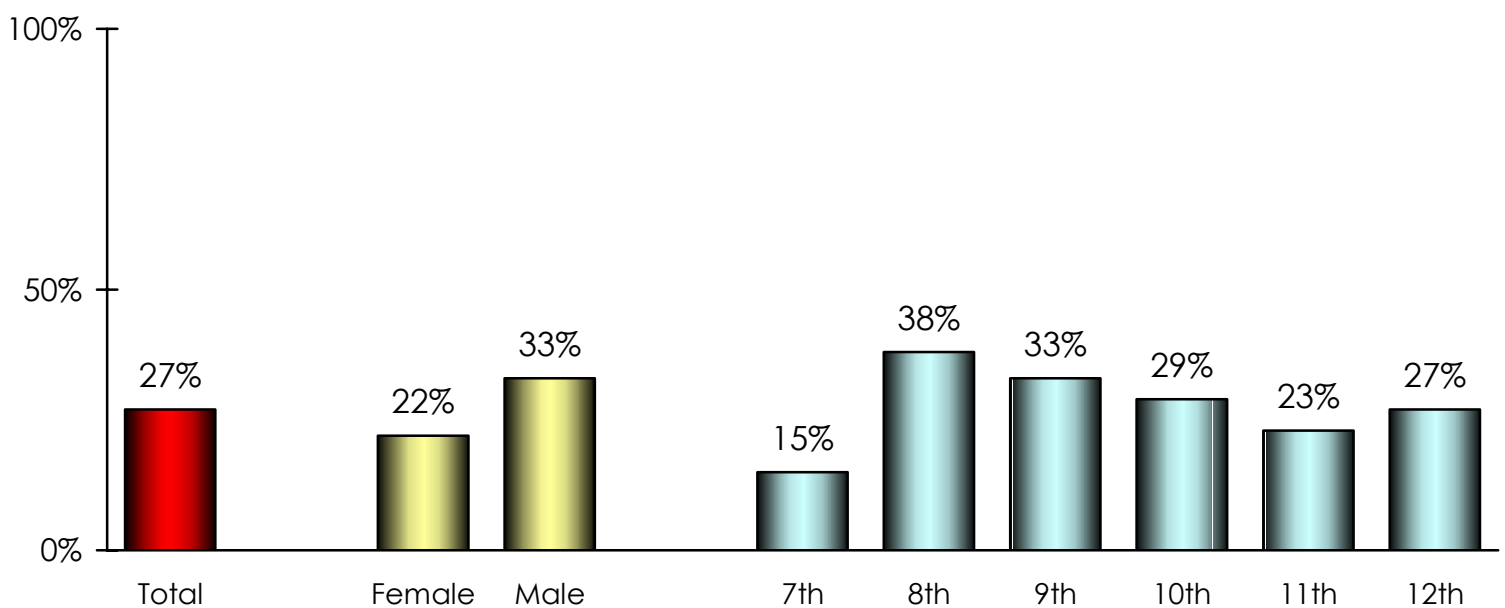
### ■ Tobacco Use – Cigarette Smoking

*These questions measure smoking experimentation, current smoking patterns, age of initiation and attempt to quit smoking cigarettes.*

Percentage of students who ever tried cigarette smoking, even one or two puffs.

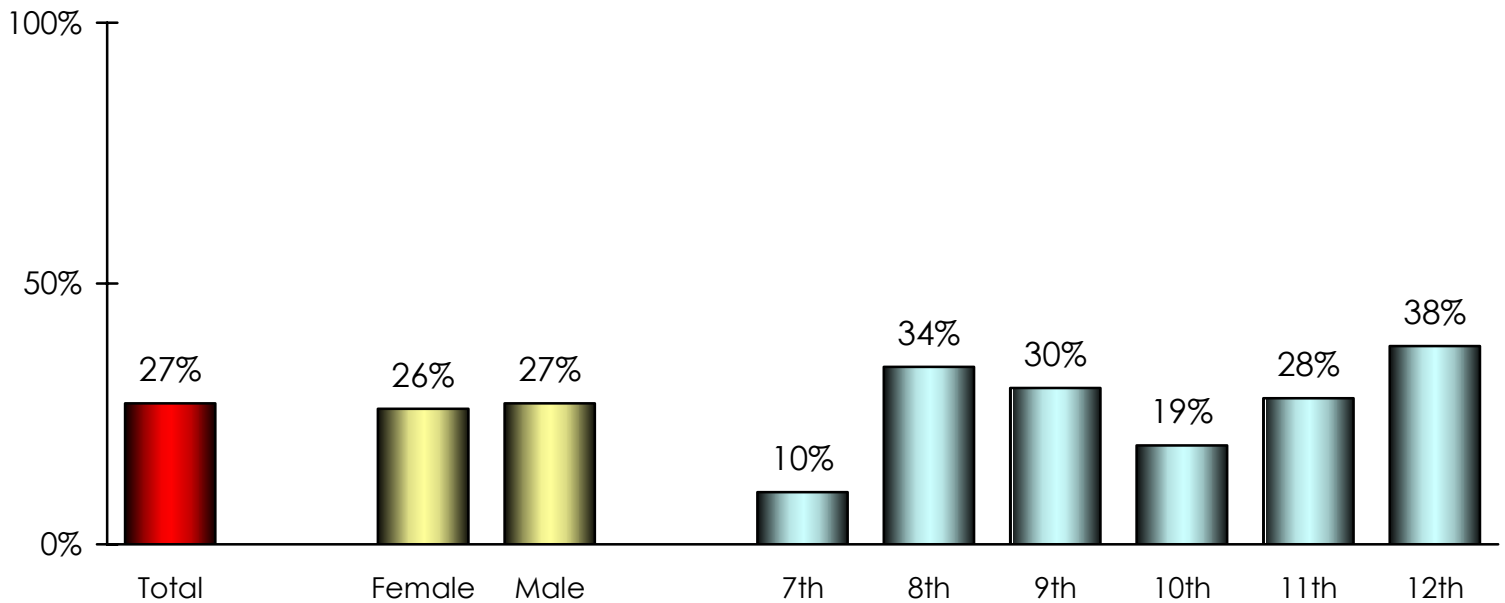


Percentage of students who smoked a whole cigarette for the first time before age 13.

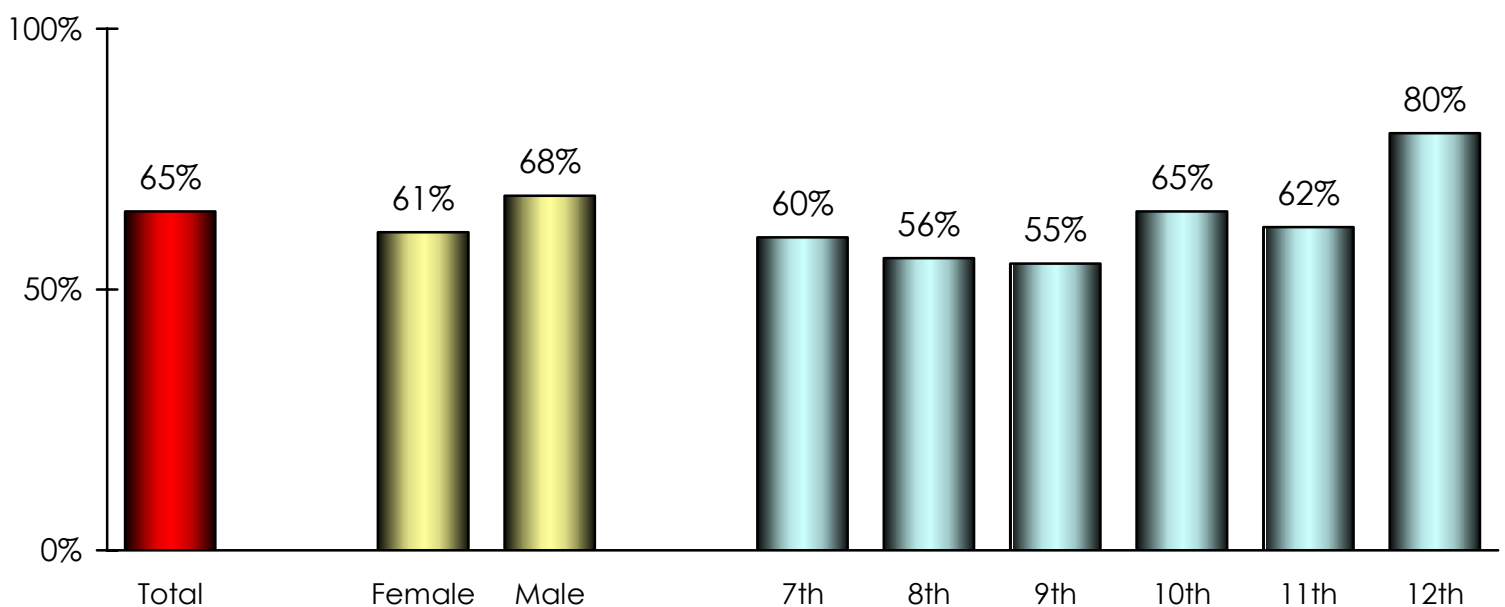


## 2002-2003 Sevier County Youth Risk Behavior Survey

Percentage of students who smoked cigarettes on one or more of the past 30 days.



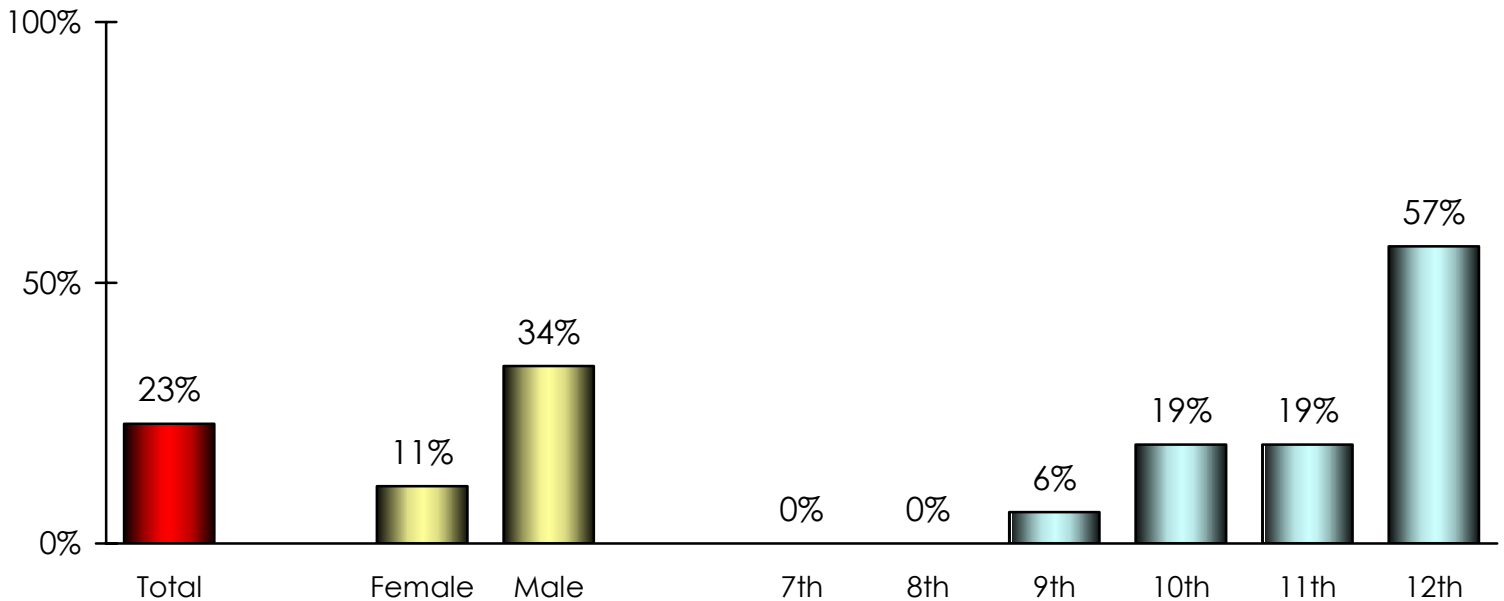
Of the students who smoked during the past 30 days, the percentage who smoked two or more cigarettes per day on the days they smoked.



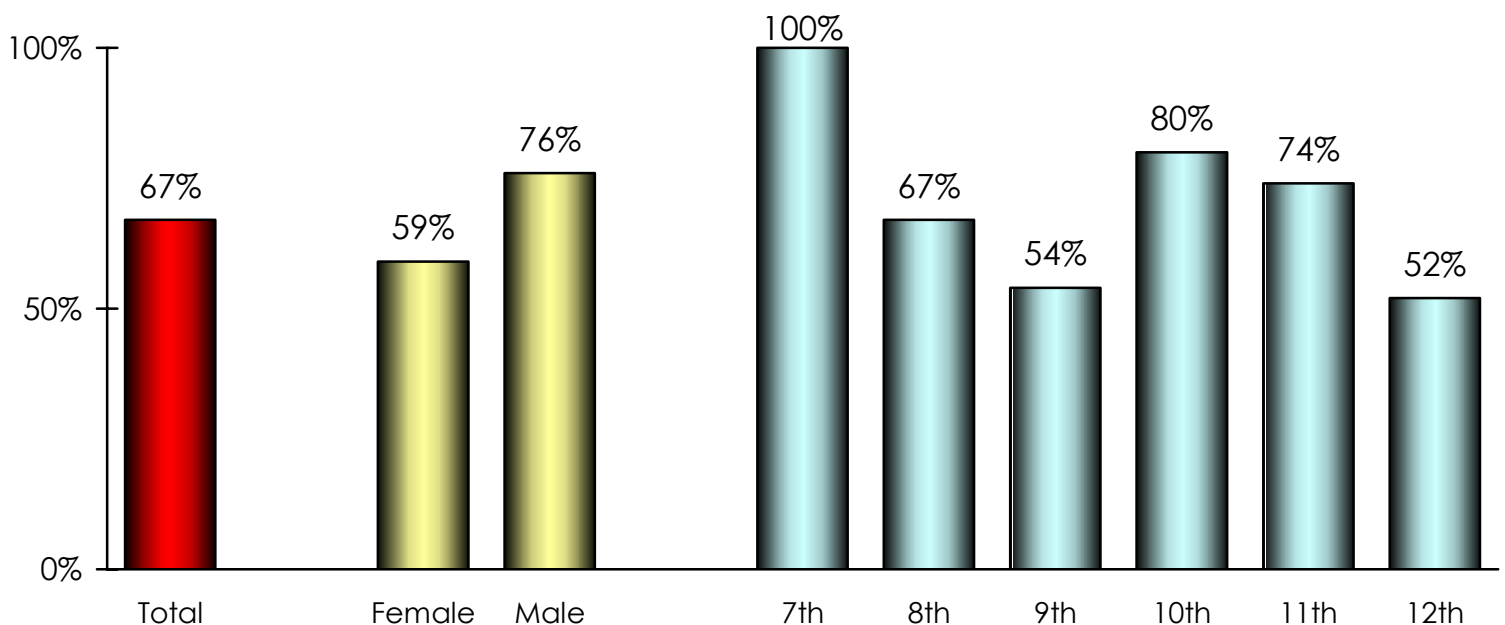


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Of students who smoked during the past 30 days, percentage who usually got their own cigarettes by buying them in a store or gas station during the past 30 days.



Of the students who have smoked regularly, the percentage who ever tried to quit smoking cigarettes.

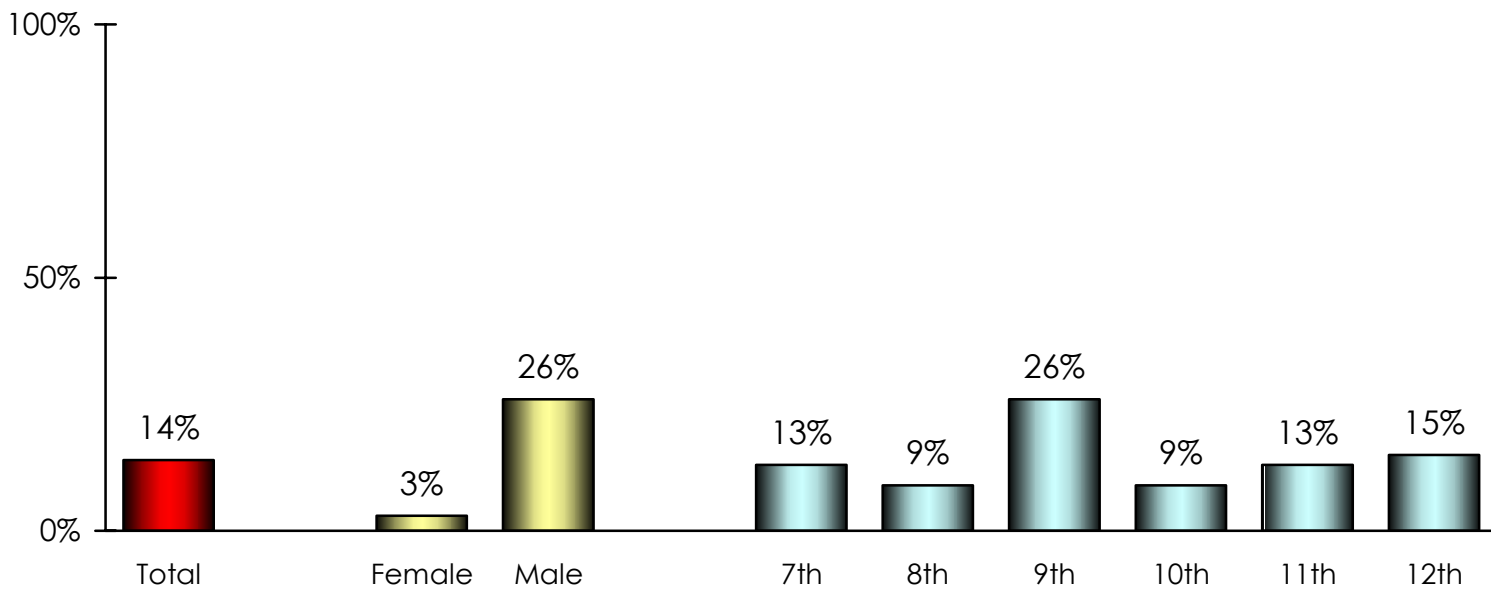


## 2002-2003 Sevier County Youth Risk Behavior Survey

### ■ Tobacco Use – Smokeless Tobacco

*This question measures smokeless tobacco use.*

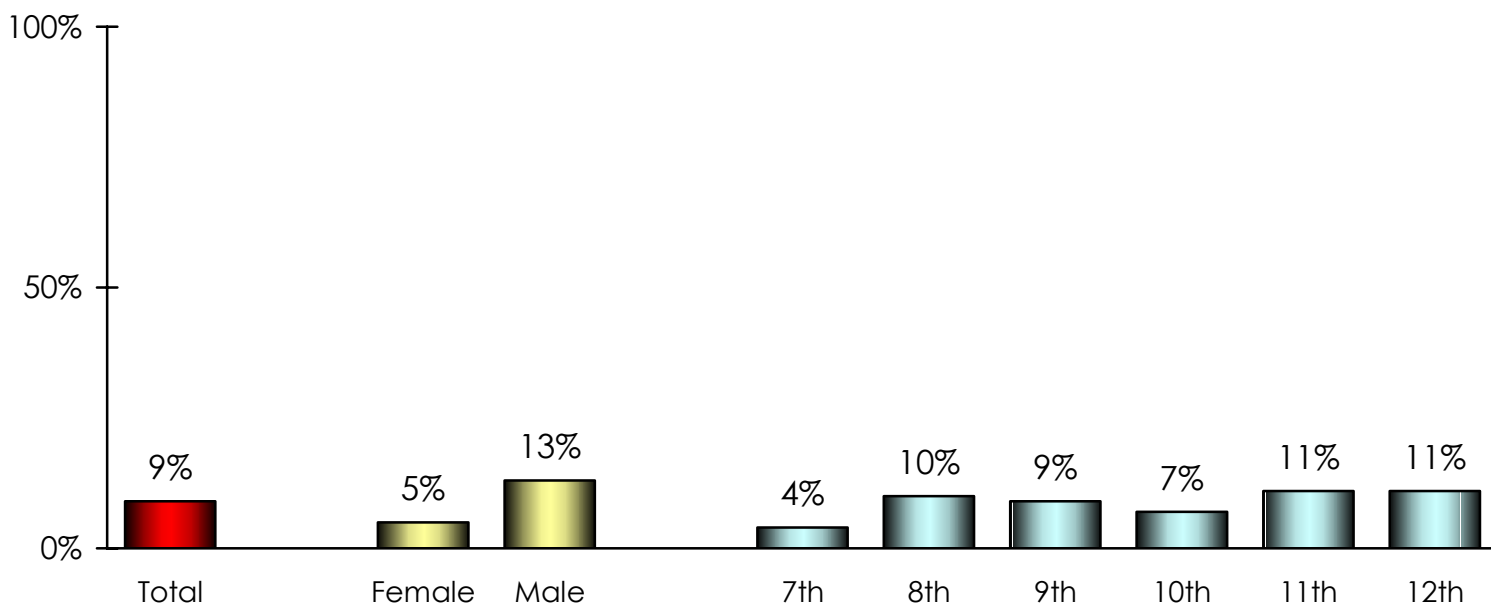
Percentage of students who used chewing tobacco or snuff on one or more of the past 30 days.



### ■ Tobacco Use – Cigar

*This question measures cigar smoking.*

Percentage of students who smoked cigars, cigarillos, or little cigars during the past 30 days.

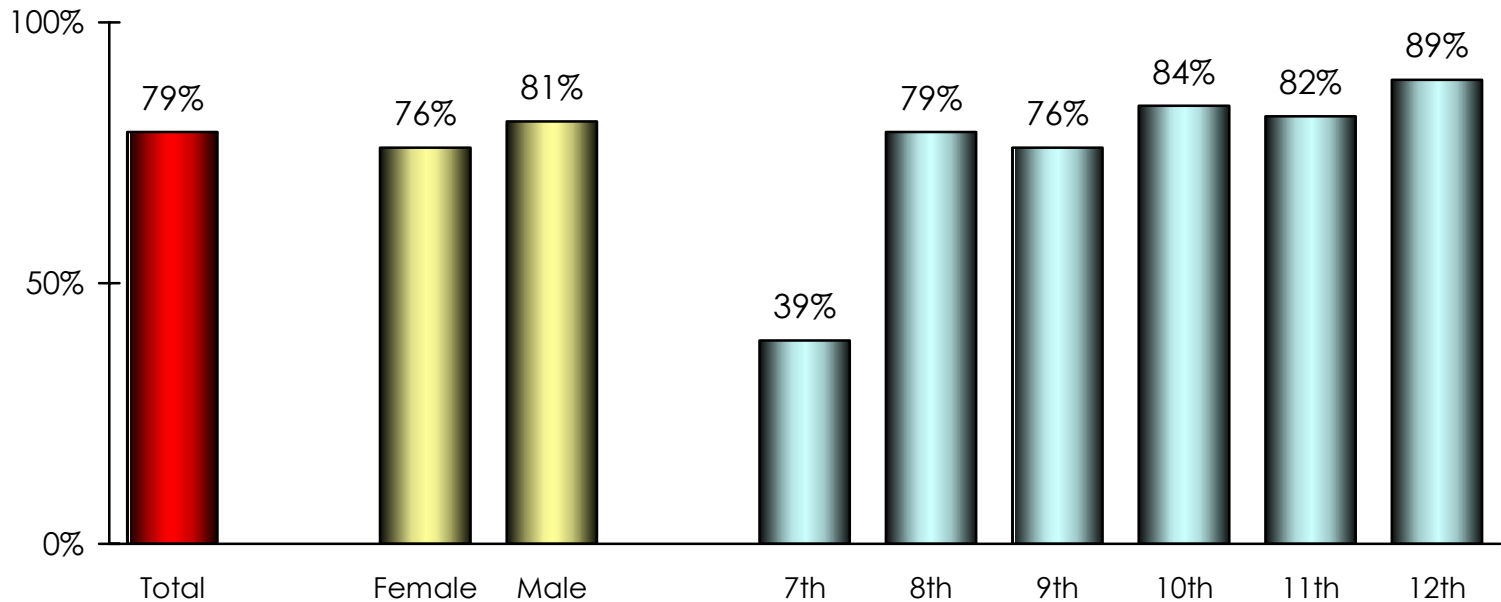


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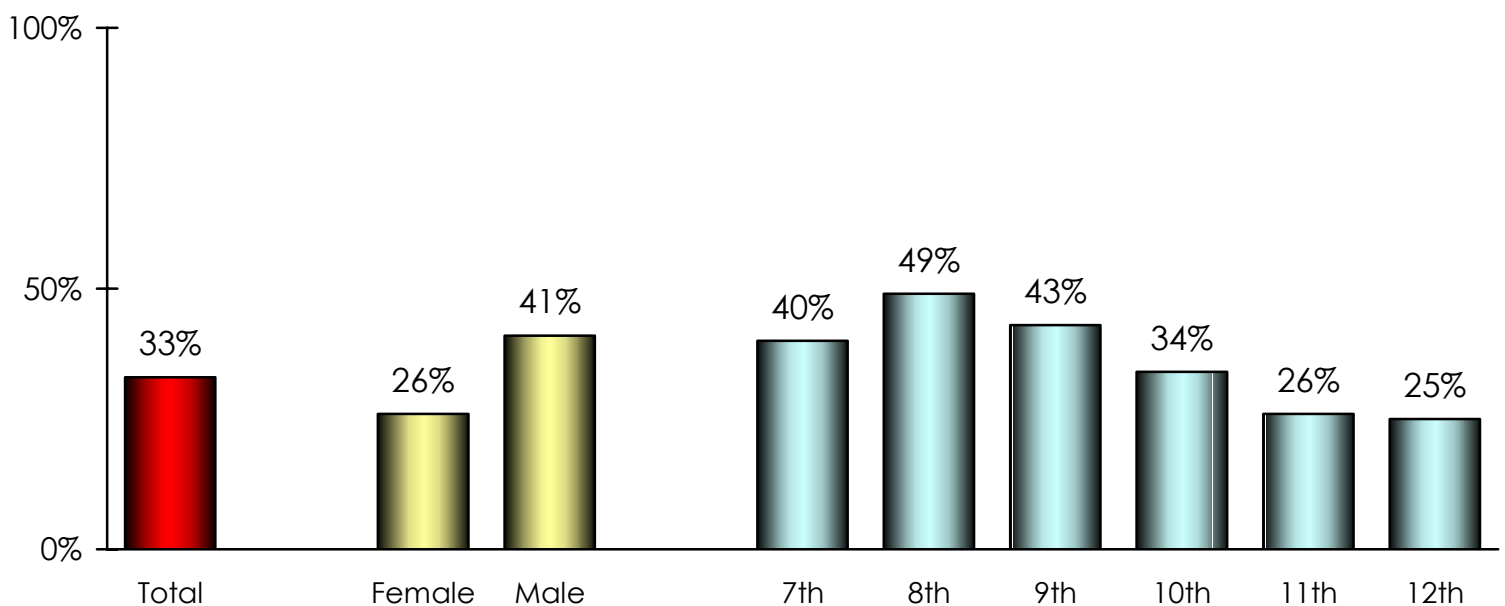
### ■ Alcohol Use

*These questions measure frequency of alcohol use, age of initiation of drinking, and heavy drinking.*

Percentage of students who had at least one drink of alcohol on one or more days during their life.

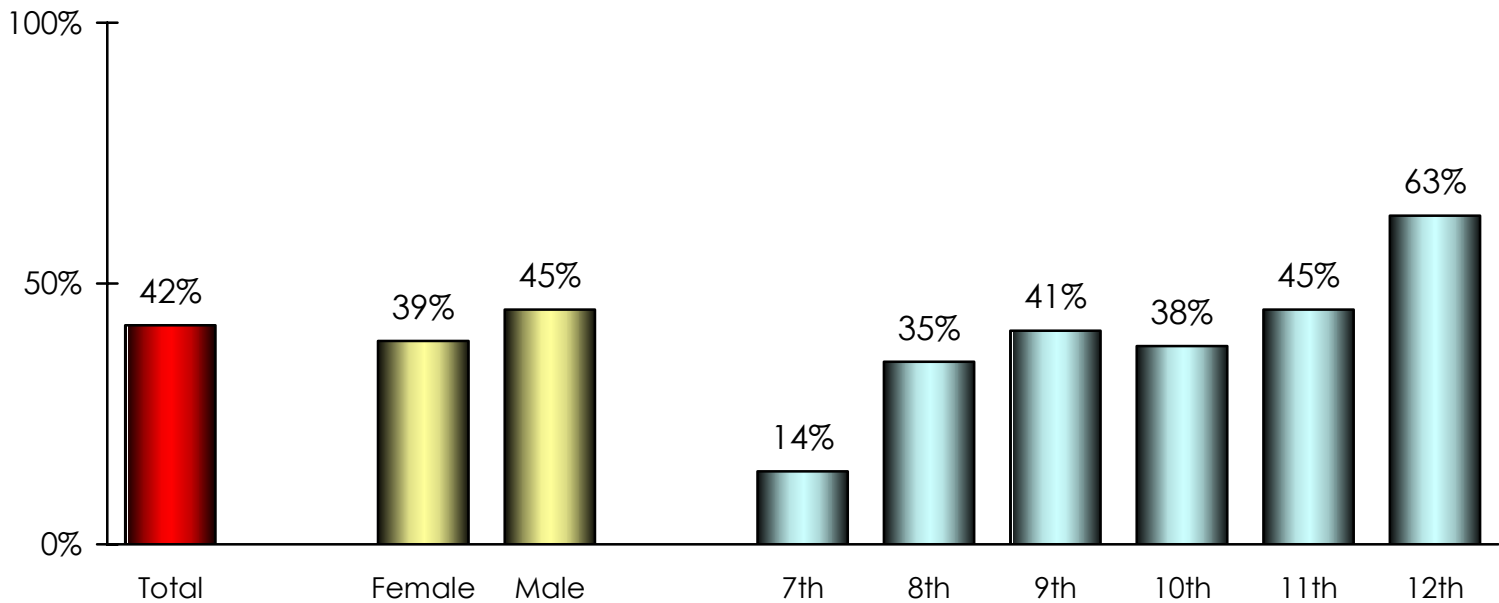


Percentage of students who had their first drink of alcohol other than a few sips before age 13.

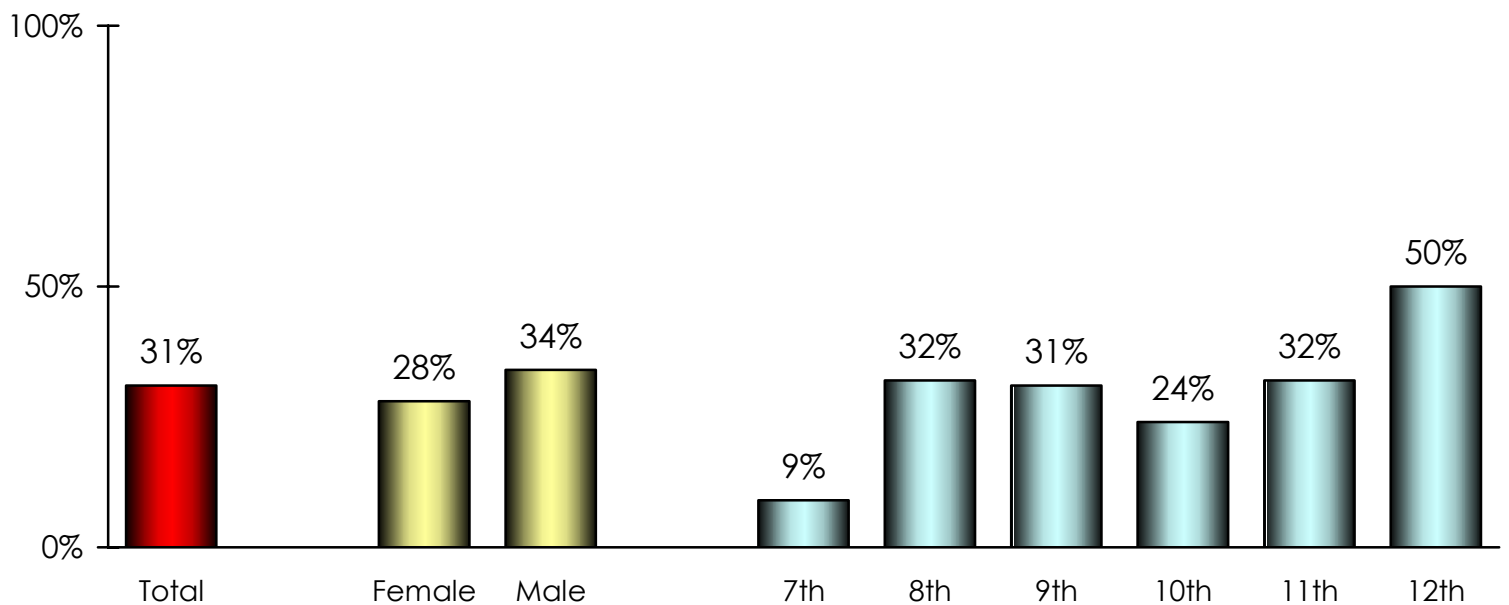


## 2002-2003 Sevier County Youth Risk Behavior Survey

Percentage of students who had at least one drink of alcohol on one or more of the past 30 days.



Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days.

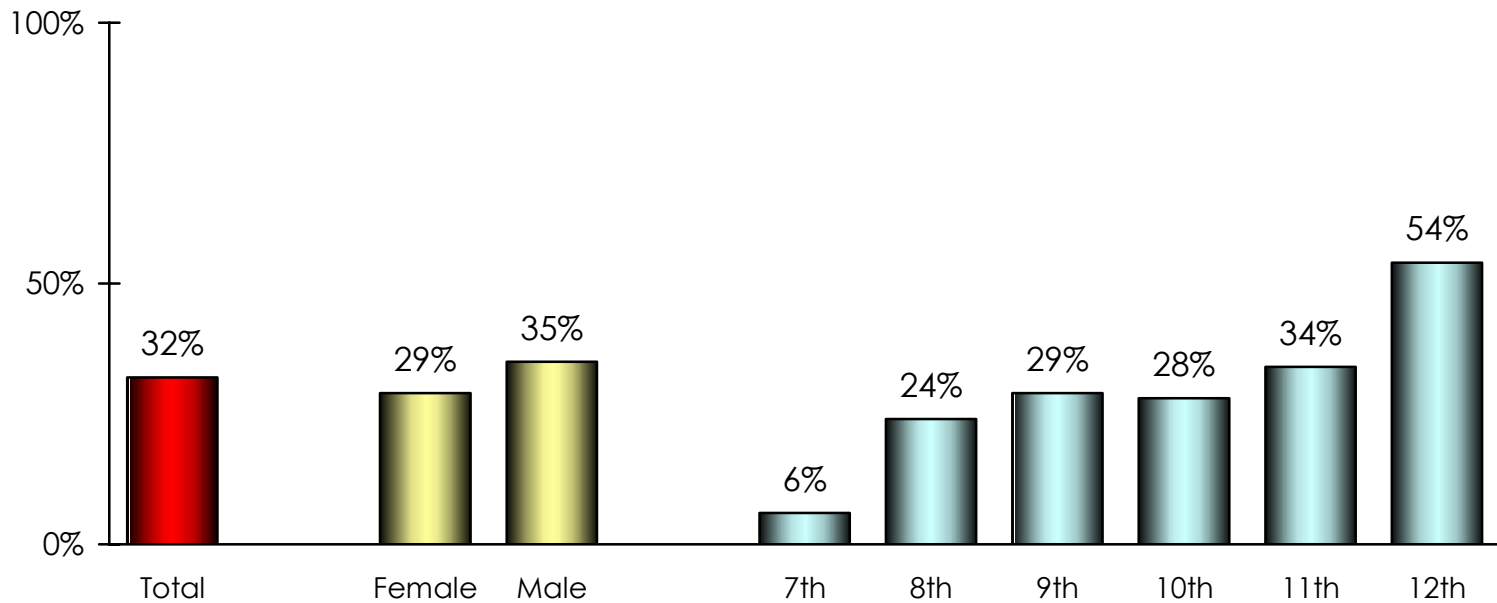


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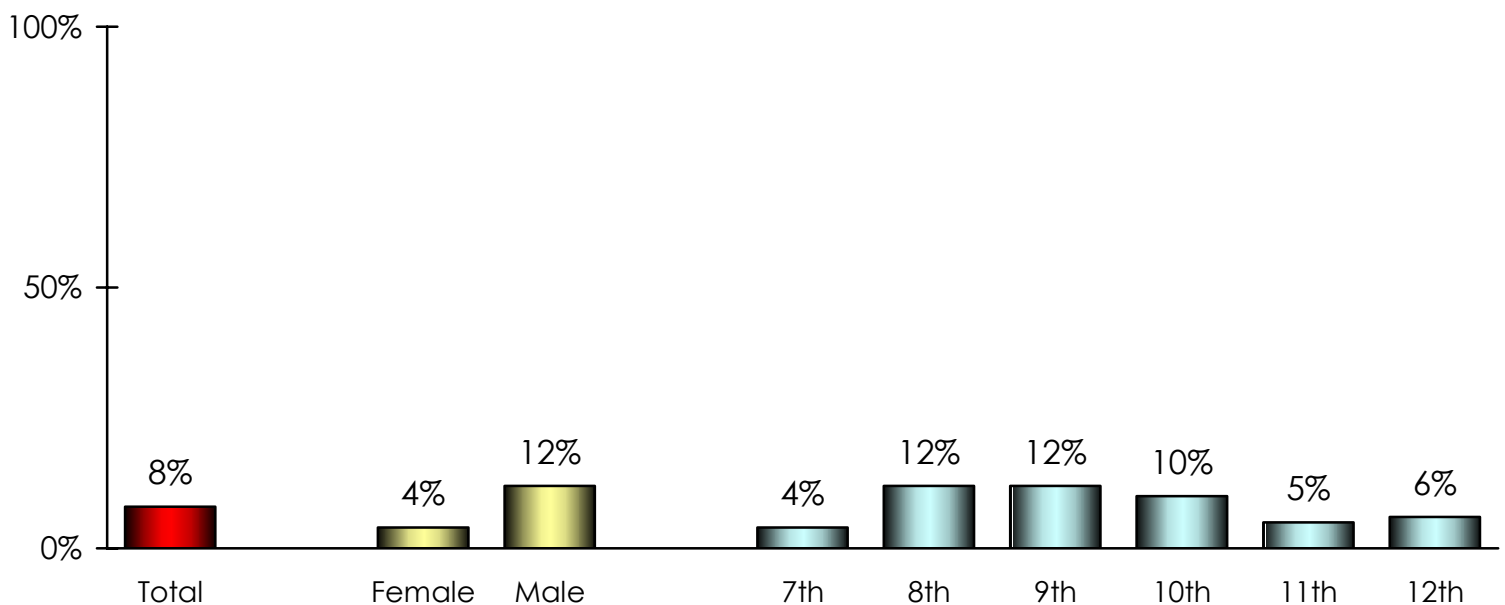
### ■ Drug Use

*These questions measure the frequency of illegal drug use.*

Percentage of students who used marijuana one or more times during their life.

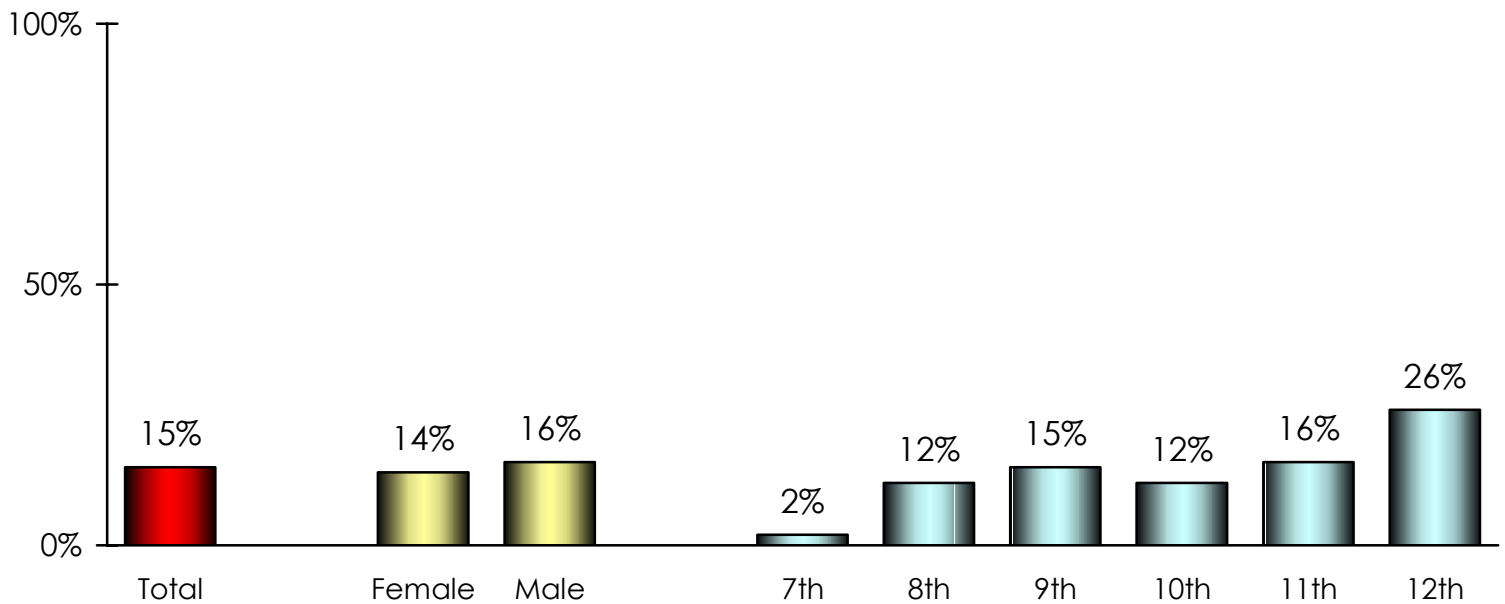


Percentage of students who tried marijuana for the first time before age 13.

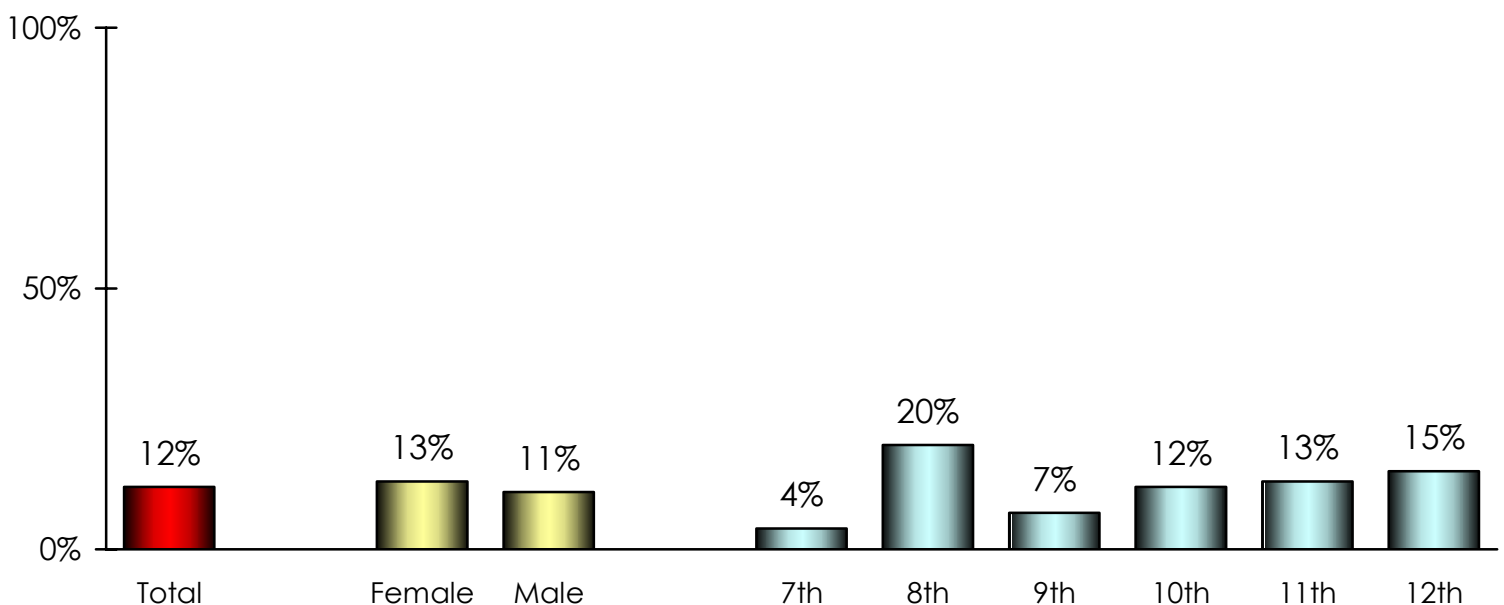


## 2002-2003 Sevier County Youth Risk Behavior Survey

Percentage of students who used marijuana one or more times during the past 30 days.

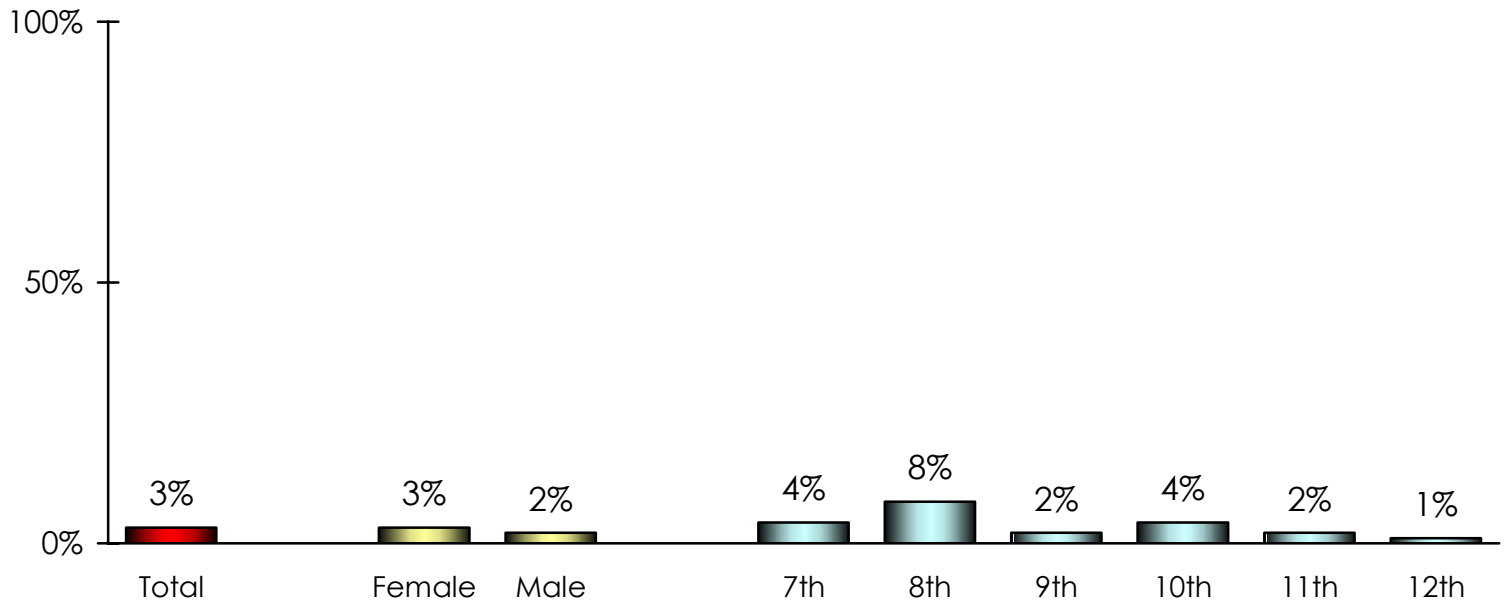


Percentage of students, who sniffed glue, breathed the contents of aerosol spray cans or inhaled any paints or sprays to get high during their life.

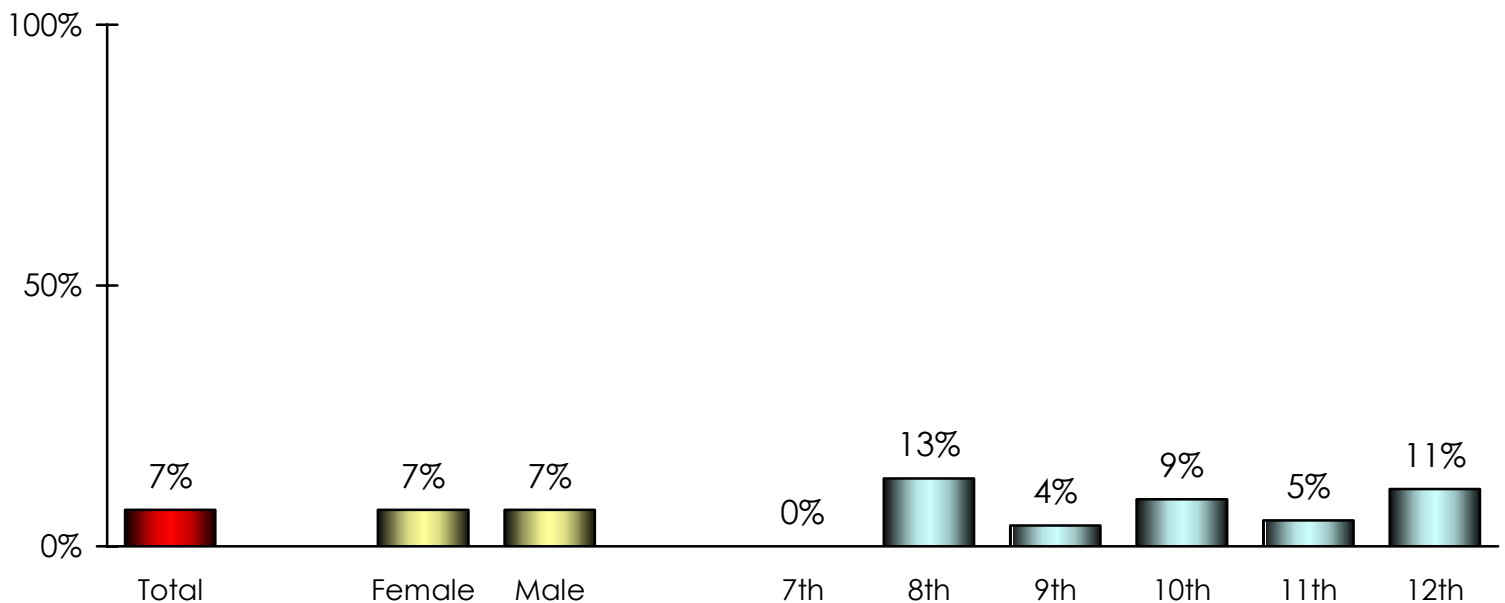


## 2002-2003 Sevier County Youth Risk Behavior Survey

Percentage of students, who sniffed glue, breathed the contents of aerosol spray cans or inhaled any paints or sprays to get high during the past 30 days.

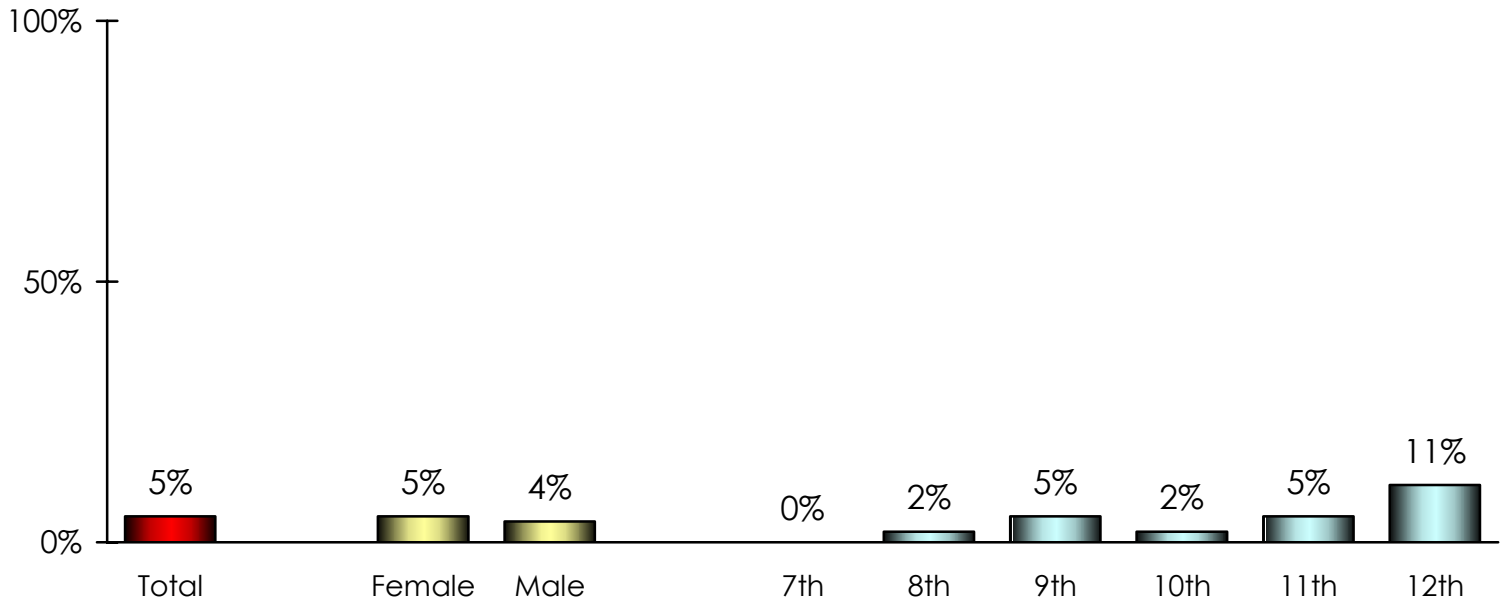


Percentage of students who used methamphetamines one or more times during their life.

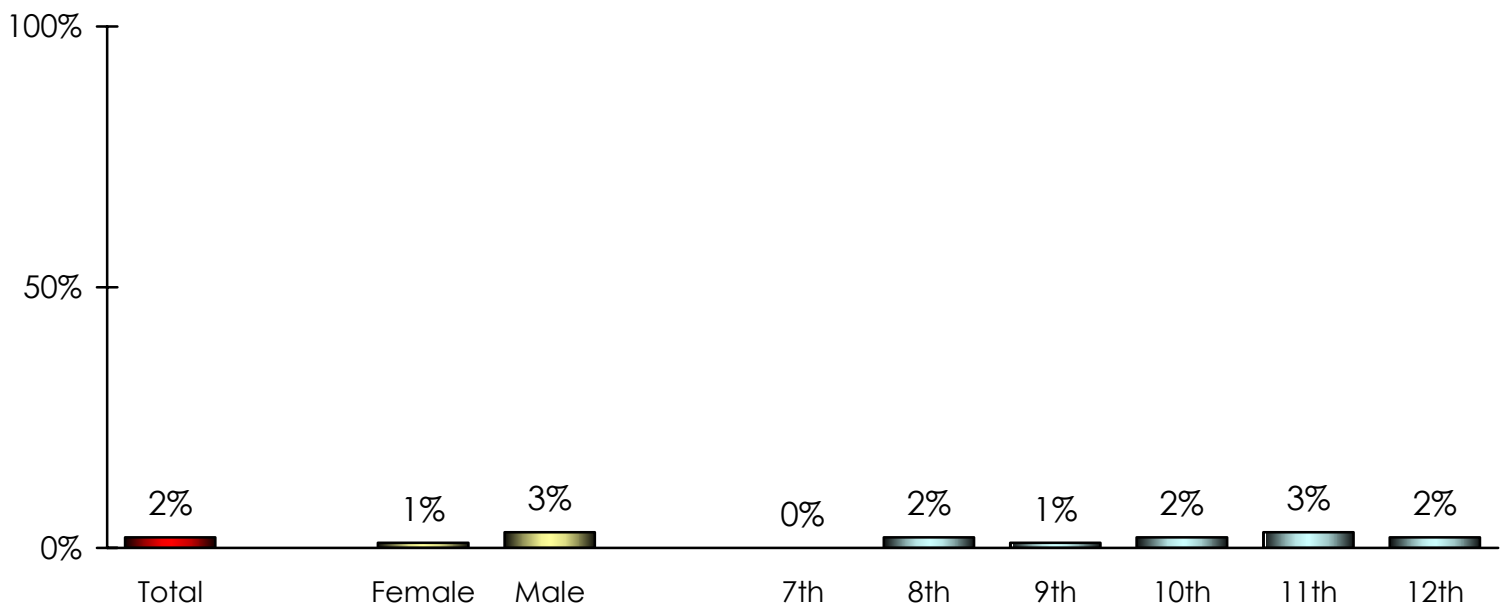


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Percentage of students who used ecstasy one or more times during their life.



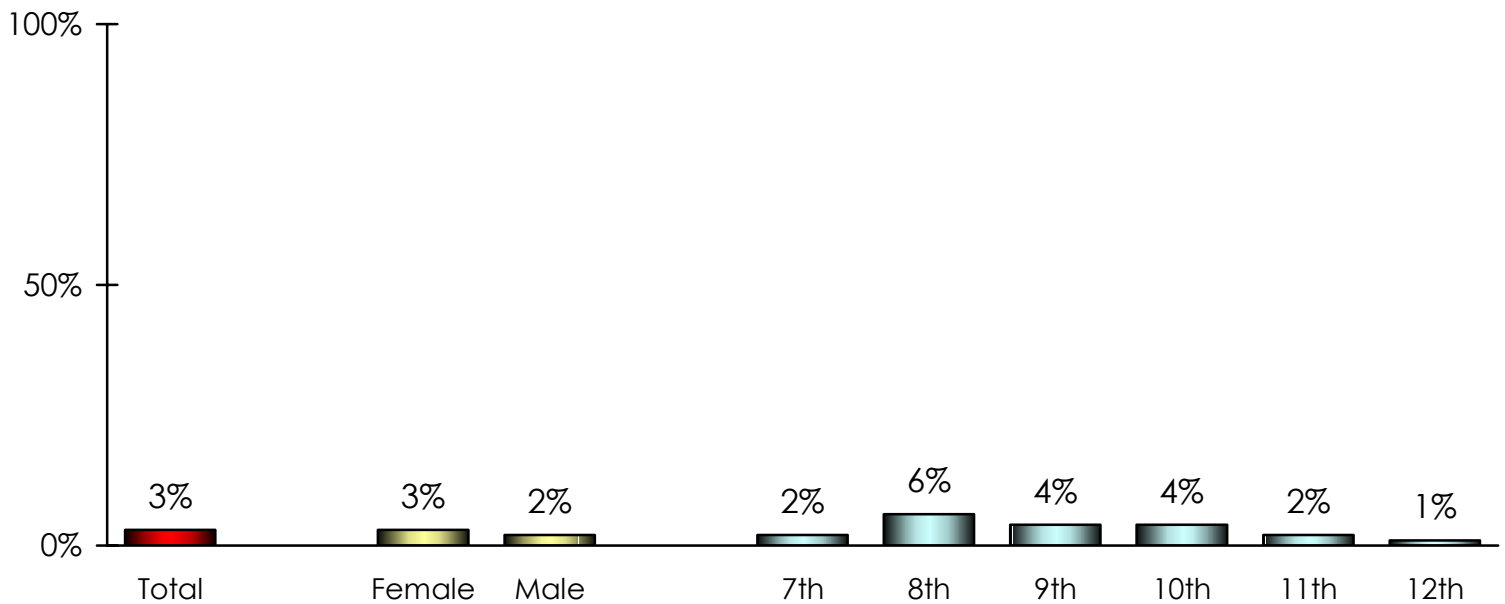
Percentage of students who used heroin one or more times during their life.





## 2002-2003 Sevier County Youth Risk Behavior Survey

Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life.

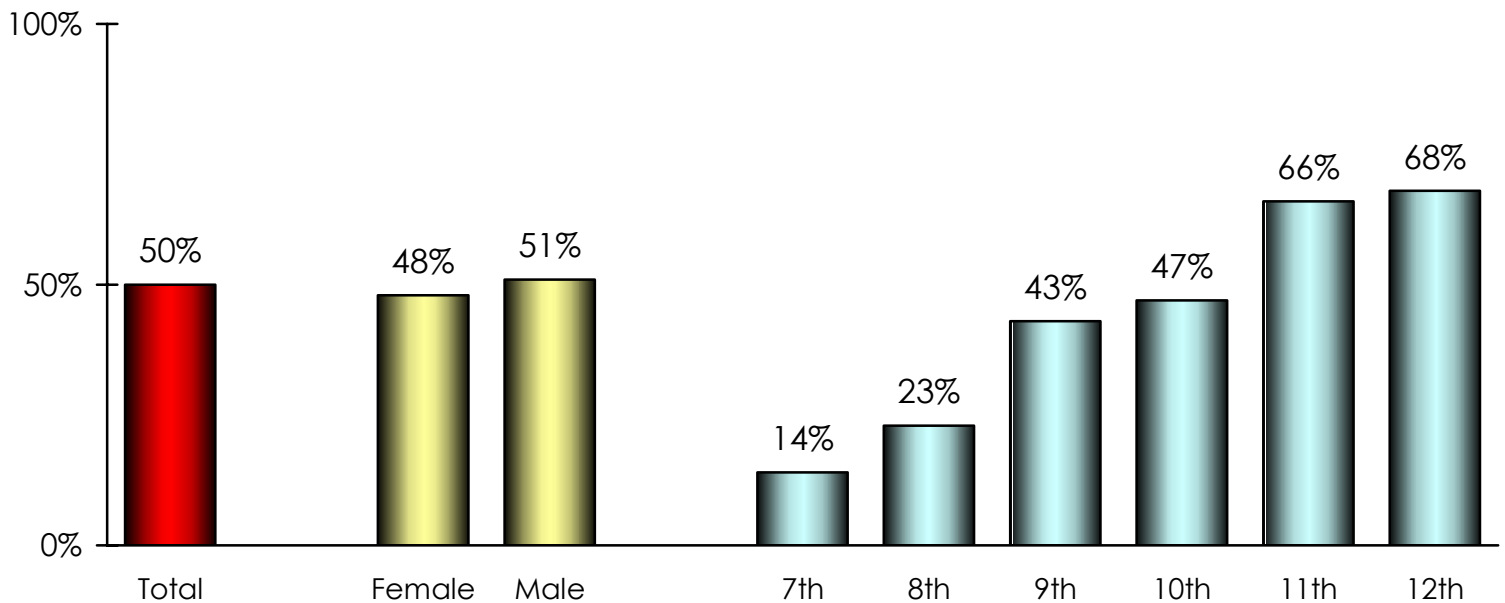


## 2002-2003 Sevier County Youth Risk Behavior Survey

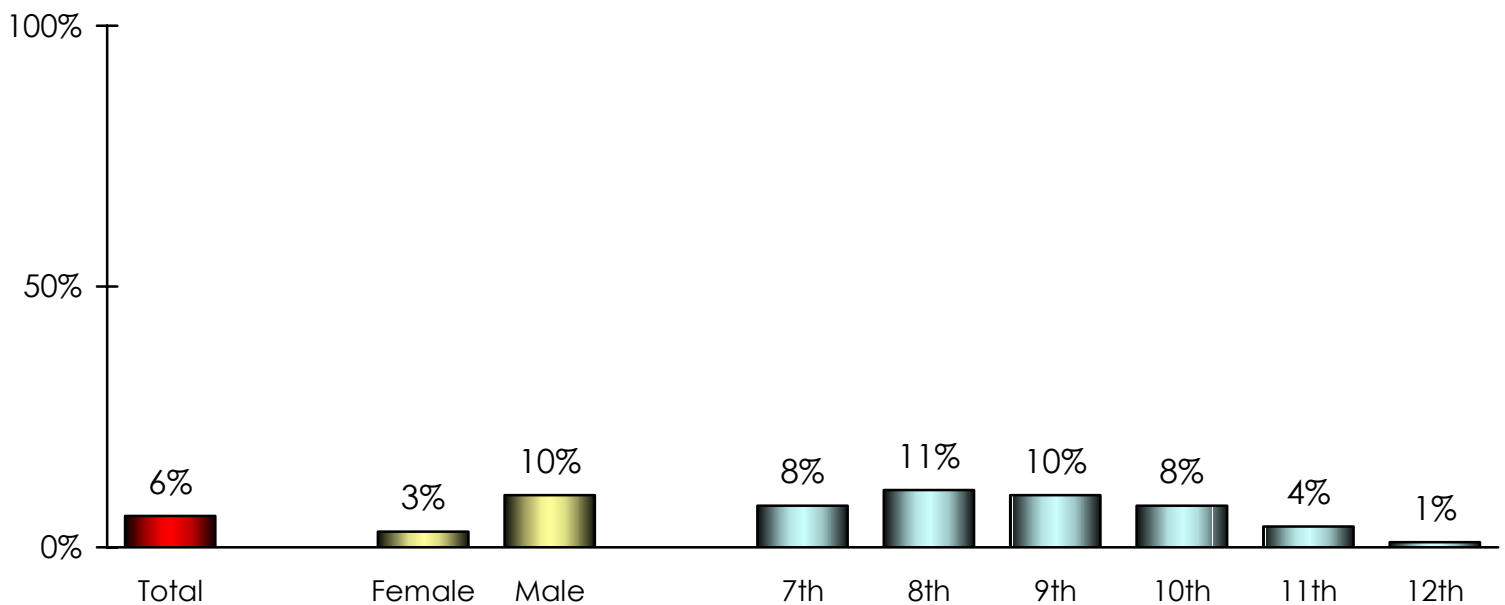
### ■ Sexual Activity

*These questions measure the prevalence of sexual activity, number of sexual partners, age of first intercourse and alcohol and drug use related to sexual activity.*

Percentage of students who have had sexual intercourse.

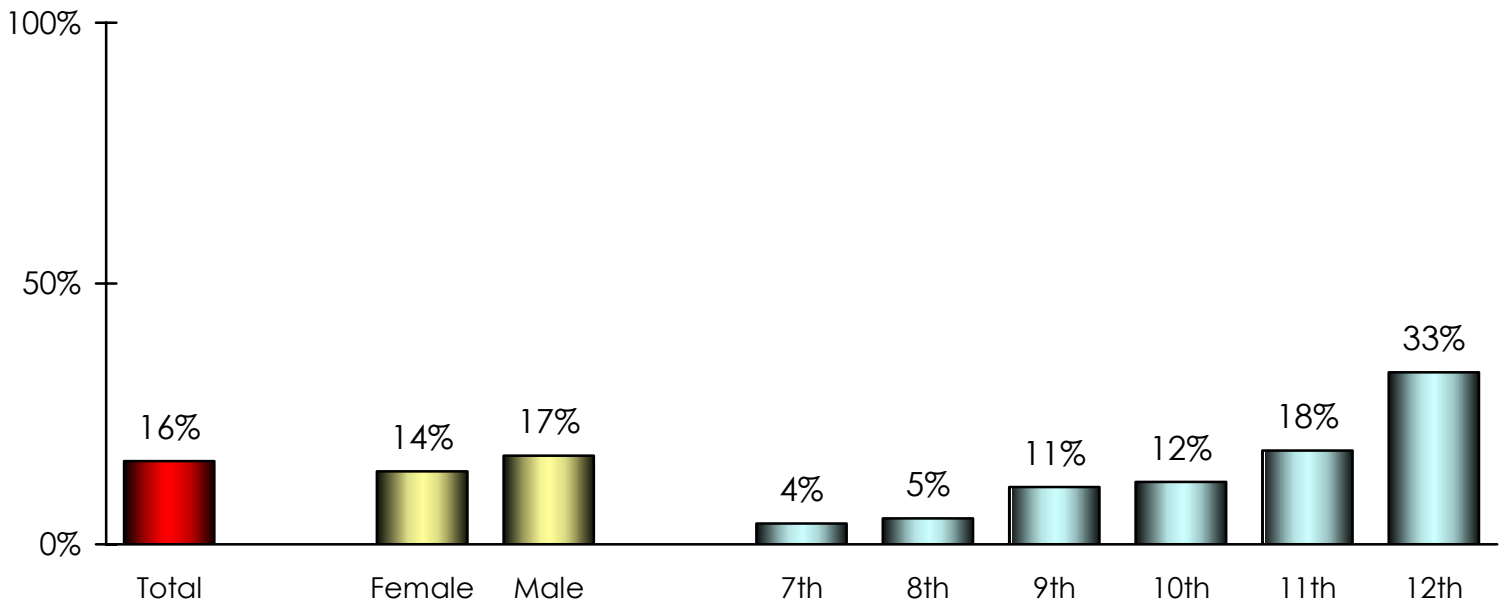


Percentage of students who had sexual intercourse for the first time before age 13.

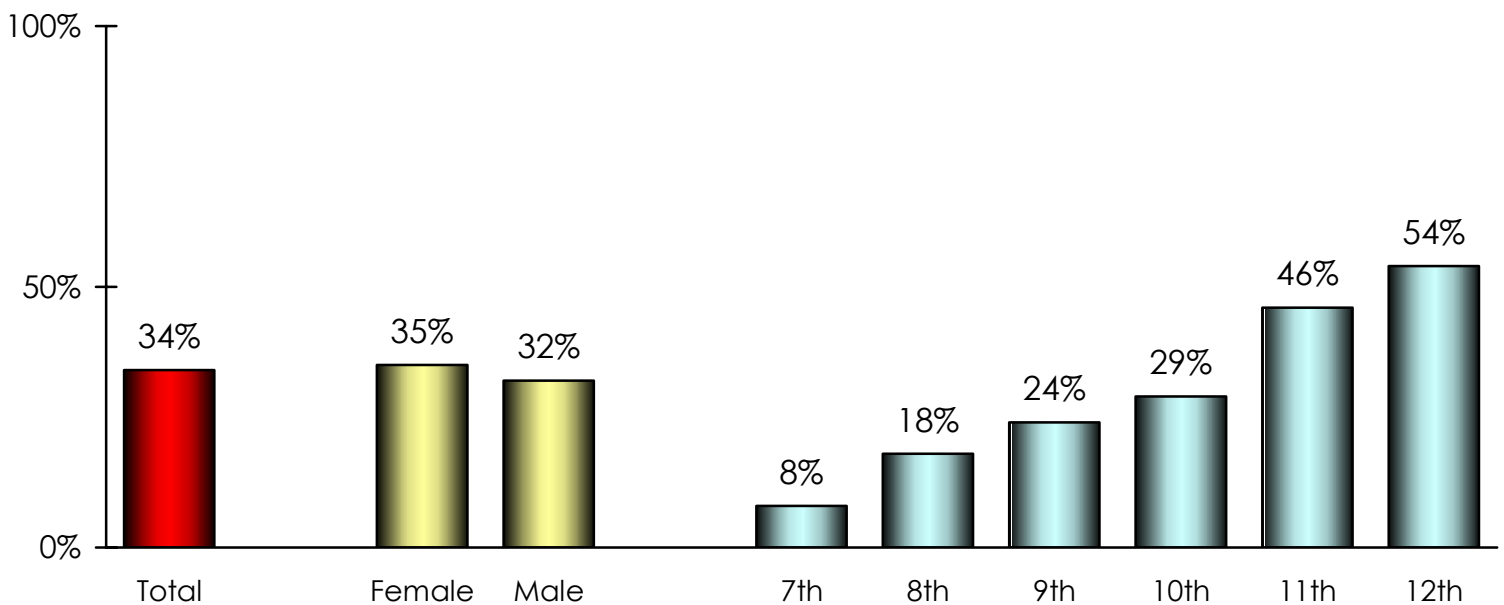


## 2002-2003 Sevier County Youth Risk Behavior Survey

Percentage of students who had sexual intercourse with four or more people during their life.

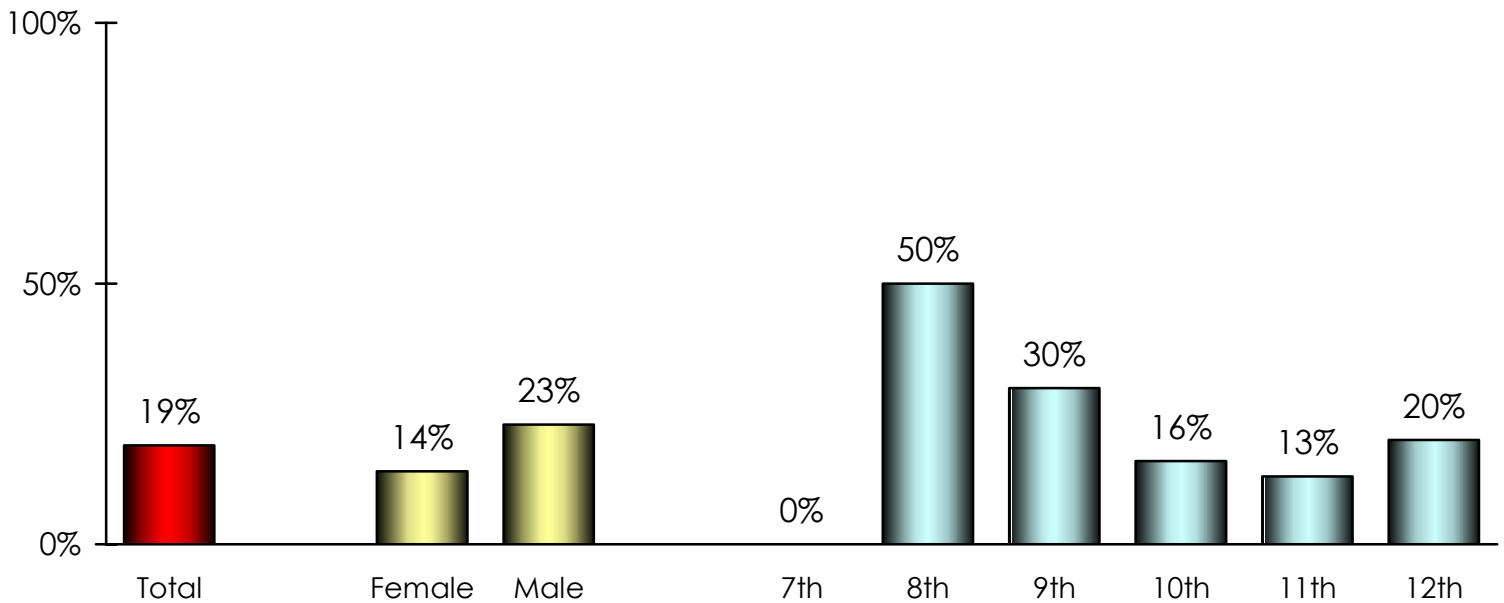


Percentage of students who had sexual intercourse during the past three months.



## 2002-2003 Sevier County Youth Risk Behavior Survey

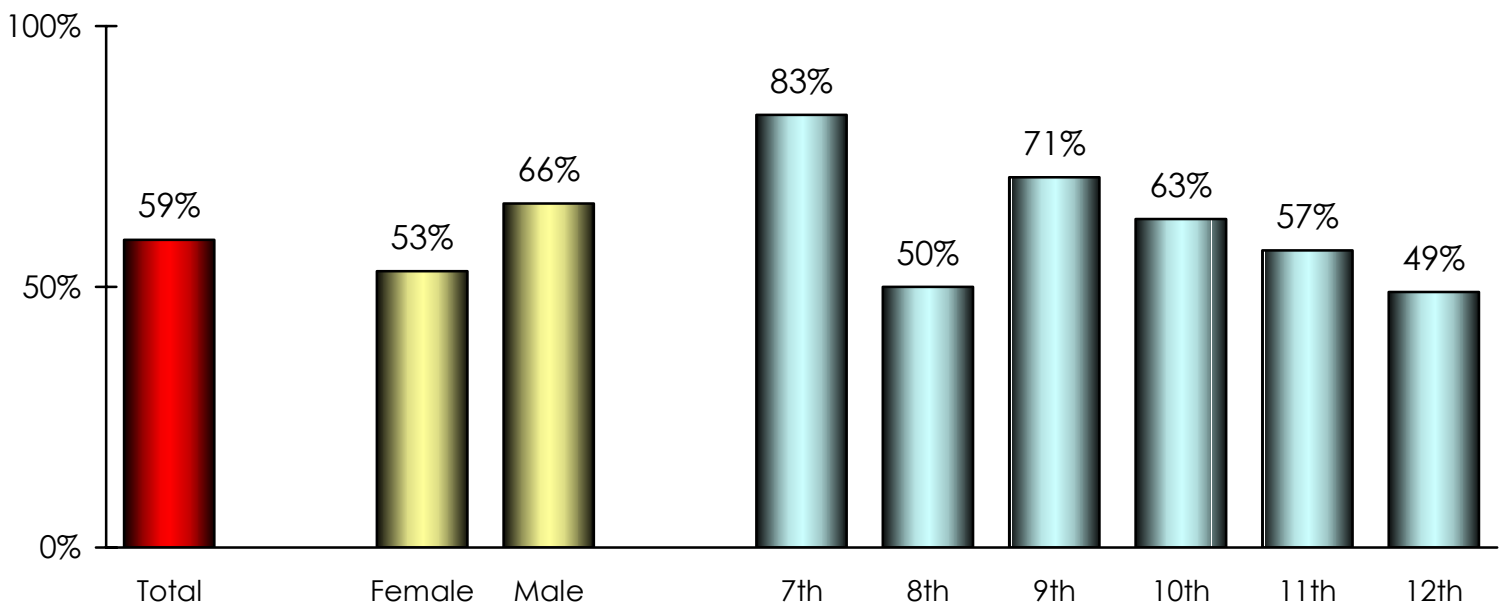
Of those who had sexual intercourse, the percentage who drank alcohol or used drugs before last sexual intercourse.



### ■ Contraception

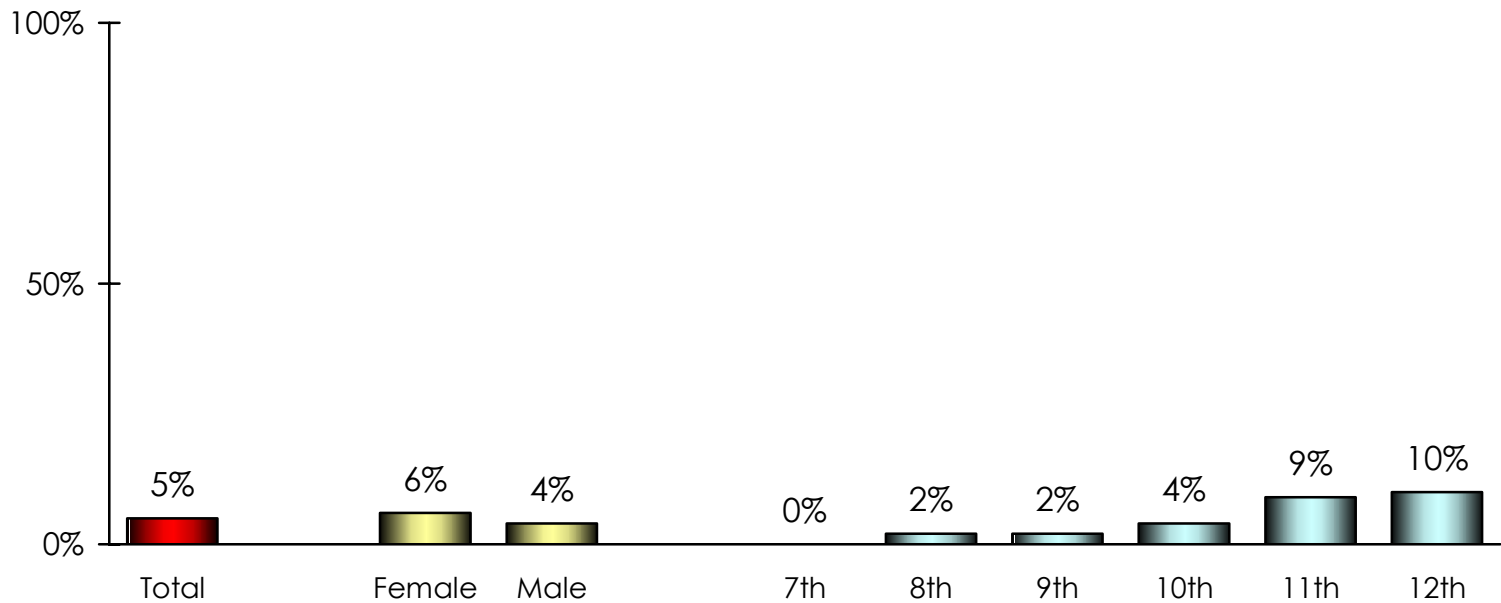
*These questions measure use of contraception and identify whether a student has been pregnant or gotten someone pregnant.*

Of students who had sexual intercourse, the percentage who used a condom during the last sexual intercourse.



## 2002-2003 Sevier County Youth Risk Behavior Survey

Percentage of students who had been or gotten someone pregnant one or more times.

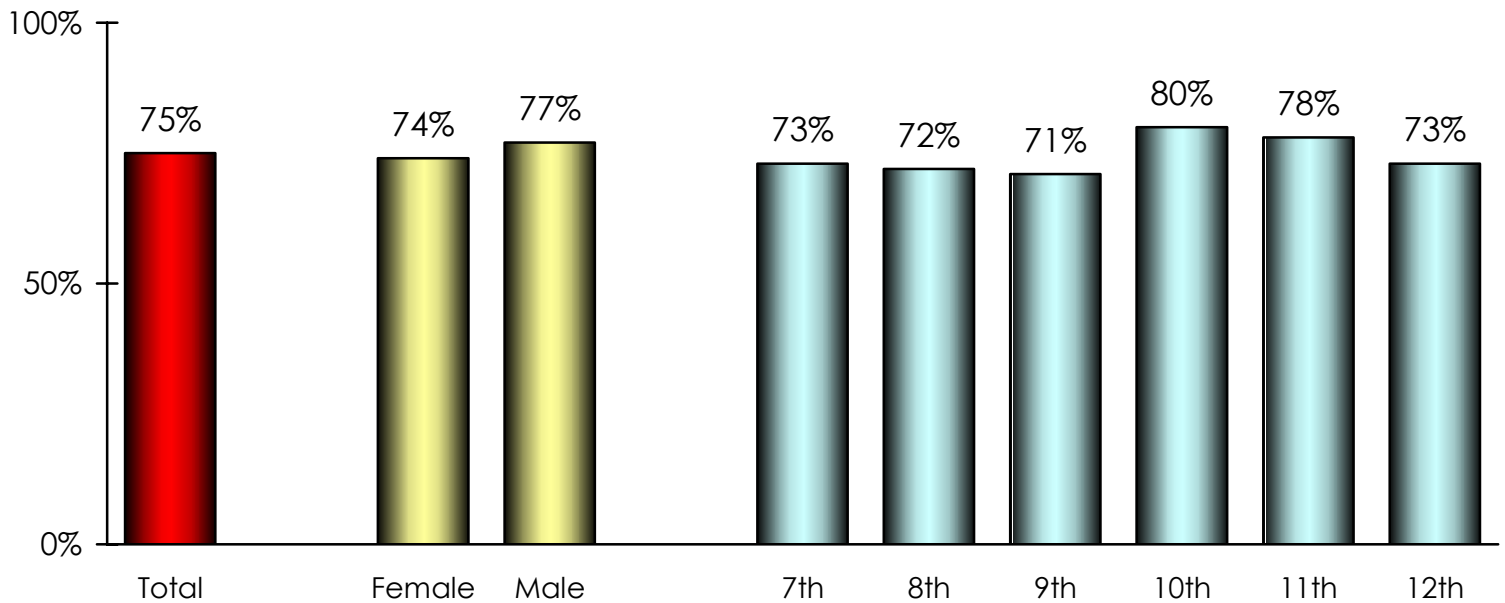


## 2002-2003 Sevier County Youth Risk Behavior Survey

### ■ AIDS, HIV, & STDs

*This question measures whether students have received HIV information at school.*

Percentage of students who were ever taught about AIDS or HIV infection in school.

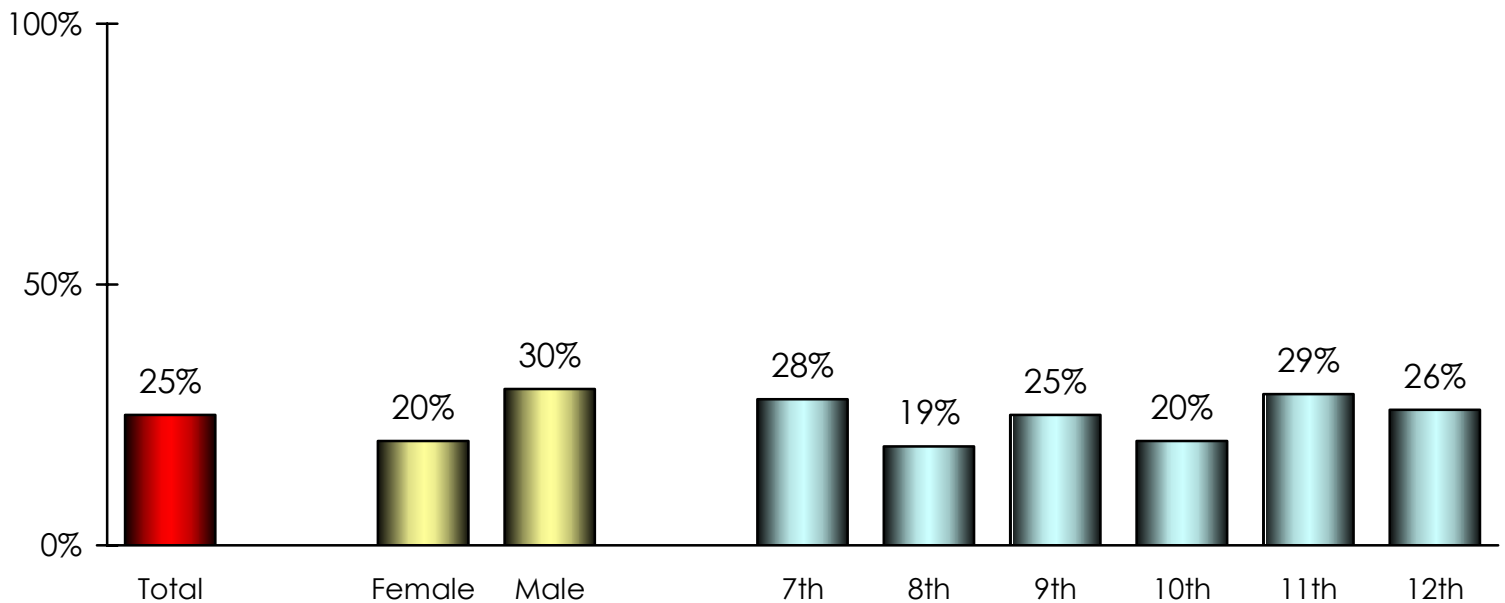


## 2002-2003 Sevier County Youth Risk Behavior Survey

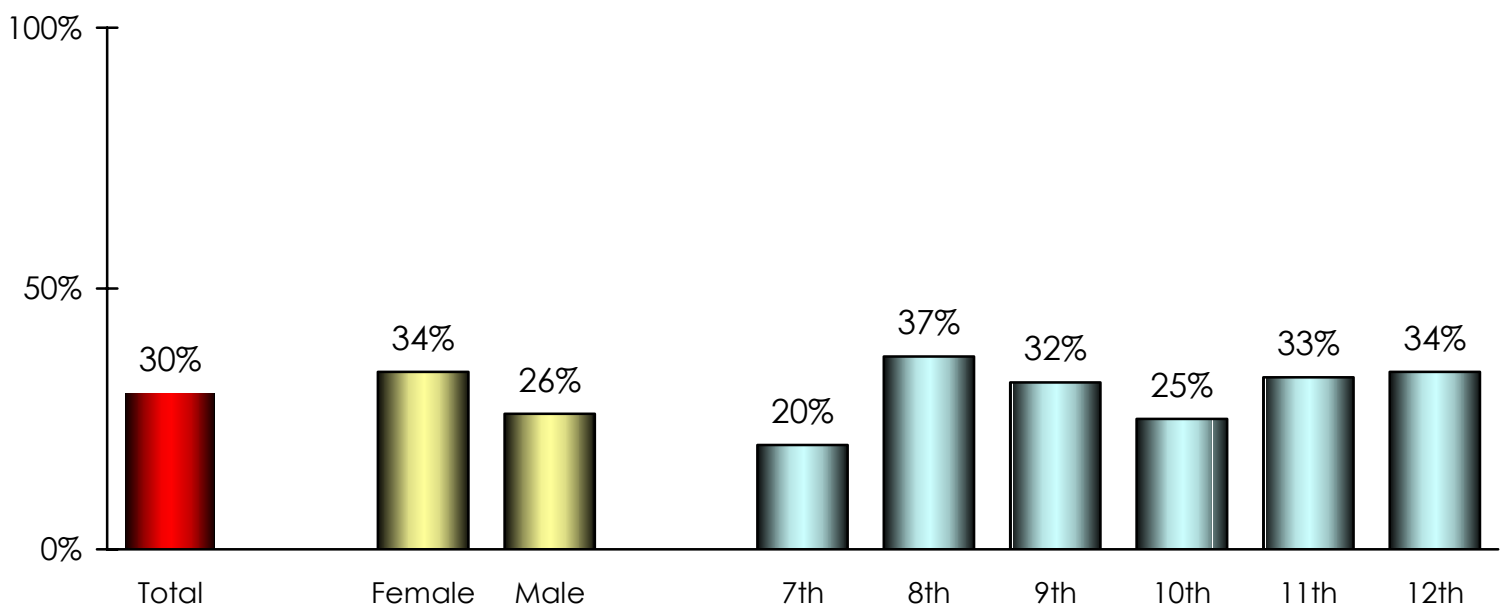
### ■ Obesity

*These questions measure self-perception of and efforts to modify body weight, including behaviors that may lead to eating disorders and other health problems.*

Percentage of students who are overweight, as calculated by Body Mass Index.

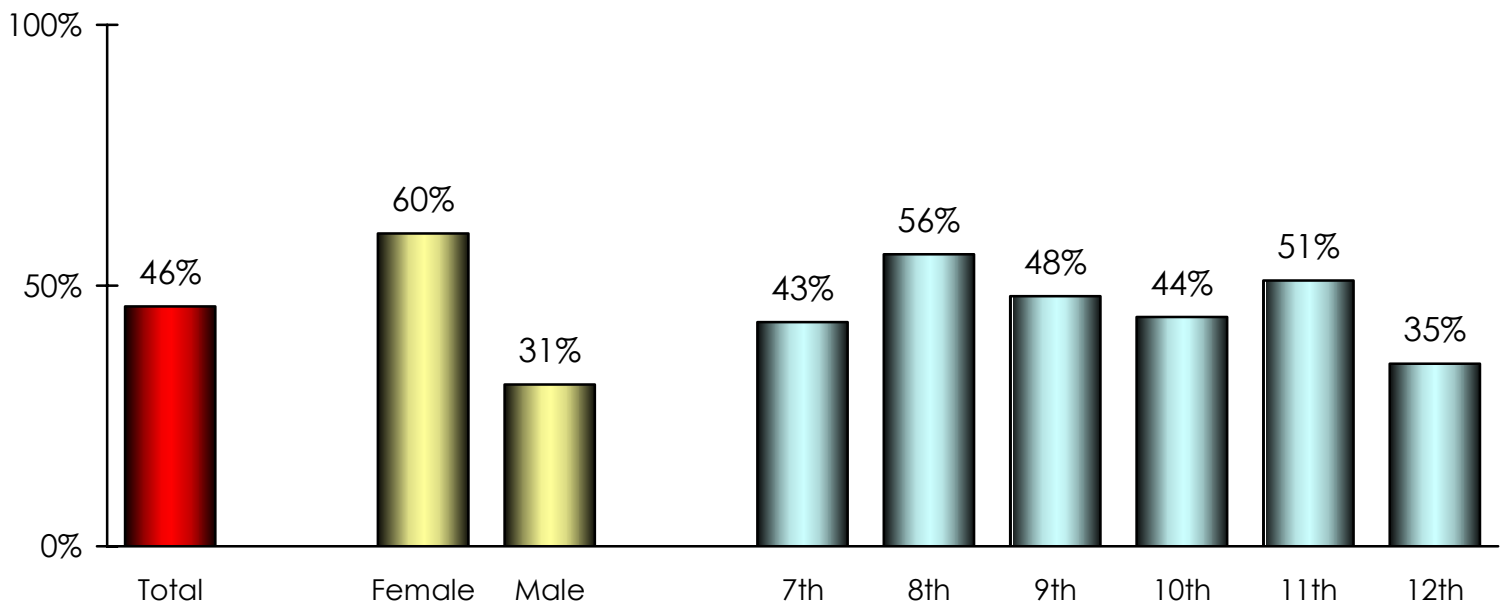


Percentage of students who describe themselves as slightly or very overweight.

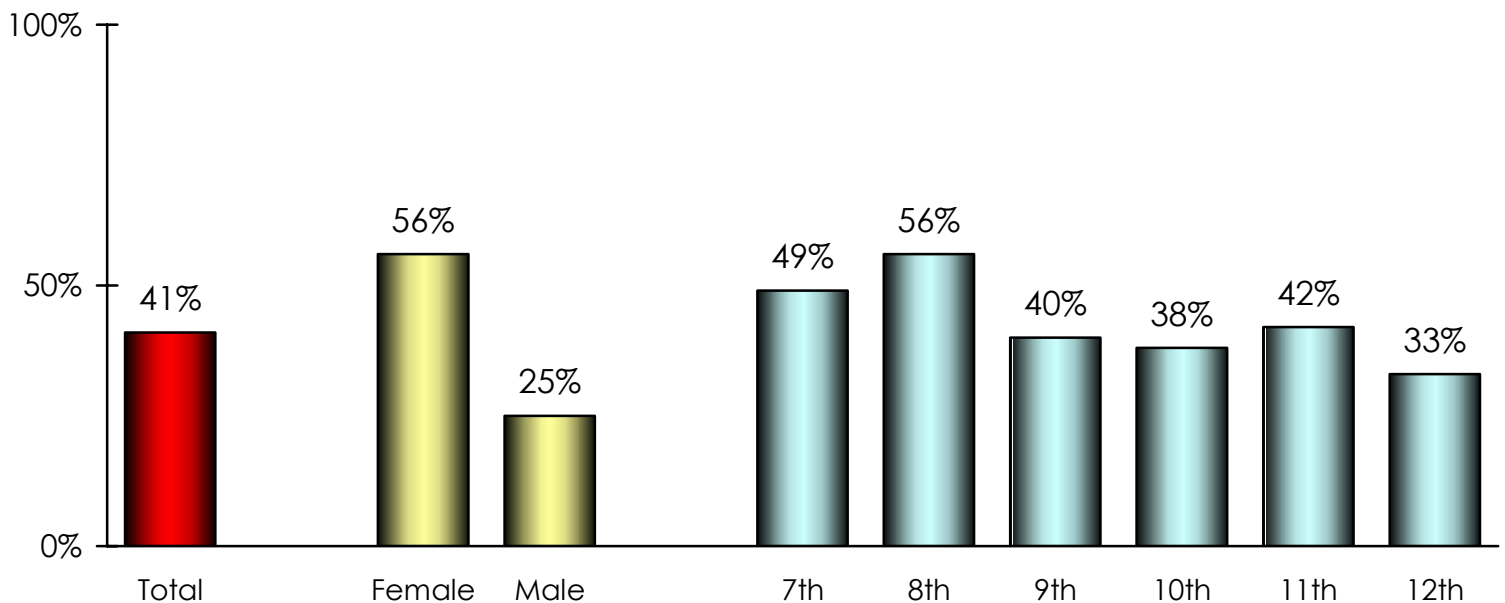


## 2002-2003 Sevier County Youth Risk Behavior Survey

Percentage of students who were trying to lose weight.



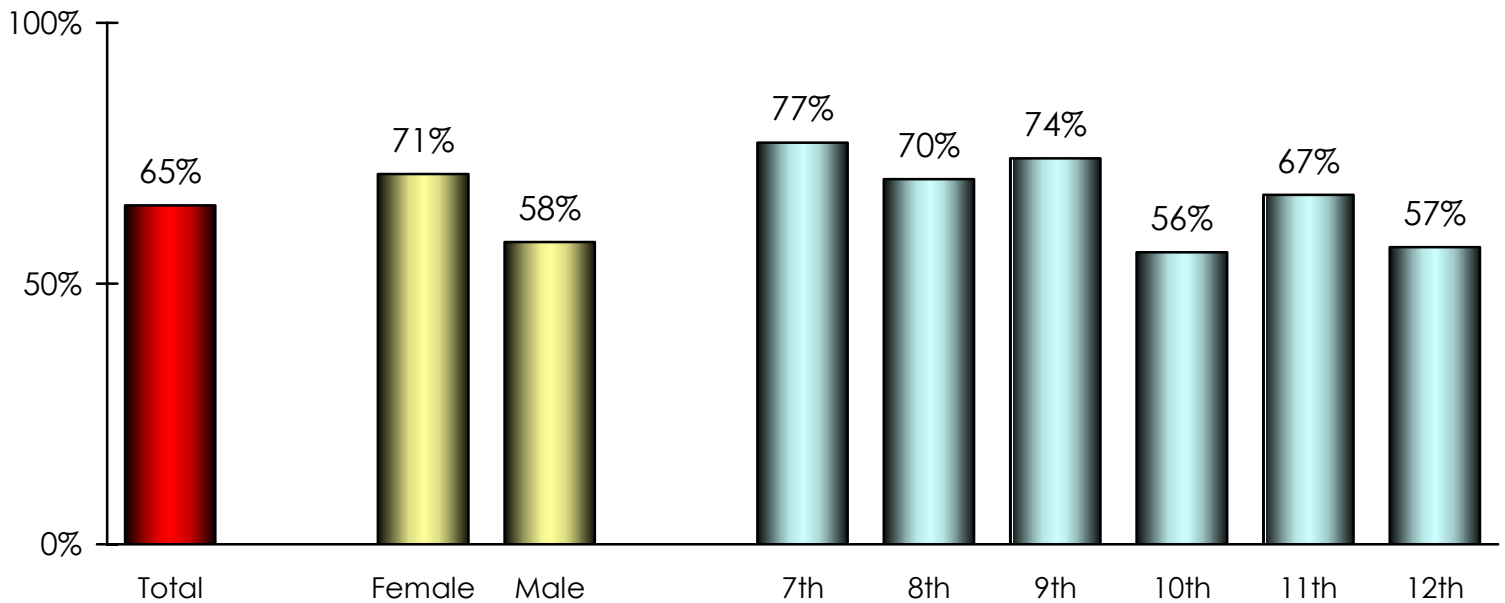
Percentage of students who ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days.



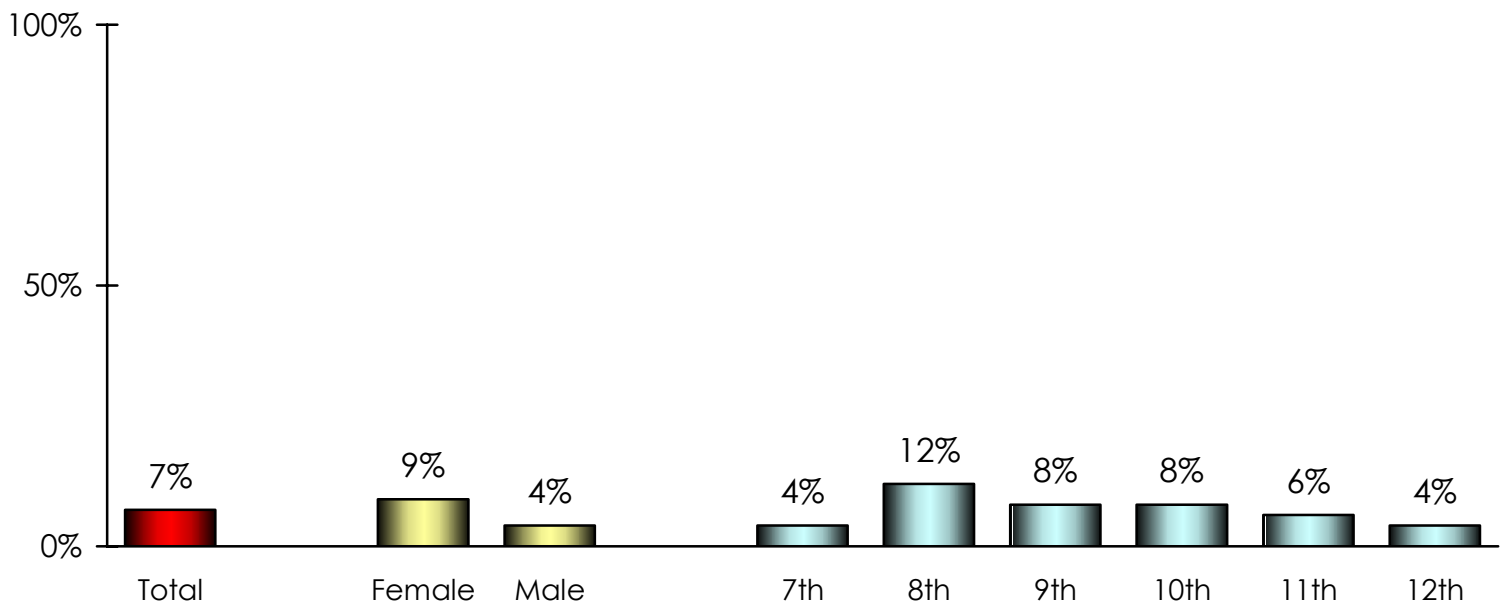


## 2002-2003 Sevier County Youth Risk Behavior Survey

Percentage of students who exercised to lose weight or to keep from gaining weight during the past 30 days.

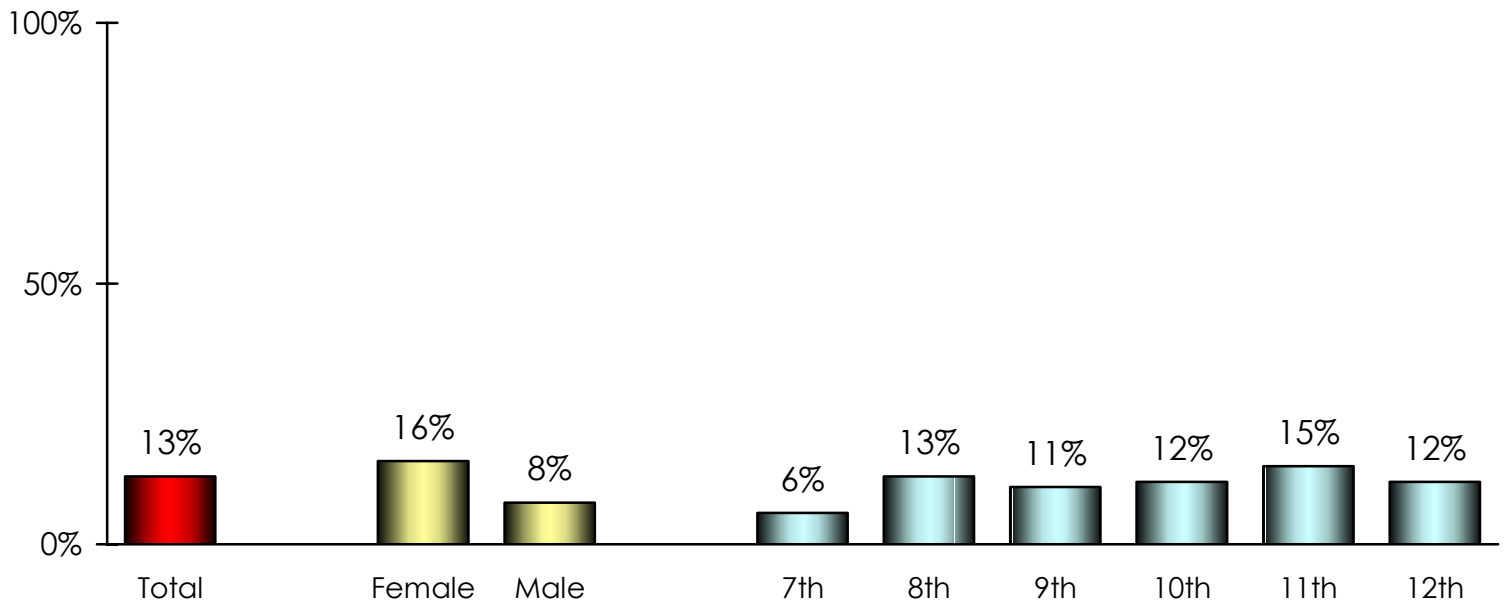


Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days.

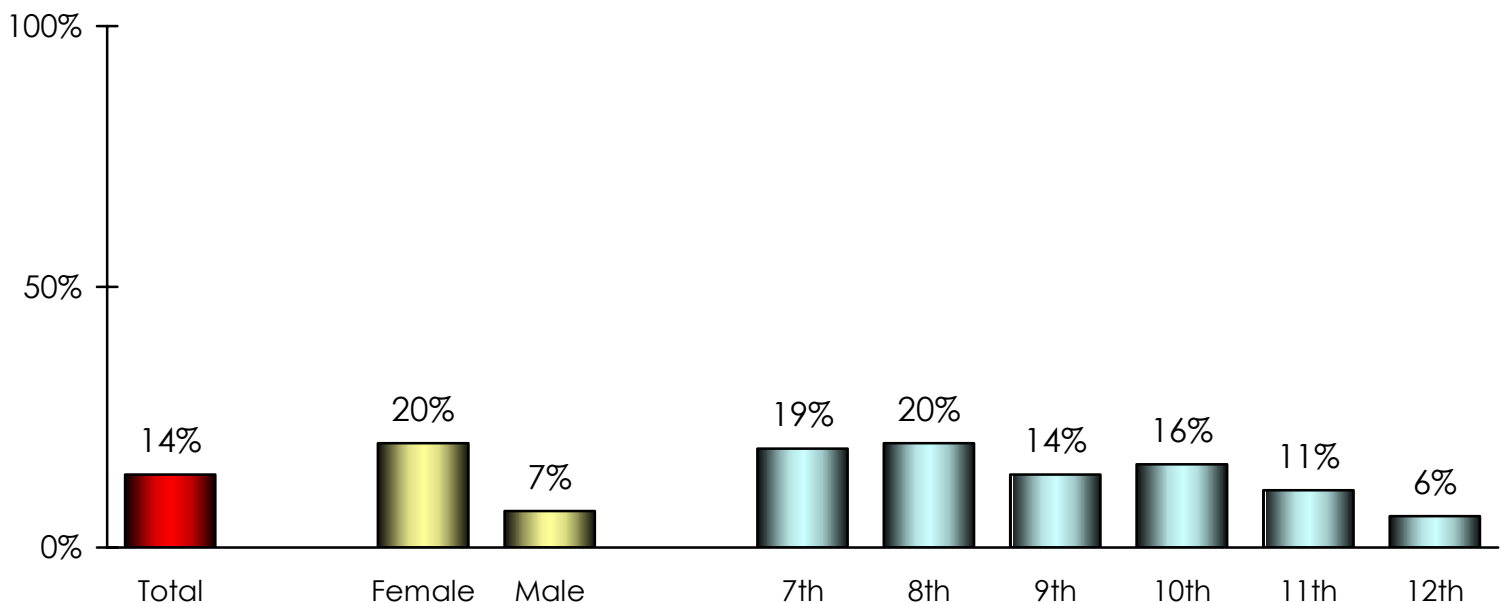


## 2002-2003 Sevier County Youth Risk Behavior Survey

Percentage of students who took diet pills to lose weight or to keep from gaining weight during the past 30 days.



Percentage of students who fasted, or went without eating, for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days.

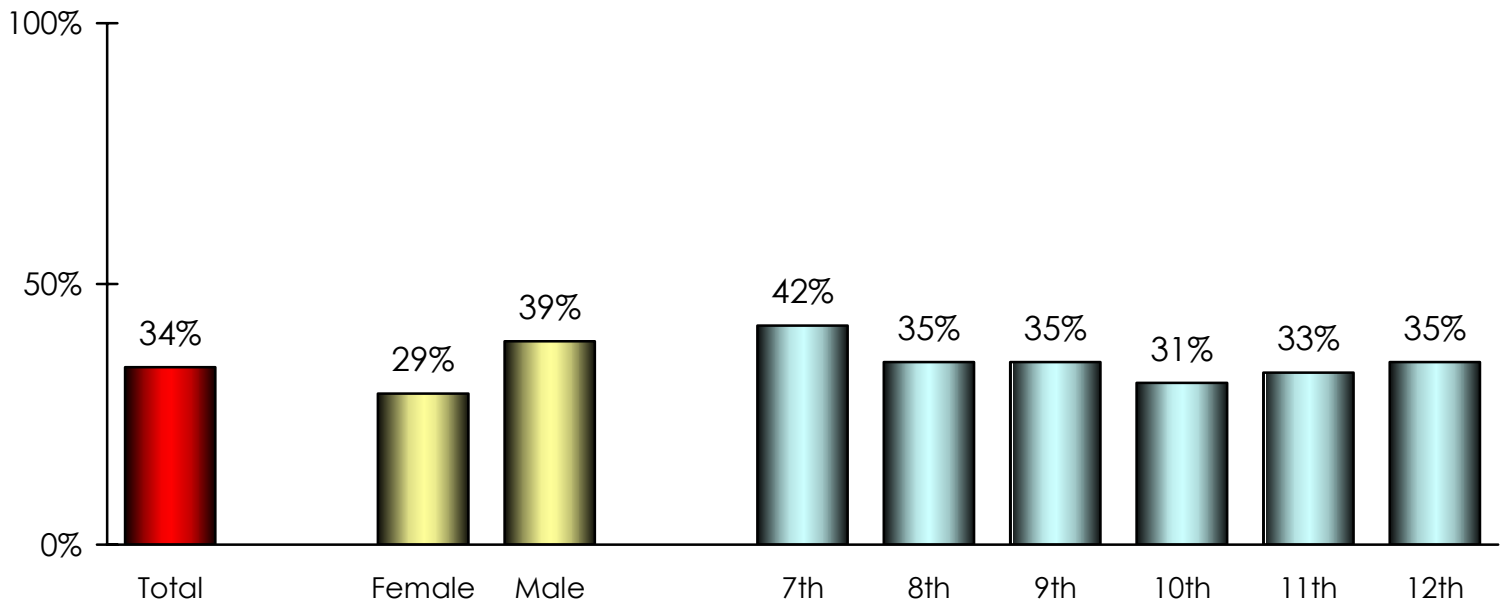


## 2002-2003 Sevier County Youth Risk Behavior Survey

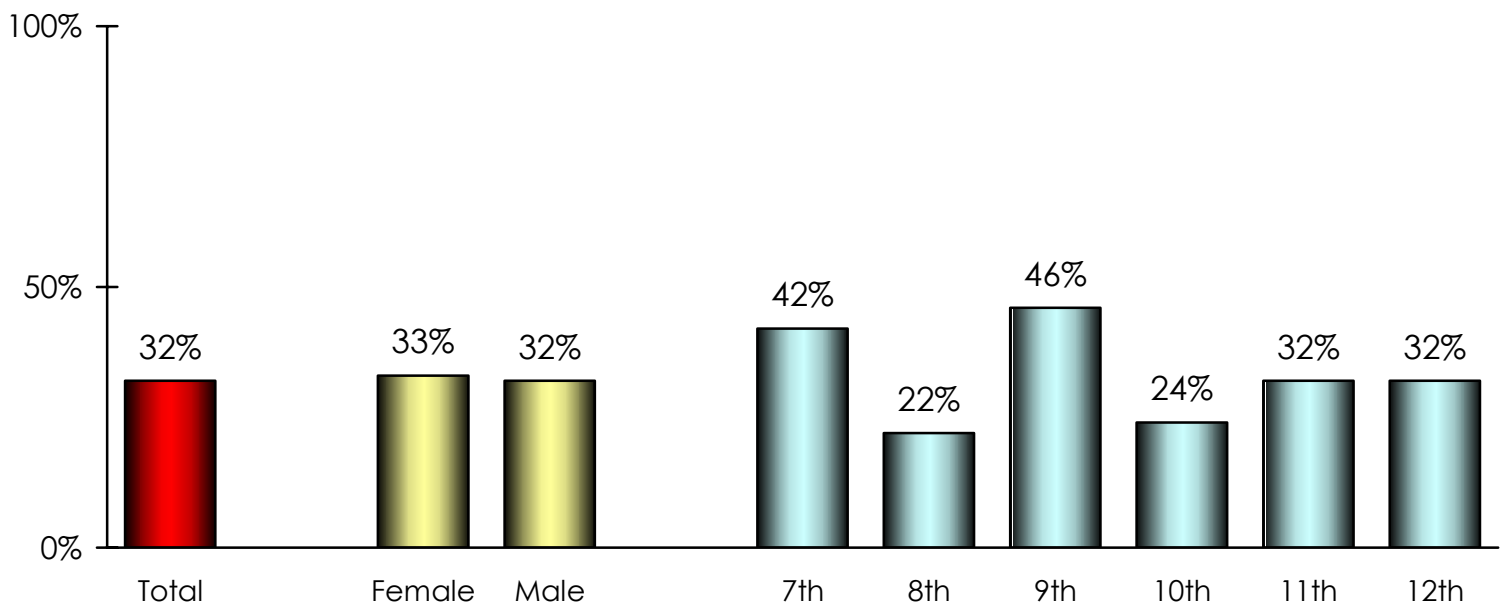
### ■ Nutrition

*These questions measure food choices.*

Percentage of students who ate fruit four or more times during the past 7 days.

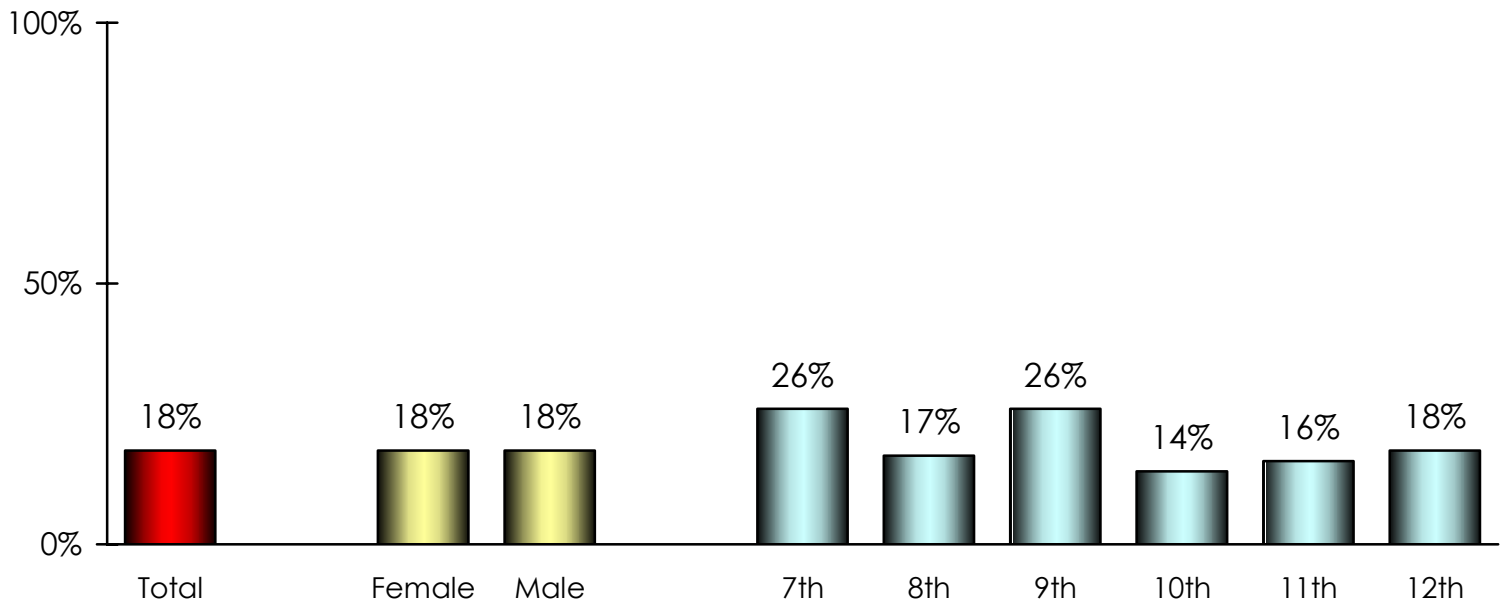


Percentage of students who drank fruit juices four or more times during the past 7 days.

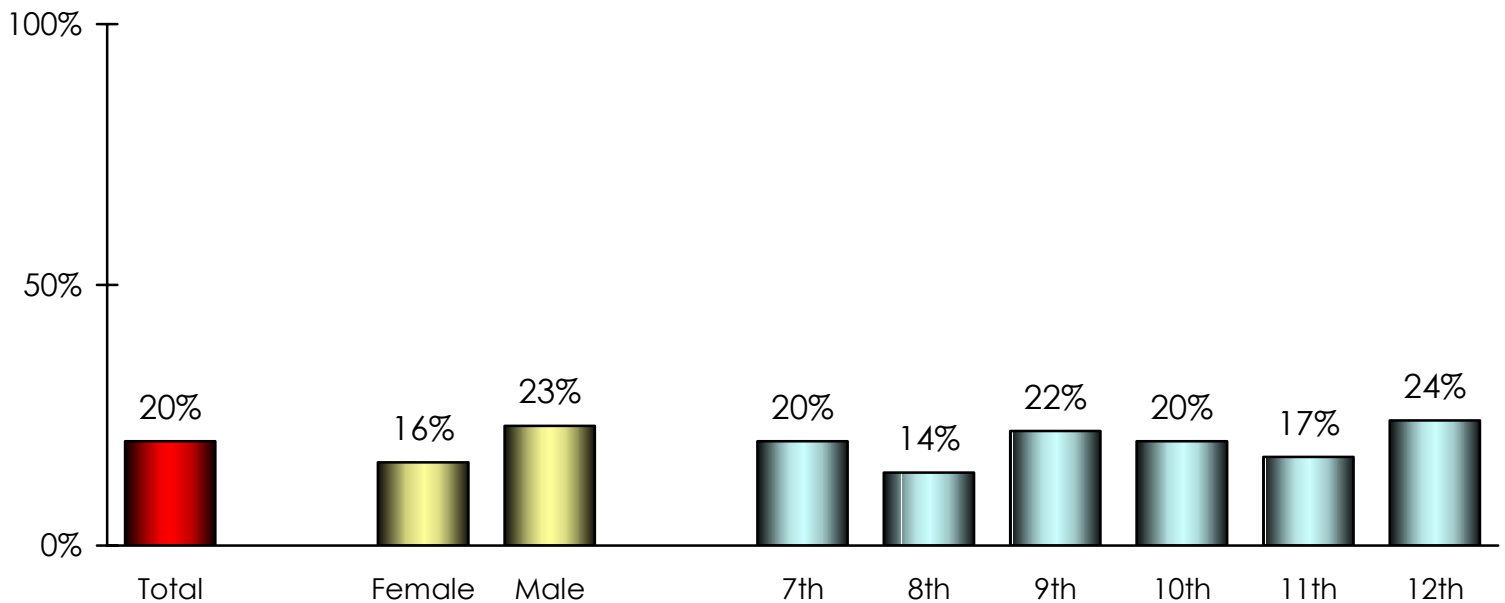


## 2002-2003 Sevier County Youth Risk Behavior Survey

Percentage of students who ate green salad four or more times during the past 30 days.

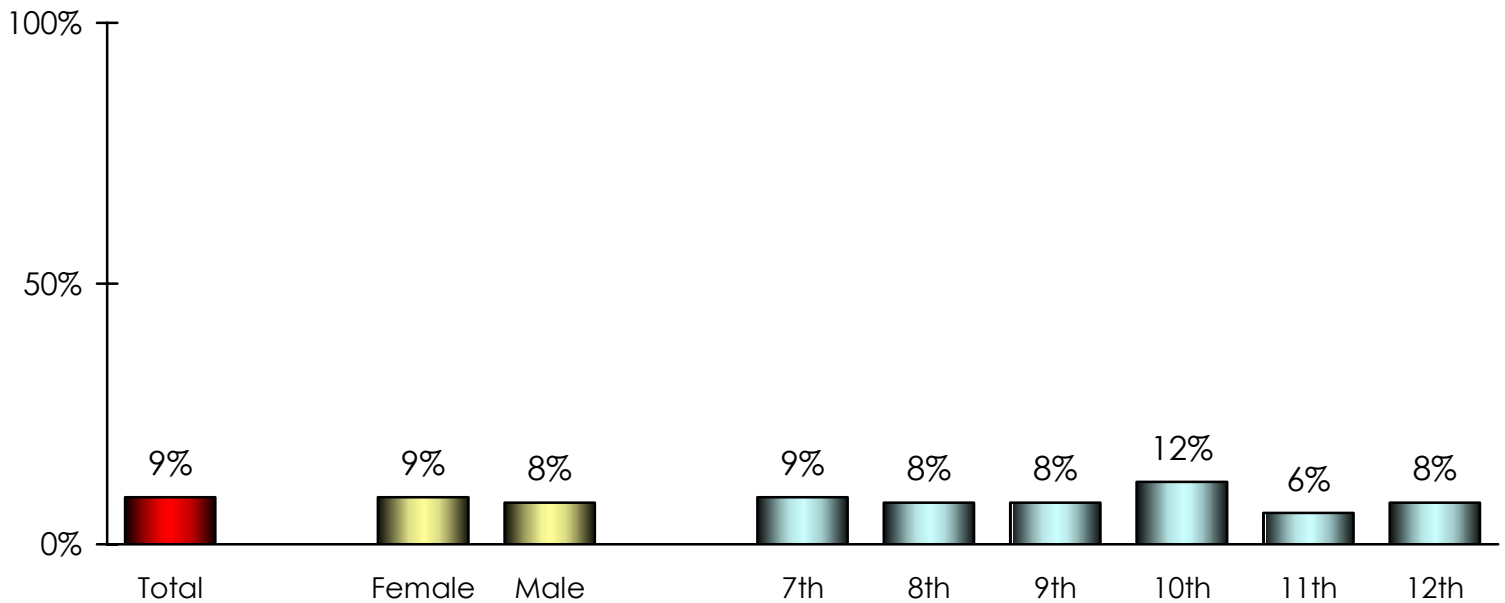


Percentage of students who ate potatoes four or more times during the past 30 days.

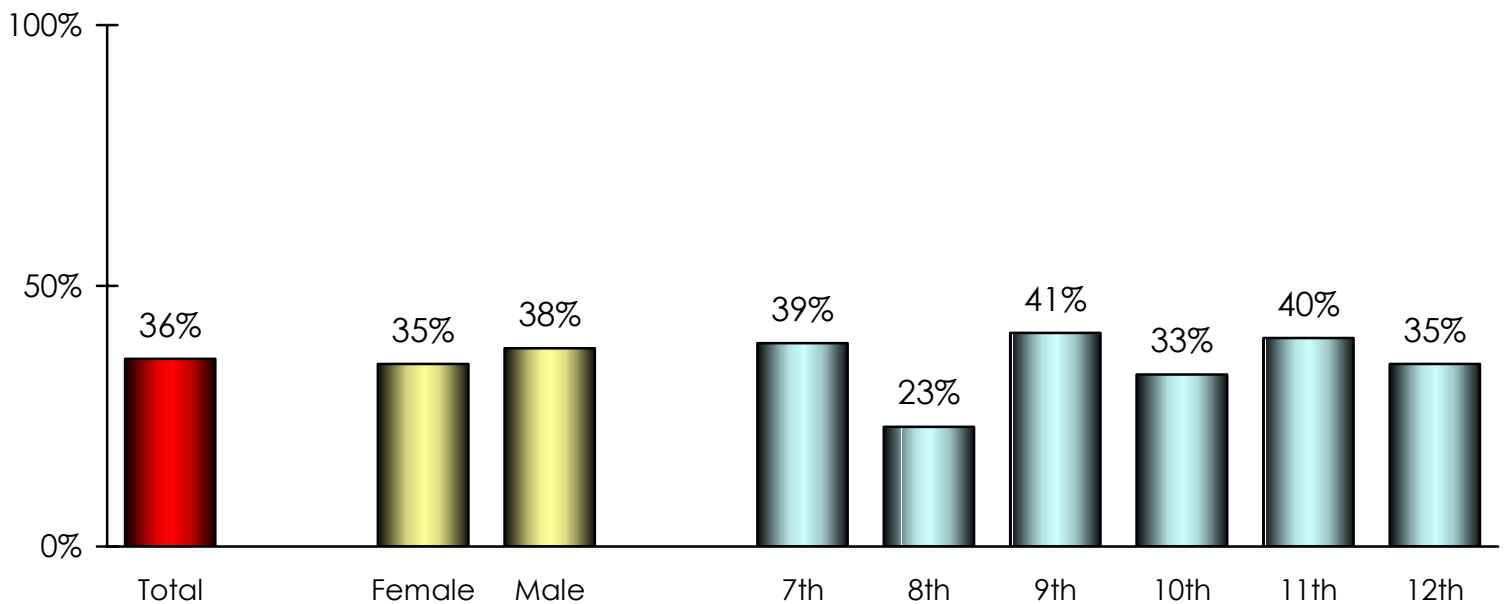


## 2002-2003 Sevier County Youth Risk Behavior Survey

Percentage of students who ate carrots four or more times during the past 7 days.

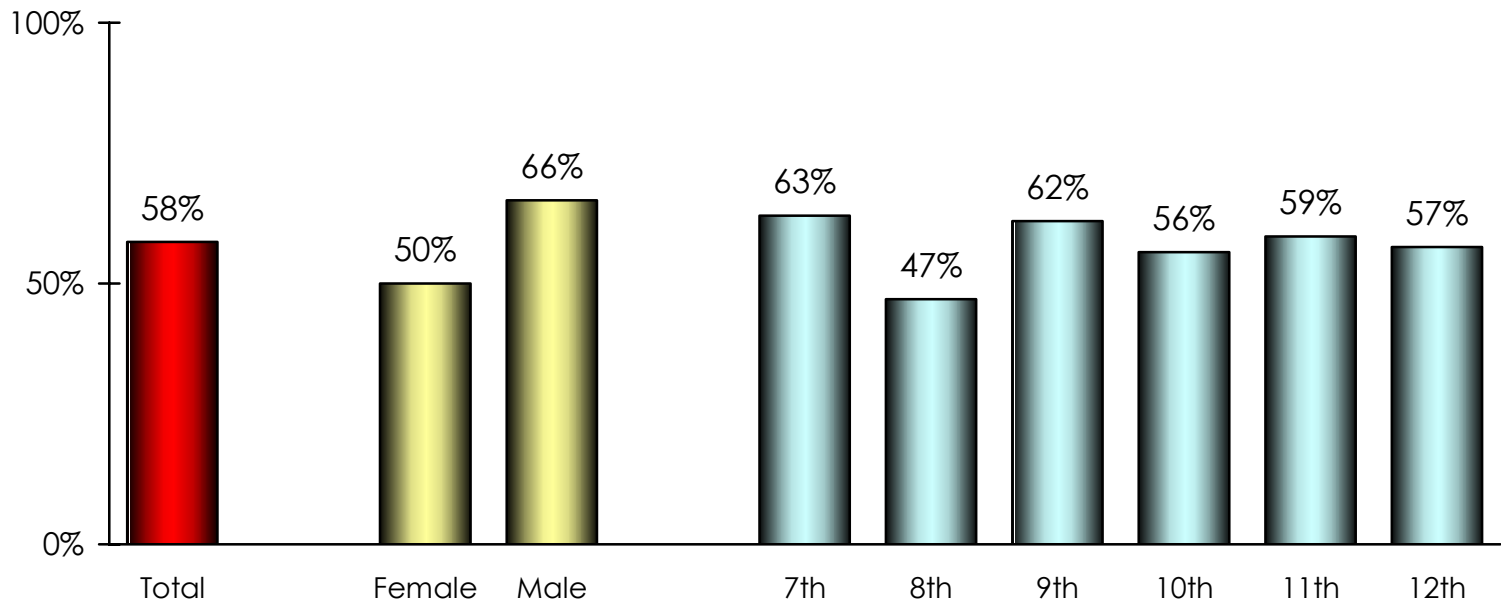


Percentage of students who ate other vegetables four or more times during the past 7 days.



## 2002-2003 Sevier County Youth Risk Behavior Survey

Percentage of students who drank milk four or more times during the past 7 days.

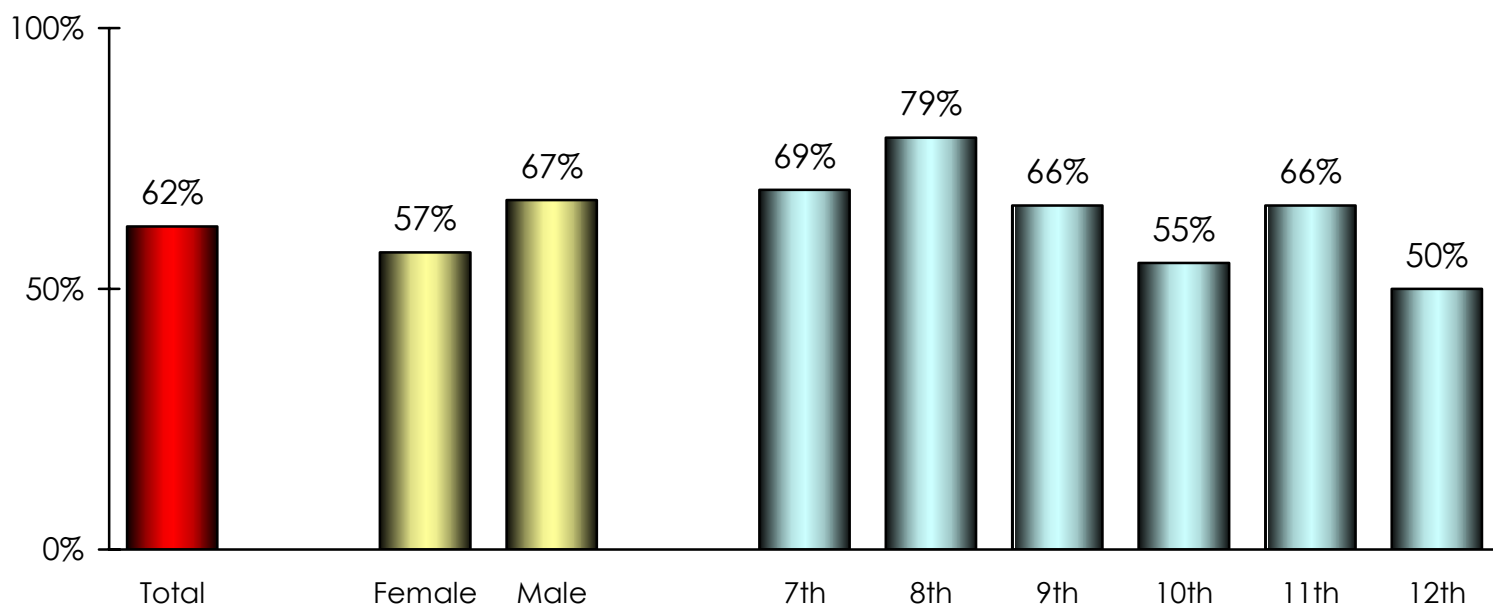


## 2002-2003 Sevier County Youth Risk Behavior Survey

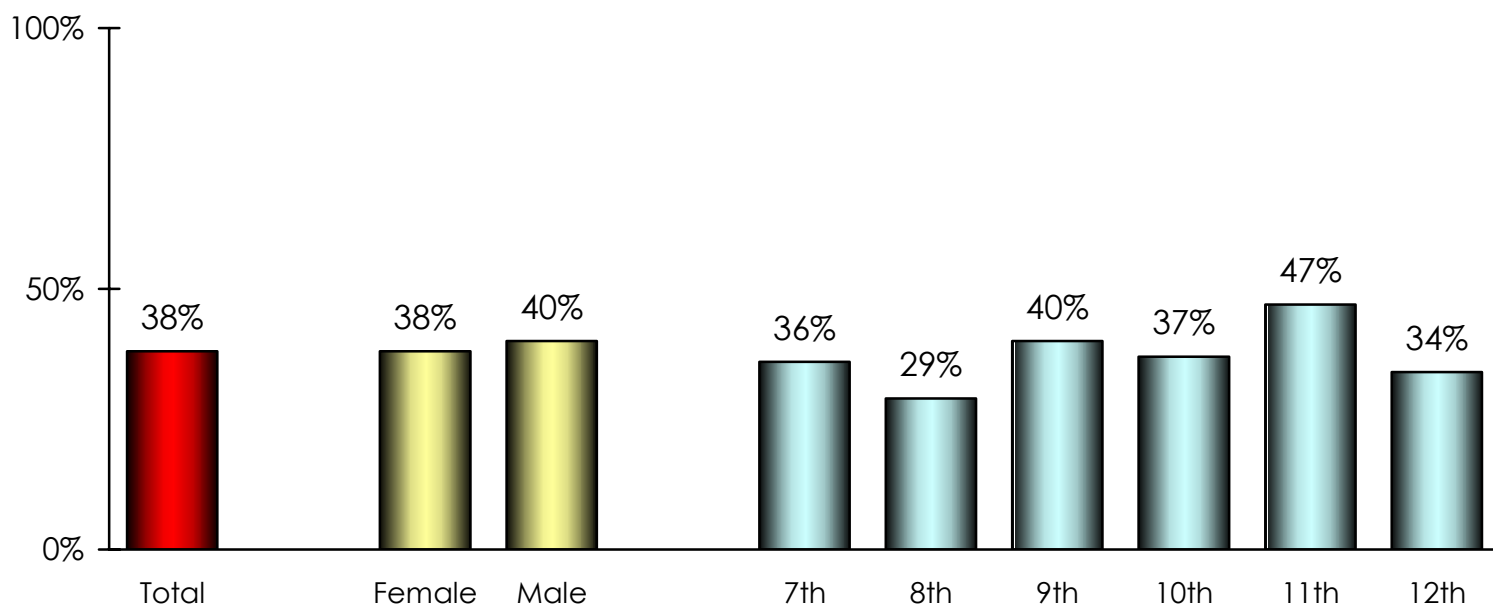
### ■ Physical Activity

*These questions measure students' physical activity, including team sports, physical education class, and sports injuries.*

Percentage of students who participated in a physical activity for at least 30 minutes that made them sweat and breathe hard on 3 or more of the past 7 days.

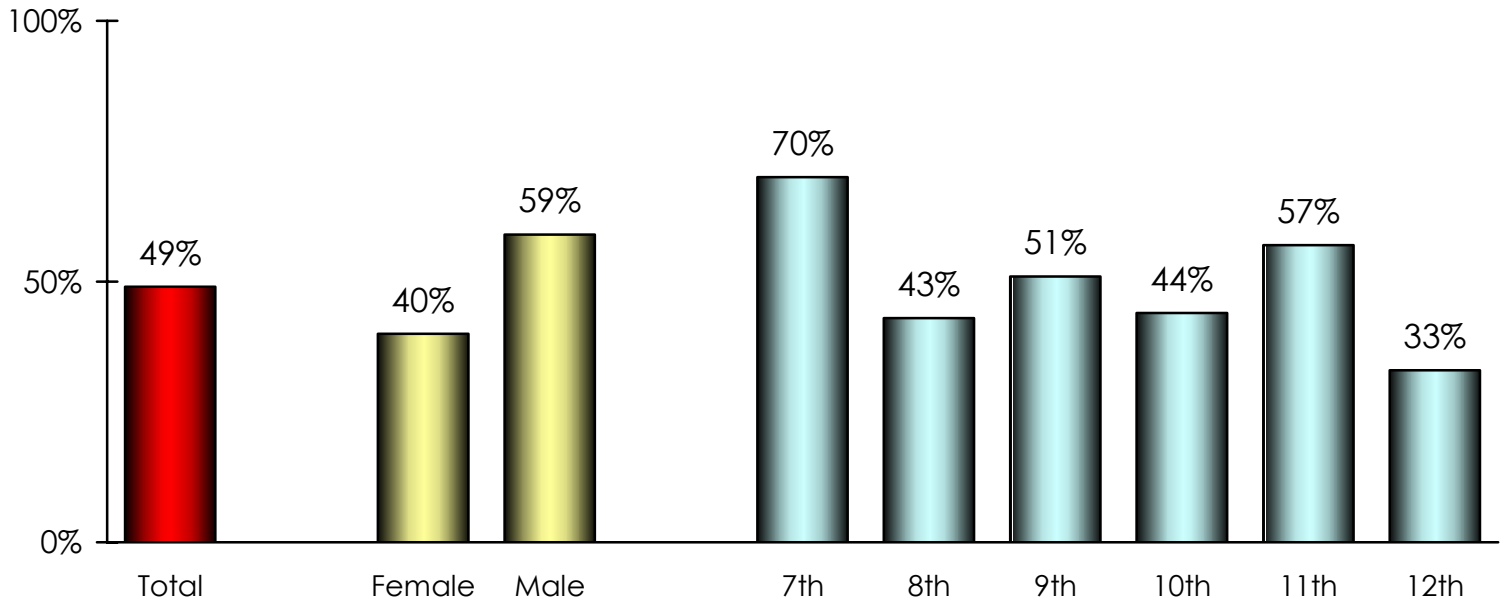


Percentage of students who participated in a physical activity for at least 30 minutes that did not make them sweat or breathe hard 3 or more of the past 7 days.

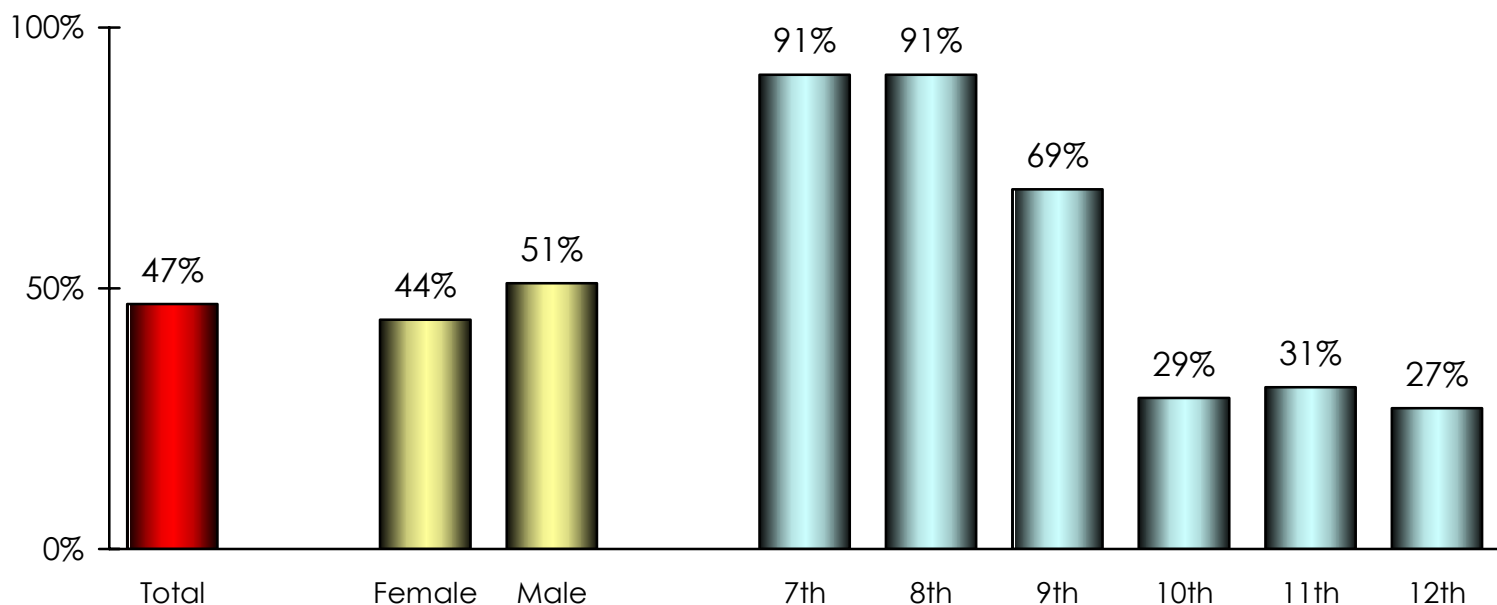


## 2002-2003 Sevier County Youth Risk Behavior Survey

Percentage of students who exercised to strengthen or tone their muscles on three or more of the past seven days.



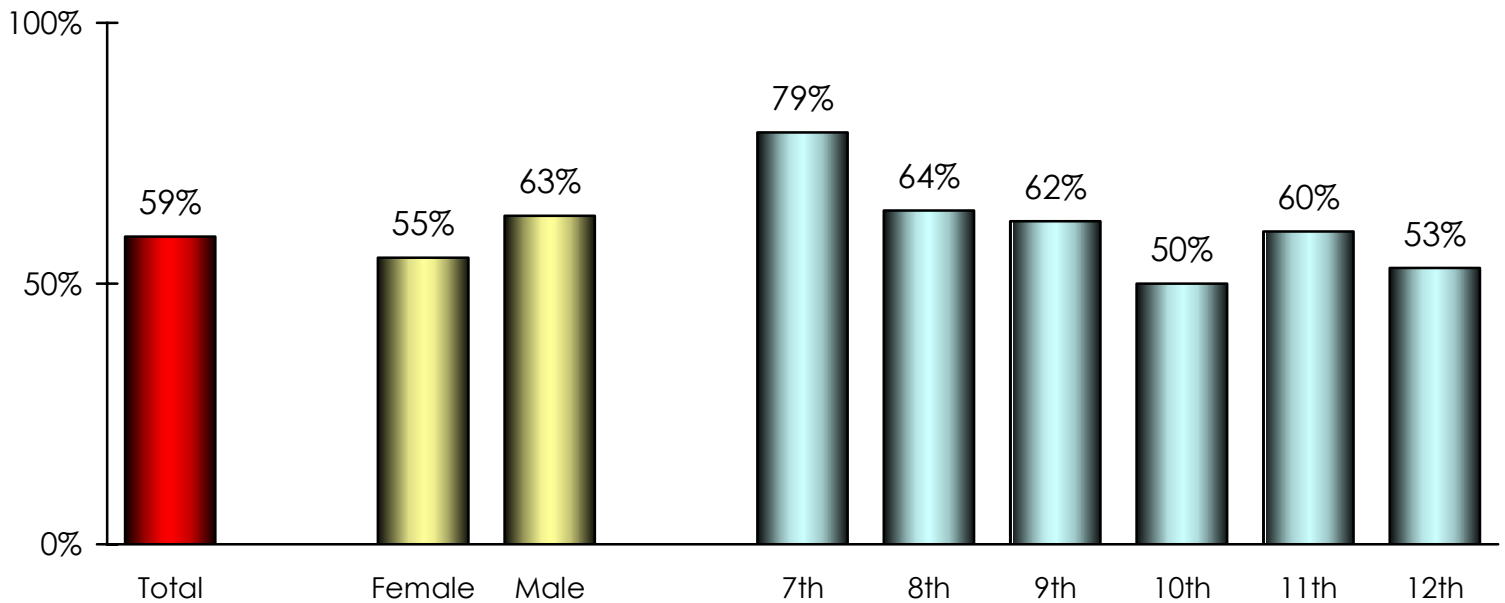
Percentage of students who attended physical education (PE) class one or more days during an average school week.





## 2002-2003 Sevier County Youth Risk Behavior Survey

Percentage of students who played on one or more sports teams during the past 12 months.



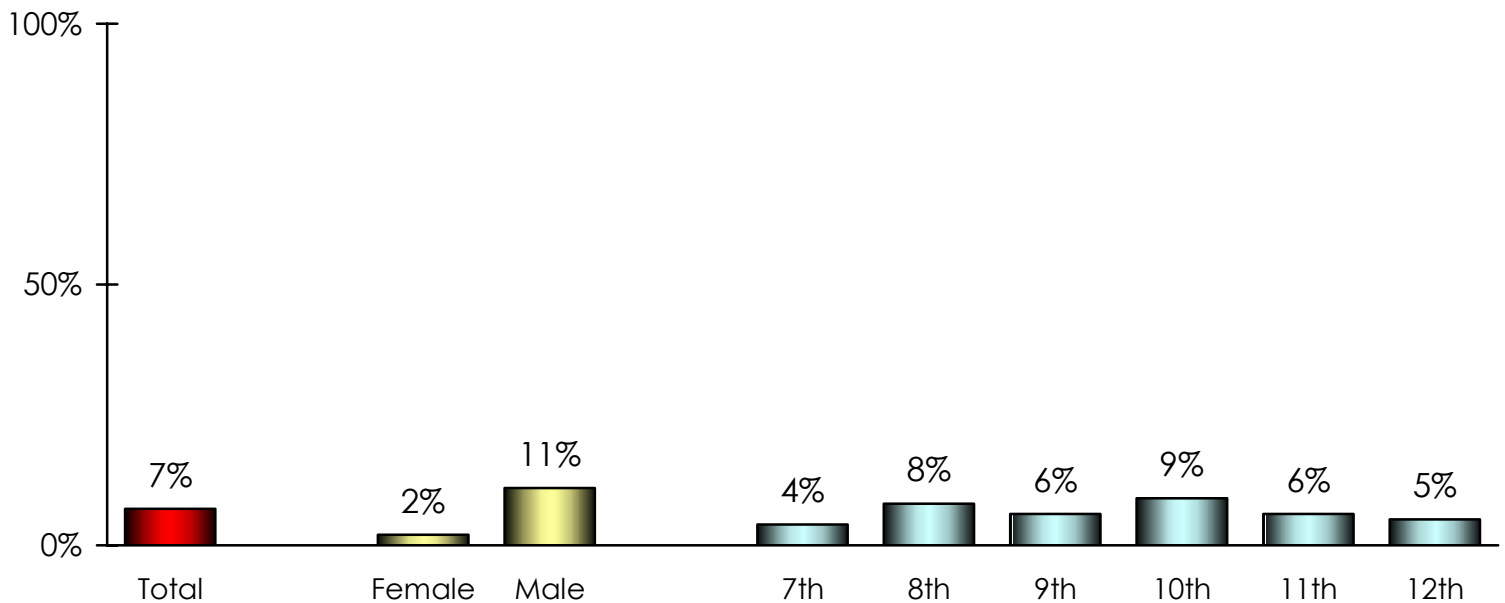
## 2002-2003 Sevier County Youth Risk Behavior Survey

### ■ Violence-Related Behaviors at School

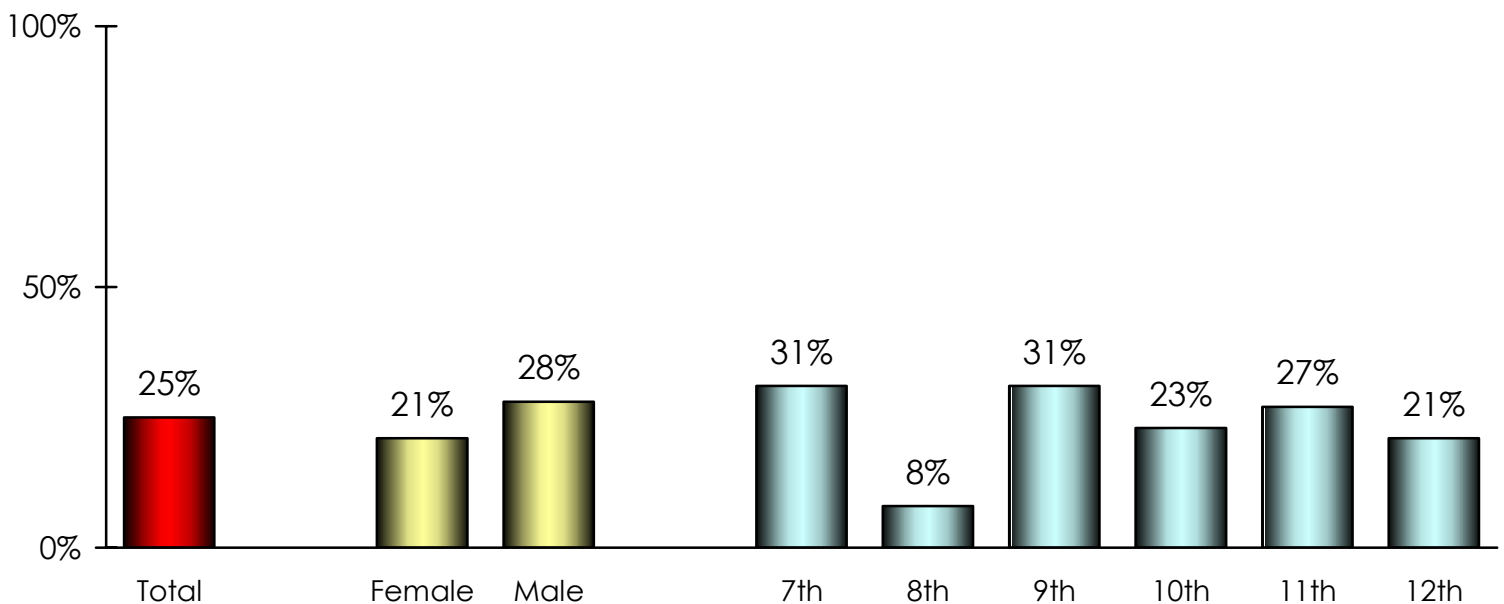
*These questions measure violence related behaviors at school.*

Percentage of students who carried a weapon\* on school property on one or more of the past 30 days.

\*Such as a gun, knife, or club.

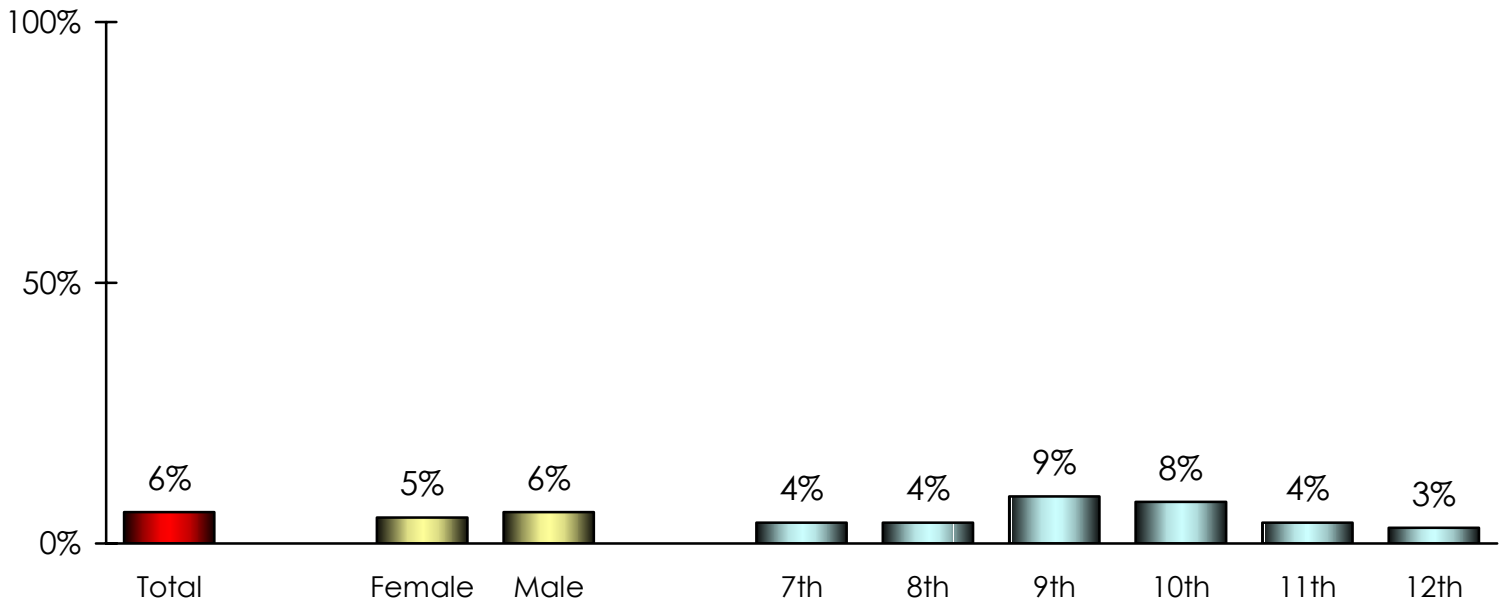


Percentage of students who have had their property stolen or deliberately damaged during the past 12 months?

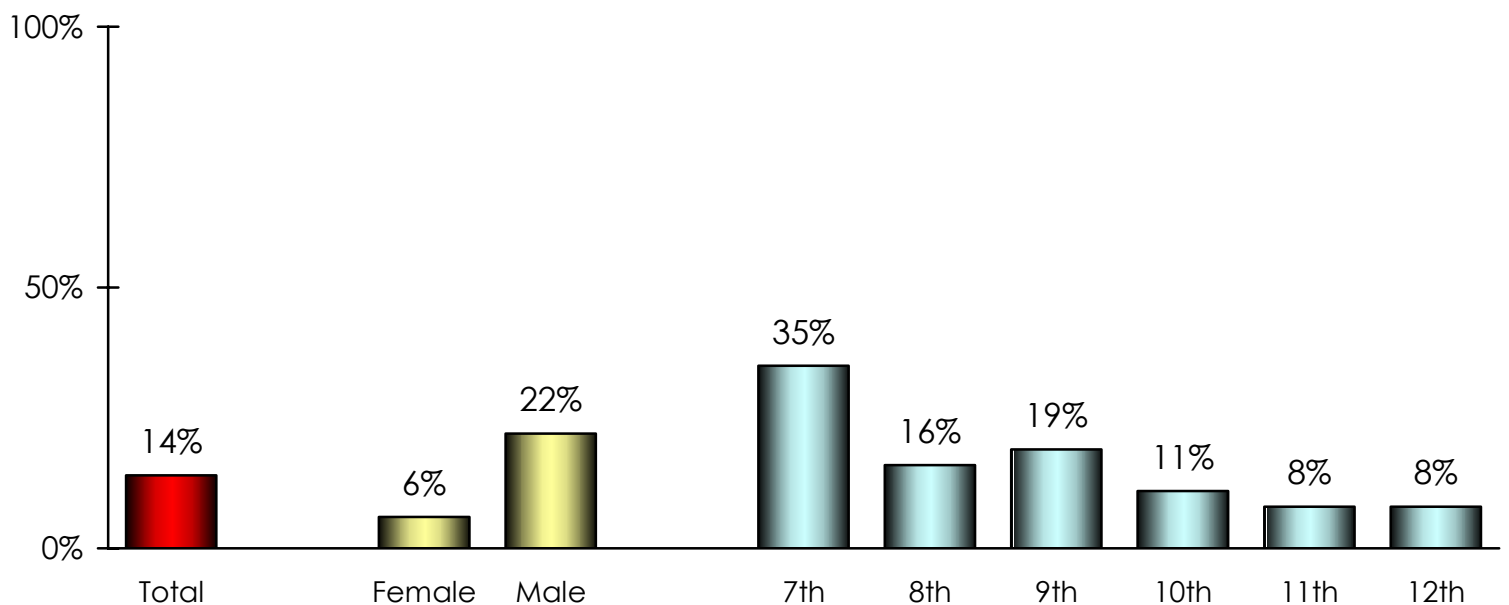


## 2002-2003 Sevier County Youth Risk Behavior Survey

Percentage of students who had been threatened or injured with a weapon on school property one or more times during the past 12 months.



Percentage of students who were in a physical fight on school property one or more times during the past 12 months.

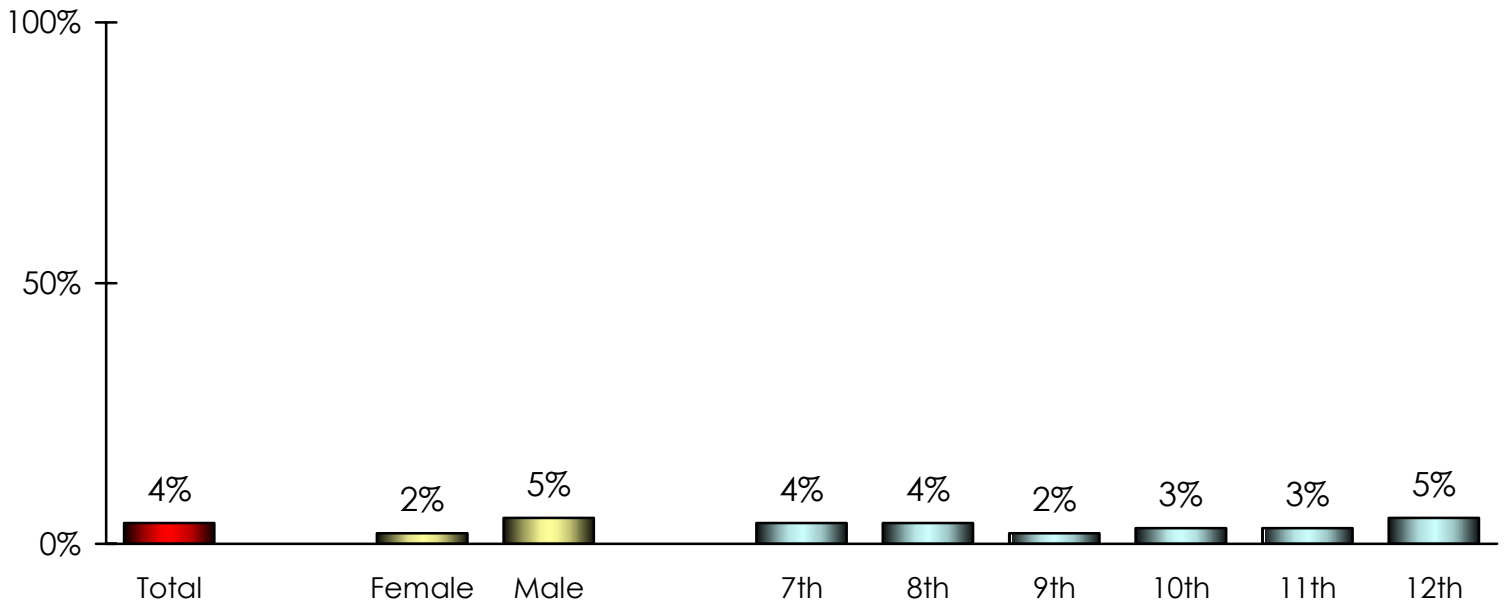


## 2002-2003 Sevier County Youth Risk Behavior Survey

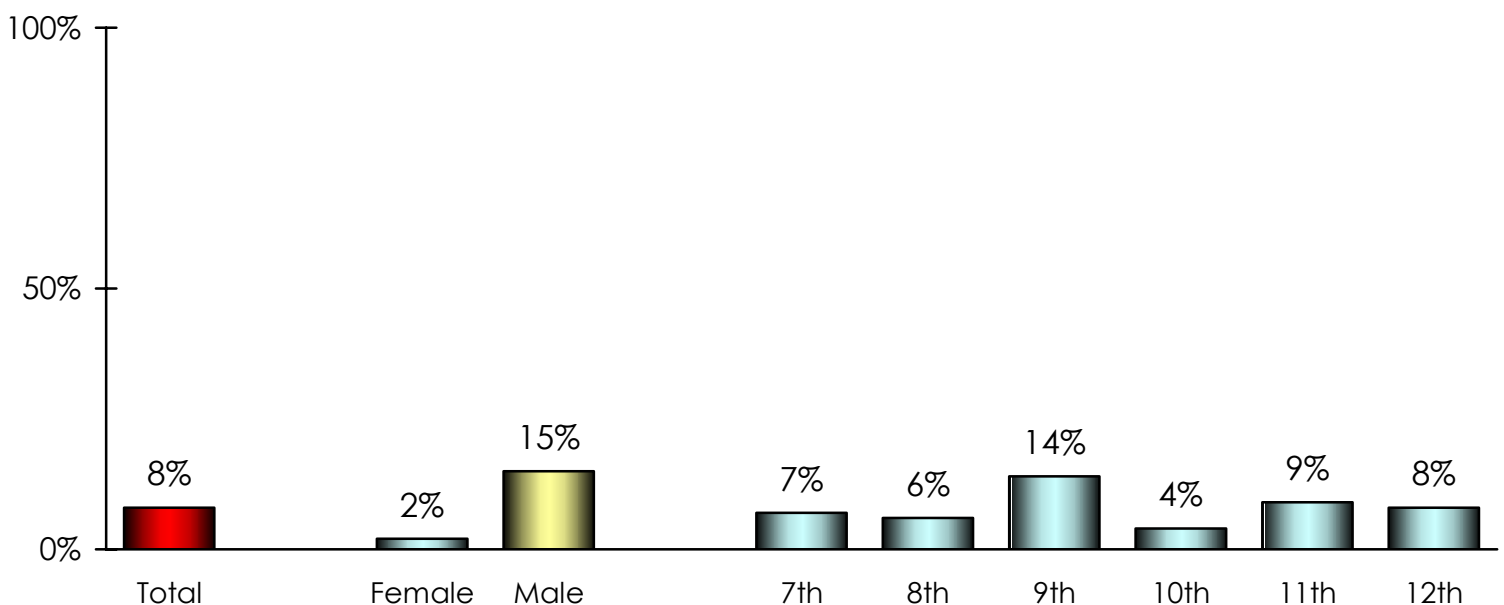
### ■ Tobacco Use at School

*These questions measure tobacco use on school property.*

Percentage of students who smoked cigarettes on school property on one or more of the past 30 days.



Percentage of students who used chewing tobacco or snuff on school property on one or more of the past 30 days

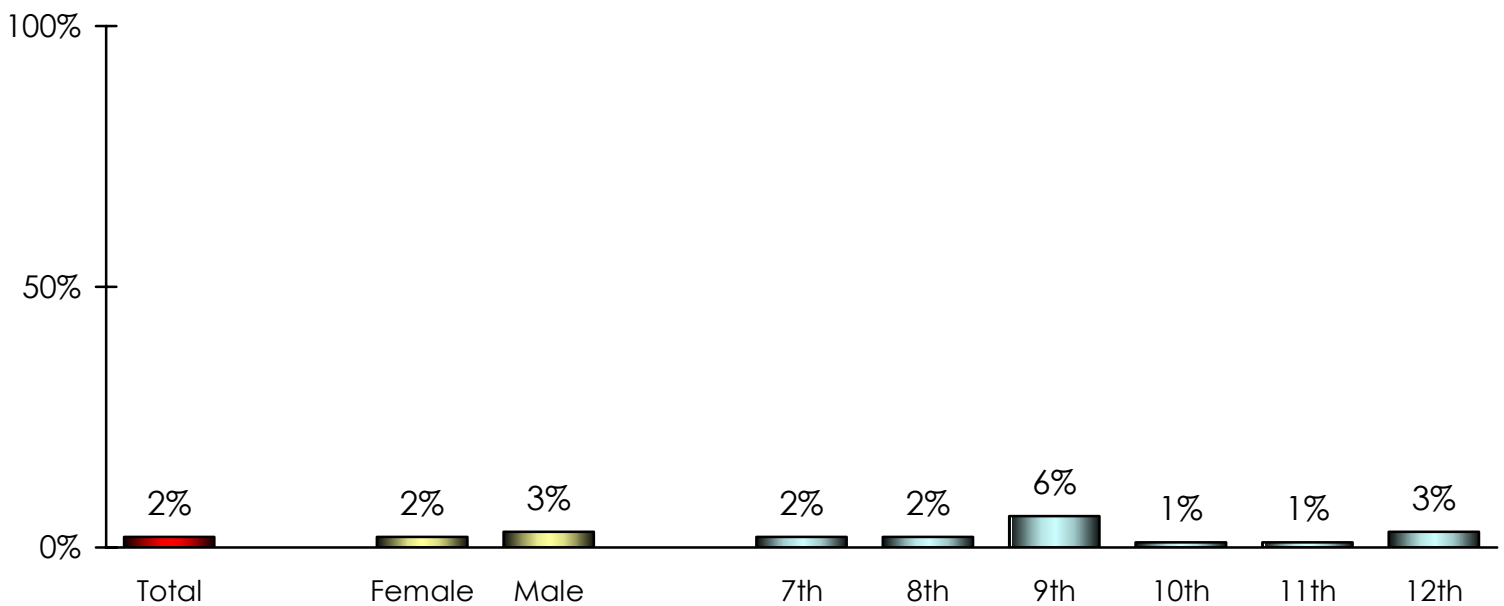


## 2002-2003 Sevier County Youth Risk Behavior Survey

### ■ Alcohol Use at School

*This question measures alcohol use on school property.*

Percentage of students who had at least one drink of alcohol on school property on one or more of the past 30 days.

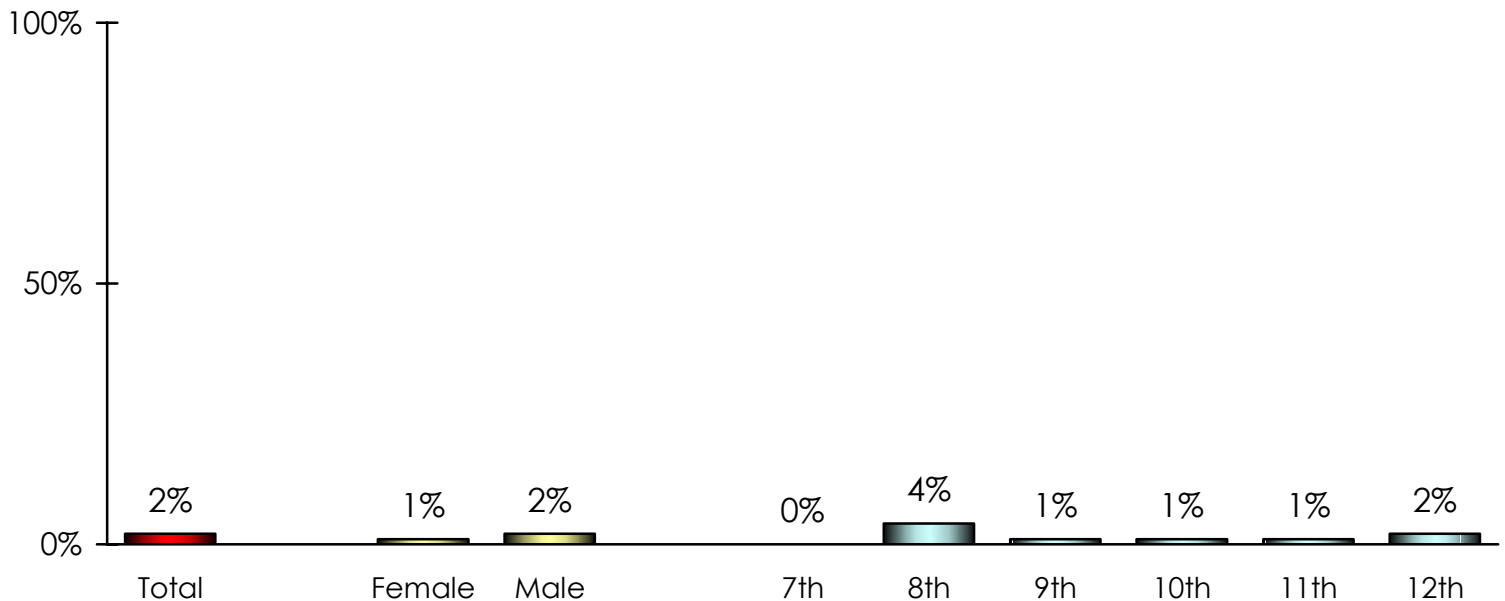


## 2002-2003 Sevier County Youth Risk Behavior Survey

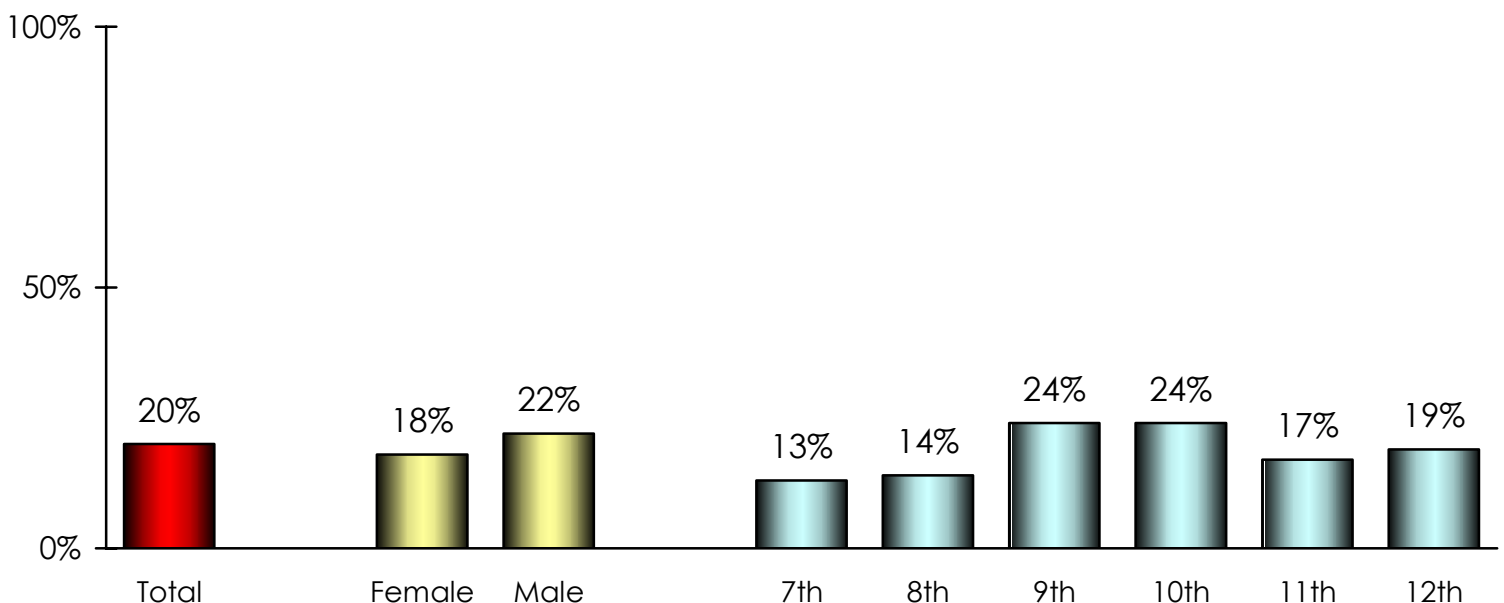
### ■ Drug Use at School

*These questions measure drug use and availability on school property.*

Percentage of students who used marijuana on school property on one or more of the past 30 days.



Percentage of students who had someone offer, sell, or give them an illegal drug on school property during the past 12 months.



## 2002-2003 Sevier County Youth Risk Behavior Survey

### Sevier County 2003 YRBS Results

1. How old are you?		
	Number of Students	Percent of Total
12 OR YOUNGER	13	2.15
13	44	7.27
14	70	11.57
15	96	15.87
16	147	24.30
17	148	24.46
18 OR OLDER	87	14.38

Frequency Missing = 1

2. What is your sex?		
	Number of Students	Percent of Total
FEMALE	312	51.66
MALE	292	48.34

Frequency Missing = 2

## 2002-2003 Sevier County Youth Risk Behavior Survey

3. In what grade are you?		
	Number of Students	Percent of Total
7TH	54	8.99
8TH	49	8.15
9TH	102	16.97
10TH	142	23.63
11TH	157	26.12
12TH	97	16.14

Frequency Missing = 5

7. During the past 12 months, how would you describe your grades in school?		
	Number of Students	Percent of Total
MOSTLY A's	163	27.21
MOSTLY B's	207	34.56
MOSTLY C's	134	22.37
MOSTLY D's	38	6.34
MOSTLY F's	4	0.67
NONE OF THE ABOVE	4	0.67
NOT SURE	49	8.18

Frequency Missing = 7



## 2002-2003 Sevier County Youth Risk Behavior Survey

8. When you rode a bicycle during the past 12 months, how often did you wear a helmet?		
	Number of Students	Percent of Total
DID NOT RIDE	327	54.32
NEVER WORE	242	40.20
RARELY WORE	7	1.16
SOMETIMES WORE	12	1.99
WORE MOST OF THE TIME	10	1.66
ALWAYS WORE	4	0.66

Frequency Missing = 4

9. How often do you wear a seat belt when riding in a car driven by someone else?		
	Number of Students	Percent of Total
NEVER	41	6.83
RARELY	89	14.83
SOMETIMES	130	21.67
MOST OF THE TIME	182	30.33
ALWAYS	158	26.33

Frequency Missing = 6

## 2002-2003 Sevier County Youth Risk Behavior Survey

10. During the past 30 days,  
how many times did you ride  
in a car or other  
vehicle driven by someone who  
had been drinking alcohol?

	Number of Students	Percent of Total
0 TIMES	427	70.46
1 TIME	60	9.90
2-3 TIMES	60	9.90
4-5 TIMES	18	2.97
6+ TIMES	41	6.77

11. During the past 30 days,  
how many times did you drive  
a car or other  
vehicle when you had been drinking  
alcohol?

	Number of Students	Percent of Total
0 TIMES	504	84.85
1 TIME	40	6.73
2-3 TIMES	27	4.55
4-5 TIMES	8	1.35
6+ TIMES	15	2.53

Frequency Missing = 12

## 2002-2003 Sevier County Youth Risk Behavior Survey

12. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?		
	Number of Students	Percent of Total
0 TIMES	456	78.35
1 TIME	18	3.09
2-3 TIMES	27	4.64
4-5 TIMES	13	2.23
6+ TIMES	68	11.68

Frequency Missing = 24

13. During the past 30 days, on how many days did you carry a gun?		
	Number of Students	Percent of Total
0 TIMES	545	91.44
1 TIME	9	1.51
2-3 TIMES	11	1.85
4-5 TIMES	3	0.50
6+ TIMES	28	4.70

Frequency Missing = 10

## 2002-2003 Sevier County Youth Risk Behavior Survey

14. During the past 30 days,  
on how many days did you carry  
a weapon such  
as a gun, knife, or club on  
school property?

	Number of Students	Percent of Total
0 TIMES	557	93.14
1 TIME	14	2.34
2-3 TIMES	6	1.00
4-5 TIMES	2	0.33
6+ TIMES	19	3.18

Frequency Missing = 8

15. During the past 30 days,  
on how many days did you not  
go to school because  
you felt you would  
be unsafe at school or on your  
way to or from school?

	Number of Students	Percent of Total
0 TIMES	578	95.70
1 TIME	13	2.15
2-3 TIMES	9	1.49
6+ TIMES	4	0.66

Frequency Missing = 2

## 2002-2003 Sevier County Youth Risk Behavior Survey

16. During the past 12 months,  
how many times has someone threatened  
or injured you  
with a weapon such as a gun, knife,  
or club on school property?

	Number of Students	Percent of Total
0 TIMES	571	94.38
1 TIME	13	2.15
2-3 TIMES	13	2.15
4-5 TIMES	3	0.50
6-7 TIMES	2	0.33
12+ TIMES	3	0.50

Frequency Missing = 1

## 2002-2003 Sevier County Youth Risk Behavior Survey

17. During the past 12 months, how many times has someone stolen or deliberately damaged your property?		
	Number of Students	Percent of Total
0 TIMES	456	75.37
1 TIME	78	12.89
2-3 TIMES	47	7.77
4-5 TIMES	10	1.65
6-7 TIMES	4	0.66
8-9 TIMES	3	0.50
12+ TIMES	7	1.16

Frequency Missing = 1

18. During the past 12 months, how many times were you in a physical fight?		
	Number of Students	Percent of Total
0 TIMES	425	71.79
1 TIME	76	12.84
2-3 TIMES	52	8.78
4-5 TIMES	16	2.70
6-7 TIMES	6	1.01
8-9 TIMES	3	0.51
10-11 TIMES	3	0.51
12+ TIMES	11	1.86

Frequency Missing = 14

## 2002-2003 Sevier County Youth Risk Behavior Survey

19. During the past 12 months,  
how many times were you in a  
physical fight in  
which you were injured  
and had to be treated by a doctor  
or nurse?

	Number of Students	Percent of Total
0 TIMES	576	96.81
1 TIME	17	2.86
2-3 TIMES	2	0.34

Frequency Missing = 11

20. During the past 12 months,  
how many times were you in a physical  
fight on school property?

	Number of Students	Percent of Total
0 TIMES	522	86.14
1 TIME	52	8.58
2-3 TIMES	24	3.96
4-5 TIMES	3	0.50
6-7 TIMES	3	0.50
8-9 TIMES	1	0.17
12+ TIMES	1	0.17

## 2002-2003 Sevier County Youth Risk Behavior Survey

21. During the past 12 months, did your boyfriend or girlfriend ever hit, slap, or physically hurt you on purpose?

	Number of Students	Percent of Total
YES	56	9.36
NO	542	90.64

Frequency Missing = 8

22. Have you ever been forced to have sexual intercourse when you did not want to?

	Number of Students	Percent of Total
YES	45	7.44
NO	560	92.56

Frequency Missing = 1



## 2002-2003 Sevier County Youth Risk Behavior Survey

23. During the past 12 months, did you ever feel sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

	Number of Students	Percent of Total
YES	171	28.31
NO	433	71.69

Frequency Missing = 2

24. During the past 12 months, did you ever seriously consider attempting suicide?

	Number of Students	Percent of Total
YES	85	15.32
NO	470	84.68

Frequency Missing = 51

25. During the past 12 months, did you make a plan about how you would attempt suicide?

	Number of Students	Percent of Total
YES	69	11.39
NO	537	88.61

## 2002-2003 Sevier County Youth Risk Behavior Survey

26. During the past 12 months, how many times did you actually attempt suicide?		
	Number of Students	Percent of Total
0 TIMES	468	93.79
1 TIME	18	3.61
2-3 TIMES	4	0.80
4-5 TIMES	5	1.00
6+ TIMES	4	0.80

Frequency Missing = 107

27. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?		
	Number of Students	Percent of Total
N/A	465	91.90
YES	13	2.57
NO	28	5.53

Frequency Missing = 100

## 2002-2003 Sevier County Youth Risk Behavior Survey

28. Have you ever tried cigarette smoking, even one or two puffs?		
	Number of Students	Percent of Total
YES	403	68.89
NO	182	31.11

Frequency Missing = 21

29. How old were you when you smoked a whole cigarette for the first time?		
AGESMOK	Number of Students	Percent of Total
NEVER TRIED	257	44.39
8 OR YOUNGER	33	5.70
AGE 9-10	37	6.39
AGE 11-12	88	15.20
AGE 13-14	100	17.27
AGE 15-16	54	9.33
17 OR OLDER	10	1.73

Frequency Missing = 27

## 2002-2003 Sevier County Youth Risk Behavior Survey

30. During the past 30 days, on how many days did you smoke cigarettes?		
	Number of Students	Percent of Total
0 DAYS	423	73.31
1-2 DAYS	30	5.20
3-5 DAYS	26	4.51
6-9 DAYS	15	2.60
10-19 DAYS	17	2.95
20-29 DAYS	16	2.77
ALL 30 DAYS	50	8.67

Frequency Missing = 29

31. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?		
	Number of Students	Percent of Total
NONE IPM	430	73.38
LT 1 PER DAY	32	5.46
1/DAY	23	3.92
2-5/DAY	68	11.60
6-10/DAY	20	3.41
11-20/DAY	13	2.22

Frequency Missing = 20

## 2002-2003 Sevier County Youth Risk Behavior Survey

32. During the past 30 days, how did you usually get your own cigarettes?

	Number of Students	Percent of Total
NONE IN THE PAST MONTH	430	73.38
STORE BOUGHT	36	6.14
MACHINE BOUGHT	1	0.17
SOMEONE ELSE BOUGHT	47	8.02
BORROWED THEM	46	7.85
PERSON 18 OR OLDER GAVE THEM	9	1.54
TOOK FROM A STORE OR FAMILY MEMBER	7	1.19
SOME OTHER WAY	10	1.71

Frequency Missing = 20

33. During the past 30 days, on how many days did you smoke cigarettes on school property?

	Number of Students	Percent of Total
0 DAYS	579	96.50
1-2 DAYS	9	1.50
3-5 DAYS	6	1.00
6-9 DAYS	4	0.67
10-19 DAYS	1	0.17
ALL 30 DAYS	1	0.17

Frequency Missing = 6

## 2002-2003 Sevier County Youth Risk Behavior Survey

34. Have you ever smoked cigarettes regularly, that is, at least one cigarette every day for 30 days?

	Number of Students	Percent of Total
YES	113	19.06
NO	480	80.94

Frequency Missing = 13

35. Have you ever tried to quit smoking cigarettes?

	Number of Students	Percent of Total
N/A	396	68.28
YES	117	20.17
NO	67	11.55

Frequency Missing = 26

## 2002-2003 Sevier County Youth Risk Behavior Survey

36. During the past 30 days, on how many days did you use chewing tobacco or snuff, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?		
	Number of Students	Percent of Total
0 DAYS	506	85.62
1-2 DAYS	37	6.26
3-5 DAYS	7	1.18
6-9 DAYS	6	1.02
10-19 DAYS	7	1.18
20-29 DAYS	5	0.85
ALL 30 DAYS	23	3.89

Frequency Missing = 15

37. During the past 30 days, on how many days did you use chewing tobacco or snuff on school property?		
	Number of Students	Percent of Total
0 DAYS	551	91.68
1-2 DAYS	23	3.83
3-5 DAYS	3	0.50
6-9 DAYS	4	0.67
10-19 DAYS	2	0.33
20-29 DAYS	3	0.50
ALL 30 DAYS	15	2.50

Frequency Missing = 5

## 2002-2003 Sevier County Youth Risk Behavior Survey

38. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?		
	Number of Students	Percent of Total
0 DAYS	548	90.88
1-2 DAYS	30	4.98
3-5 DAYS	13	2.16
6-9 DAYS	3	0.50
10-19 DAYS	6	1.00
20-29 DAYS	1	0.17
ALL 30 DAYS	2	0.33

Frequency Missing = 3

39. During your life, on how many days have you had at least one drink of alcohol?		
	Number of Students	Percent of Total
0 DAYS	112	21.41
1-2 DAYS	70	13.38
3-9 DAYS	88	16.83
10-19 DAYS	61	11.66
20-39 DAYS	68	13.00
40-99 DAYS	51	9.75
100+ DAYS	73	13.96

Frequency Missing = 83



## 2002-2003 Sevier County Youth Risk Behavior Survey

40. How old were you when you had your first drink of alcohol other than a few sips?		
	Number of Students	Percent of Total
NEVER TRIED	111	21.18
8 OR YOUNGER	56	10.69
AGE 9-10	43	8.21
AGE 11-12	76	14.50
AGE 13-14	144	27.48
AGE 15-16	74	14.12
17 OR OLDER	20	3.82

Frequency Missing = 82

41. During the past 30 days, on how many days did you have at least one drink of alcohol?		
	Number of Students	Percent of Total
0 DAYS	333	58.01
1-2 DAYS	107	18.64
3-5 DAYS	64	11.15
6-9 DAYS	29	5.05
10-19 DAYS	28	4.88
20-29 DAYS	9	1.57
ALL 30 DAYS	4	0.70

Frequency Missing = 32

## 2002-2003 Sevier County Youth Risk Behavior Survey

42. During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?

	Number of Students	Percent of Total
0 DAYS	408	69.04
1 DAY	62	10.49
2 DAYS	51	8.63
3-5 DAYS	26	4.40
6-9 DAYS	23	3.89
10-19 DAYS	15	2.54
20+ DAYS	6	1.02

Frequency Missing = 15

43. During the past 30 days, on how many days did you have at least one drink of alcohol on school property?

	Number of Students	Percent of Total
0 DAYS	583	97.65
1-2 DAYS	11	1.84
6-9 DAYS	2	0.34
10-19 DAYS	1	0.17

Frequency Missing = 9

## 2002-2003 Sevier County Youth Risk Behavior Survey

44. During your life, how many times have you used marijuana?		
	Number of Students	Percent of Total
0 TIMES	406	68.24
1-2 TIMES	51	8.57
3-9 TIMES	38	6.39
10-19 TIMES	33	5.55
20-39 TIMES	18	3.03
40-99 TIMES	13	2.18
100+ TIMES	36	6.05

Frequency Missing = 11

45. How old were you when you tried marijuana for the first time?		
	Number of Students	Percent of Total
NEVER TRIED	403	68.07
8 OR YOUNGER	9	1.52
AGE 9-10	13	2.20
AGE 11-12	25	4.22
AGE 13-14	68	11.49
AGE 15-16	62	10.47
17 OR OLDER	12	2.03

Frequency Missing = 14

## 2002-2003 Sevier County Youth Risk Behavior Survey

46. During the past 30 days, how many times did you use marijuana?		
	Number of Students	Percent of Total
0 TIMES	509	85.12
1-2 TIMES	36	6.02
3-9 TIMES	24	4.01
10-19 TIMES	6	1.00
20-39 TIMES	15	2.51
40+ TIMES	8	1.34

Frequency Missing = 8

47. During the past 30 days, how many times did you use marijuana on school property?		
	Number of Students	Percent of Total
0 TIMES	592	98.34
1-2 TIMES	6	1.00
3-9 TIMES	3	0.50
40+ TIMES	1	0.17

Frequency Missing = 4

## 2002-2003 Sevier County Youth Risk Behavior Survey

48. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?

	Number of Students	Percent of Total
0 TIMES	564	94.31
1-2 TIMES	14	2.34
3-9 TIMES	9	1.51
10-19 TIMES	3	0.50
20-39 TIMES	3	0.50
40+ TIMES	5	0.84

Frequency Missing = 8

49. During the past 30 days, how many times did you use any form of cocaine, including powder, crack, or freebase?

	Number of Students	Percent of Total
0 TIMES	592	98.01
1-2 TIMES	6	0.99
3-9 TIMES	4	0.66
10-19 TIMES	1	0.17
40+ TIMES	1	0.17

Frequency Missing = 2

## 2002-2003 Sevier County Youth Risk Behavior Survey

50. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

	Number of Students	Percent of Total
0 TIMES	528	88.00
1-2 TIMES	40	6.67
3-9 TIMES	14	2.33
10-19 TIMES	9	1.50
20-39 TIMES	4	0.67
40+ TIMES	5	0.83

Frequency Missing = 6

51. During the past 30 days, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

	Number of Students	Percent of Total
0 TIMES	580	97.15
1-2 TIMES	6	1.01
3-9 TIMES	8	1.34
20-39 TIMES	1	0.17
40+ TIMES	2	0.34

Frequency Missing = 9

## 2002-2003 Sevier County Youth Risk Behavior Survey

52. During your life, how many times have you used heroin (also called smack, junk or china white)?		
	Number of Students	Percent of Total
0 TIMES	592	98.01
1-2 TIMES	6	0.99
3-9 TIMES	1	0.17
10-19 TIMES	2	0.33
20-39 TIMES	2	0.33
40+ TIMES	1	0.17

Frequency Missing = 2

53. During your life, how many times have you used methamphetamines (also called speed, crystal, crank or ice)?		
	Number of Students	Percent of Total
0 TIMES	559	93.01
1-2 TIMES	19	3.16
3-9 TIMES	9	1.50
10-19 TIMES	4	0.67
20-39 TIMES	3	0.50
40+ TIMES	7	1.16

Frequency Missing = 5

## 2002-2003 Sevier County Youth Risk Behavior Survey

54. During your life, how many times have you used ecstasy?		
	Number of Students	Percent of Total
0 TIMES	574	95.35
1-2 TIMES	15	2.49
3-9 TIMES	6	1.00
10-19 TIMES	4	0.66
40+ TIMES	3	0.50

Frequency Missing = 4

55. During your life, how many times have you taken steroid pills or shots without a doctor's prescription?		
	Number of Students	Percent of Total
0 TIMES	588	97.19
1-2 TIMES	6	0.99
3-9 TIMES	4	0.66
10-19 TIMES	1	0.17
20-39 TIMES	4	0.66
40+ TIMES	2	0.33

Frequency Missing = 1



## 2002-2003 Sevier County Youth Risk Behavior Survey

56. During your life, how many times have you used a needle to inject any illegal drug into your body?

	Number of Students	Percent of Total
0 TIMES	596	98.84
1 TIME	4	0.66
2+ TIMES	3	0.50

Frequency Missing = 3

57. During the past 12 months, has anyone offered, sold or given you an illegal drug on school property?

	Number of Students	Percent of Total
YES	118	19.70
NO	481	80.30

Frequency Missing = 7

58. Have you ever had sexual intercourse?

	Number of Students	Percent of Total
YES	276	49.82
NO	278	50.18

Frequency Missing = 52

## 2002-2003 Sevier County Youth Risk Behavior Survey

59. How old were you when you had sexual intercourse for the first time?		
	Number of Students	Percent of Total
NEVER	278	50.18
AGE 11 OR YOUNGER	18	3.25
AGE 12	18	3.25
AGE 13	33	5.96
AGE 14	56	10.11
AGE 15	67	12.09
AGE 16	63	11.37
AGE 17+	21	3.79

Frequency Missing = 52

60. During your life, with how many people have you had sexual intercourse?		
	Number of Students	Percent of Total
NONE	278	50.27
1 PERSON	106	19.17
2 PEOPLE	54	9.76
3 PEOPLE	28	5.06
4 PEOPLE	24	4.34
5 PEOPLE	20	3.62
6 OR MORE PEOPLE	43	7.78

Frequency Missing = 53

## 2002-2003 Sevier County Youth Risk Behavior Survey

61. During the past 3 months, with how many people did you have sexual intercourse?		
	Number of Students	Percent of Total
NONE AT ALL	278	50.27
NONE IN PAST 3 MONTHS	87	15.73
1 PERSON	148	26.76
2 PEOPLE	19	3.44
3 PEOPLE	7	1.27
4 PEOPLE	5	0.90
5 PEOPLE	5	0.90
6 OR MORE PEOPLE	4	0.72

Frequency Missing = 53

62. Did you drink alcohol or use drugs before you had sexual intercourse the last time?		
	Number of Students	Percent of Total
N/A	278	50.18
YES	52	9.39
NO	224	40.43

Frequency Missing = 52

## 2002-2003 Sevier County Youth Risk Behavior Survey

63. The last time you had sexual intercourse, did you or your partner use condom?		
	Number of Students	Percent of Total
N/A	278	50.73
YES	160	29.20
NO	110	20.07

Frequency Missing = 58

64. The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy?		
	Number of Students	Percent of Total
NEVER HAD SEX	278	50.55
NO BIRTH CONTROL USED	36	6.55
BIRTH CONTROL PILLS	53	9.64
CONDOMS	130	23.64
DEPO-PROVERA	7	1.27
WITHDRAWAL	26	4.73
OTHER	11	2.00
NOT SURE	9	1.64

Frequency Missing = 56

## 2002-2003 Sevier County Youth Risk Behavior Survey

65. How many times have you been pregnant or gotten someone pregnant?		
	Number of Students	Percent of Total
0 TIMES	561	94.76
1 TIME	26	4.39
2+ TIMES	1	0.17
NOT SURE	4	0.68

Frequency Missing = 14

66. How do you describe your weight?		
	Number of Students	Percent of Total
VERY UNDERWEIGHT	12	2.00
SLIGHTLY UNDERWEIGHT	53	8.83
ABOUT THE RIGHT WEIGHT	353	58.83
SLIGHTLY OVERWEIGHT	153	25.50
VERY OVERWEIGHT	29	4.83

Frequency Missing = 6

## 2002-2003 Sevier County Youth Risk Behavior Survey

67. Which of the following are you trying to do about your weight?		
	Number of Students	Percent of Total
LOSE WEIGHT	277	46.09
GAIN WEIGHT	75	12.48
STAY THE SAME WEIGHT	127	21.13
NOT TRYING TO DO ANYTHING	122	20.30

Frequency Missing = 5

68. During the past 30 days, did you exercise to lose weight or to keep from gaining weight?		
	Number of Students	Percent of Total
YES	387	64.82
NO	210	35.18

Frequency Missing = 9

69. During the past 30 days, did you eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight?		
	Number of Students	Percent of Total
YES	246	41.28
NO	350	58.72

Frequency Missing = 10

## 2002-2003 Sevier County Youth Risk Behavior Survey

70. During the past 30 days, did you go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight?

	Number of Students	Percent of Total
YES	81	13.50
NO	519	86.50

Frequency Missing = 6

71. During the past 30 days, did you take any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight?

	Number of Students	Percent of Total
YES	75	12.52
NO	524	87.48

Frequency Missing = 7

## 2002-2003 Sevier County Youth Risk Behavior Survey

72. During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?

	Number of Students	Percent of Total
YES	41	6.90
NO	553	93.10

Frequency Missing = 12

73. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice?

	Number of Students	Percent of Total
NONE	172	28.81
1-3 TIMES	231	38.69
4-6 TIMES	70	11.73
ONCE PER DAY	39	6.53
TWICE PER DAY	40	6.70
3 TIMES PER DAY	18	3.02
4+ TIMES PER DAY	27	4.52

Frequency Missing = 9



## 2002-2003 Sevier County Youth Risk Behavior Survey

74. During the past 7 days, how many times did you eat fruit?		
	Number of Students	Percent of Total
NONE	130	21.70
1-3 TIMES	266	44.41
4-6 TIMES	105	17.53
ONCE PER DAY	39	6.51
TWICE PER DAY	33	5.51
3 TIMES PER DAY	15	2.50
4+ TIMES PER DAY	11	1.84

Frequency Missing = 7

75. During the past 7 days, how many times did you eat green salad?		
	Number of Students	Percent of Total
NONE	234	39.46
1-3 TIMES	251	42.33
4-6 TIMES	61	10.29
ONCE PER DAY	29	4.89
TWICE PER DAY	10	1.69
3 TIMES PER DAY	4	0.67
4+ TIMES PER DAY	4	0.67

Frequency Missing = 13

## 2002-2003 Sevier County Youth Risk Behavior Survey

76. During the past 7 days, how many times did you eat potatoes?		
	Number of Students	Percent of Total
NONE	160	26.67
1-3 TIMES	322	53.67
4-6 TIMES	74	12.33
ONCE PER DAY	29	4.83
TWICE PER DAY	6	1.00
3 TIMES PER DAY	4	0.67
4+ TIMES PER DAY	5	0.83

Frequency Missing = 6

77. During the past 7 days, how many times did you eat carrots?		
	Number of Students	Percent of Total
NONE	367	61.27
1-3 TIMES	180	30.05
4-6 TIMES	26	4.34
ONCE PER DAY	15	2.50
TWICE PER DAY	6	1.00
3 TIMES PER DAY	1	0.17
4+ TIMES PER DAY	4	0.67

Frequency Missing = 7

## 2002-2003 Sevier County Youth Risk Behavior Survey

78. During the past 7 days, how many times did you eat other vegetables?		
	Number of Students	Percent of Total
NONE	131	21.94
1-3 TIMES	252	42.21
4-6 TIMES	125	20.94
ONCE PER DAY	52	8.71
TWICE PER DAY	25	4.19
3 TIMES PER DAY	5	0.84
4+ TIMES PER DAY	7	1.17

Frequency Missing = 9

79. During the past 7 days, how many glasses of milk did you drink?		
	Number of Students	Percent of Total
NONE	110	18.39
1-3 TIMES	142	23.75
4-6 TIMES	143	23.91
ONCE PER DAY	59	9.87
TWICE PER DAY	71	11.87
3 TIMES PER DAY	34	5.69
4+ TIMES PER DAY	39	6.52

Frequency Missing = 8

## 2002-2003 Sevier County Youth Risk Behavior Survey

80. On how many of the past 7 days did you exercise or participate in physical activity for at least 20 minutes that made you sweat and breathe hard, such as basketball, soccer running, swimming laps, fast bicycling, fast dancing, or similar aerobic activities?

	Number of Students	Percent of Total
0 DAYS	100	16.98
1 DAY	66	11.21
2 DAYS	58	9.85
3 DAYS	67	11.38
4 DAYS	42	7.13
5 DAYS	83	14.09
6 DAYS	26	4.41
7 DAYS	147	24.96

Frequency Missing = 17

## 2002-2003 Sevier County Youth Risk Behavior Survey

81. On how many of the past 7 days did you participate in physical activity for at least 30 minutes that did not make you sweat or breathe hard, such as fast walking, slow bicycling, skating, pushing a lawn mower/mopping floors?

	Number of Students	Percent of Total
0 DAYS	212	35.63
1 DAY	74	12.44
2 DAYS	80	13.45
3 DAYS	69	11.60
4 DAYS	36	6.05
5 DAYS	33	5.55
6 DAYS	19	3.19
7 DAYS	72	12.10

Frequency Missing = 11

## 2002-2003 Sevier County Youth Risk Behavior Survey

82. On how many of the past 7 days did you do exercise to strengthen or tone your muscles, such as push-ups, sit-ups, or weight lifting?		
	Number of Students	Percent of Total
0 DAYS	170	28.38
1 DAY	63	10.52
2 DAYS	74	12.35
3 DAYS	66	11.02
4 DAYS	61	10.18
5 DAYS	61	10.18
6 DAYS	18	3.01
7 DAYS	86	14.36

Frequency Missing = 7

## 2002-2003 Sevier County Youth Risk Behavior Survey

83. On an average school day, how many hours do you watch TV?		
	Number of Students	Percent of Total
NO TV	44	7.38
LT ONE HOUR	95	15.94
1 HOUR	87	14.60
2 HOURS	139	23.32
3 HOURS	130	21.81
4 HOURS	52	8.72
5+ HOURS	49	8.22

Frequency Missing = 10

84. In an average week when you are in school, on how many days do you go to physical education classes?		
	Number of Students	Percent of Total
0 DAYS	297	53.04
1 DAY	9	1.61
2 DAYS	5	0.89
3 DAYS	10	1.79
4 DAYS	6	1.07
5 DAYS	233	41.61

Frequency Missing = 46

## 2002-2003 Sevier County Youth Risk Behavior Survey

85. In an average week when you are in school, on how many minutes do you spend actually exercising or playing sports?

	Number of Students	Percent of Total
NO PE CLASS	299	52.83
LT 10 MINUTES	17	3.00
10-20 MINUTES	17	3.00
21-30 MINUTES	23	4.06
31-40 MINUTES	29	5.12
41-50 MINUTES	54	9.54
51-60 MINUTES	44	7.77
OVER 60 MINUTES	83	14.66

Frequency Missing = 40

86. During the past 12 months, on how many sports teams did you play?

	Number of Students	Percent of Total
0 TEAMS	244	41.36
1 TEAM	172	29.15
2 TEAMS	99	16.78
3+ TEAMS	75	12.71

Frequency Missing = 16



## 2002-2003 Sevier County Youth Risk Behavior Survey

87. Have you ever been taught about AIDS or HIV infection in school?		
	Number of Students	Percent of Total
YES	416	75.50
NO	76	13.79
NOT SURE	59	10.71

Frequency Missing = 55

### Internet Resources for Educators, Parents, and Teens

For more information about the Youth Risk Behavior Survey (YRBS) and the risk behaviors it covers, please see the following Internet resources.

#### *The Youth Risk Behavior Study*

*This page is the United States Centers for Disease Control and Prevention's (CDC's) overview of the methods, results, and uses of YRBS data.*

<http://www.cdc.gov/nccdphp/dash/yrbs/ov.htm>

#### *Violence*

**These sites include information about warning signs and prevention of violence among adolescents.**

The American Psychological Association's site about youth violence warning signs, and information about how to get help for violent youth.

<http://helping.apa.org/warningsigns/index.html>

This information about understanding violent behavior among youth is provided by the American Academy of Adolescent and Child Psychiatry.

<http://www.aacap.org/publications/factsfam/behavior.htm>

#### *Tobacco, Alcohol, and Other Drug Use*

**These pages provide information about tobacco, alcohol, and other drug use prevention, and treatment for youth and their families.**

The Campaign for Tobacco-Free Kids is the country's largest non-government initiative ever launched to protect children from tobacco addiction and exposure to second-hand smoke.

<http://www.tobaccofreekids.org>

Arkansans for Drug Free Youth is an organization dedicated to educating and motivating Arkansas youth, families, and communities in the development of healthy, drug free youth.

<http://www.adfy.com>

PREVline (Prevention Online) offers hundreds of files about alcohol, tobacco, and other drugs from the National Clearinghouse for Alcohol and Drug Information.

<http://www.health.org>

## 2002-2003 Sevier County Youth Risk Behavior Survey

### *Teen Pregnancy and Sexual Behavior*

**These sites provide information about teen sexuality, pregnancy, and STD's.**

The Alan Guttmacher Institute provides reliable, balanced, nonpartisan information on sexual activity, contraception, abortion, and childbearing.

<http://www.agi-usa.org/home.html>

The mission of the National Campaign to Prevent Teen Pregnancy is to prevent teen pregnancy by supporting values and stimulating actions that are consistent with a pregnancy-free adolescence. Their site contains tips for teens, parents, and faith communities on ways they can help prevent teen pregnancy and the spread of sexually transmitted diseases.

<http://www.teenpregnancy.org/>

### *Nutrition and Physical Activity*

**The following sites are dedicated to providing information about healthy eating and exercise.**

The American Dietetic Association promotes optimal nutrition and well being for all people.

<http://www.eatright.org>

The American Council on Exercise (ACE) is committed to promoting active, healthy lifestyles and their positive effects on the mind, body and spirit.

<http://www.acefitness.org/>

### *Mental Health Issues*

**This site provides information regarding mental health issues including depression, suicide, mental illnesses, and how to get help.**

The National Mental Health Association is dedicated to promoting mental health, preventing mental disorders and achieving victory over mental illnesses through advocacy, education, research and service.

<http://www.nmha.org>

## 2002-2003 Sevier County Youth Risk Behavior Survey

### *Parenting Teens*

**These links connect to sites for parents of teenagers. Issues covered include tips for communicating with teens, health, education, substance abuse, eating disorders, and other topics of interest to parents of teenagers.**

From About.com, a site with original articles about parenting and links to other sites of interest to parents of teens.

<http://parentingteens.about.com/home/parenting/parentingteens/>

From Parent's Soup, a site with articles and information from educators, experts, and parents.

<http://www.parentsoup.com/community/teens.html>

### *Links for Teens*

**The following sites are designed for teenagers with content by teens covering a variety of topics including health and education, creative expression, and practical advice.**

About.com's site for teenagers, including message boards and creative writing from real teens.

<http://teenexchange.about.com/kidsteens/ktteens/teenexchange/>

Teen Voice is a youth magazine covering issues facing teenage girls and young women today including topics such as health, education, substance abuse, and body image.

<http://www.teenvoices.com>

### *Miscellaneous*

The Annie E. Casey Foundation is a private charitable organization dedicated to helping build better futures for disadvantaged children in the U.S.

<http://www.aecf.org>

The U.S. Department of Health & Human Services

<http://www.dhhs.gov>